

1 Behold: Fire and Spirit in the womb that bore you: ☩

Behold: Fire and Spirit in the river where you were baptized.

2 Fire and Spirit in our baptism: ☩

In the Bread and the Cup, Fire and Holy Spirit.

3 In your Bread is hidden a Spirit not to be eaten, ☩

In your Wine dwells a Fire not to be drunk.

4 Spirit in your Bread, Fire in your Wine, ☩

A wonder set apart, yet received by our lips.

5 How wonderful your footsteps, walking on the waters! ☩

You subdued the great sea beneath your feet.

6 Yet to a little stream you subjected your head, ☩

Bending down to be baptized in it.

7 The stream was like John who performed the baptism in it, ☩

In their smallness each an image of the other.

8 To the stream so little, to the servant so weak, ☩

The Lord of them both subjected himself.

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