

## ¶ Evening Prayer

### Passiontide

Friday, 29 March 2024

### Good Friday

## The Word of God

### Psalmody

The appointed psalmody is said.

### Psalm 130

Refrain: My soul waits for the Lord.

1 Out of the depths have I cried to you, O Lord;

Lord, hear my voice; ☩

let your ears consider well the voice of my supplication.

2 If you, Lord, were to mark what is done amiss, ☩

O Lord, who could stand?

3 But there is forgiveness with you, ☩

so that you shall be feared. R

4 I wait for the Lord; my soul waits for him; ☩

in his word is my hope.

5 My soul waits for the Lord,

more than the night watch for the morning, ☩

more than the night watch for the morning. R

6 O Israel, wait for the Lord, ☩

for with the Lord there is mercy;

7 With him is plenteous redemption ☩  
and he shall redeem Israel from all their sins.

Refrain: My soul waits for the Lord.

Father, we commend to your faithful love  
those who are crying from the depths;  
help them to watch and pray  
through their time of darkness,  
in sure hope of the dawn of your  
forgiveness and redemption;  
through Jesus Christ our Lord.

## Psalm 143

Refrain: Show me, O Lord, the way that I should walk in.

1 Hear my prayer, O Lord,  
and in your faithfulness give ear to my supplications; ☩  
answer me in your righteousness.

2 Enter not into judgement with your servant, ☩  
for in your sight shall no one living be justified.

3 For the enemy has pursued me,  
crushing my life to the ground, ☩  
making me sit in darkness like those long dead.

4 My spirit faints within me; ☩  
my heart within me is desolate. R

5 I remember the time past; I muse upon all your deeds; ☩  
I consider the works of your hands.

6 I stretch out my hands to you; ☩  
my soul gasps for you like a thirsty land.

7 O Lord, make haste to answer me; my spirit fails me; ☩  
hide not your face from me  
lest I be like those who go down to the Pit.

8 Let me hear of your loving-kindness in the morning,  
for in you I put my trust; □  
show me the way I should walk in,  
for I lift up my soul to you. R

9 Deliver me, O Lord, from my enemies, □  
for I flee to you for refuge.

10 Teach me to do what pleases you, for you are my God; □  
let your kindly spirit lead me on a level path.

11 Revive me, O Lord, for your name's sake; □  
for your righteousness' sake, bring me out of trouble.

12 In your faithfulness, slay my enemies,  
and destroy all the adversaries of my soul, □  
for truly I am your servant.

Refrain: Show me, O Lord, the way that I should walk in.

Jesus, our companion,  
when we are driven to despair,  
help us, through the friends and strangers  
we encounter on our path,  
to know you as our refuge,  
our way, our truth and our life.

If there are two Scripture readings, the first may be read here, or both may be read after the canticle.

## Lamentations 5.15-end

The joy of our hearts has ceased;  
our dancing has been turned to mourning.

The crown has fallen from our head;  
woe to us, for we have sinned!

Because of this our hearts are sick,  
because of these things our eyes have grown dim:  
because of Mount Zion, which lies desolate;  
jackals prowl over it.

But you, O Lord, reign for ever;  
your throne endures to all generations.

Why have you forgotten us completely?  
Why have you forsaken us these many days?

Restore us to yourself, O Lord, that we may be restored;  
renew our days as of old—

unless you have utterly rejected us,  
and are angry with us beyond measure.

## Canticle

The following, or another suitable canticle, may be said or sung

Refrain:

All  
At the name of Jesus  
every knee shall bow.

1 Christ Jesus was in the form of God, □  
but he did not cling to equality with God.

2 He emptied himself, taking the form of a servant, □  
and was born in our human likeness.

3 Being found in human form he humbled himself, □  
and became obedient unto death, even death on a cross.

4 Therefore God has highly exalted him, □  
and bestowed on him the name above every name,

5 That at the name of Jesus every knee should bow, □  
in heaven and on earth and under the earth;

6 And every tongue confess that Jesus Christ is Lord, □  
to the glory of God the Father.

Philippians 2.5-11

All  
At the name of Jesus  
every knee shall bow.

# Scripture Reading

One or more readings appointed for the day are read.

The reading(s) may be followed by a time of silence.

## John 19.38-end

After these things, Joseph of Arimathea, who was a disciple of Jesus, though a secret one because of his fear of the Jews, asked Pilate to let him take away the body of Jesus. Pilate gave him permission; so he came and removed his body. Nicodemus, who had at first come to Jesus by night, also came, bringing a mixture of myrrh and aloes, weighing about a hundred pounds. They took the body of Jesus and wrapped it with the spices in linen cloths, according to the burial custom of the Jews. Now there was a garden in the place where he was crucified, and in the garden there was a new tomb in which no one had ever been laid. And so, because it was the Jewish day of Preparation, and the tomb was nearby, they laid Jesus there.

or [Colossians 1.18-23](#)

## Gospel Canticle

The Magnificat (The Song of Mary) is normally said,

or [A Song of Praise \(page 627\)](#) may be said

Refrain:

All Christ humbled himself for us,  
and in obedience accepted death, even death on a cross.

1 My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my Saviour; ☩  
he has looked with favour on his lowly servant.

2 From this day all generations will call me blessed; ☩  
the Almighty has done great things for me  
and holy is his name.

3 He has mercy on those who fear him, ☩  
from generation to generation.

4 He has shown strength with his arm ☩  
and has scattered the proud in their conceit,

5Casting down the mighty from their thrones □  
and lifting up the lowly.

6He has filled the hungry with good things □  
and sent the rich away empty.

7He has come to the aid of his servant Israel, □  
to remember his promise of mercy,

8The promise made to our ancestors, □  
to Abraham and his children for ever.

Luke 1.46-55

Refrain:

AllChrist humbled himself for us,  
and in obedience accepted death, even death on a cross.

Prayers

The Collect of the day is said

Almighty Father,  
look with mercy on this your family  
for which our Lord Jesus Christ was content to be betrayed  
and given up into the hands of sinners  
and to suffer death upon the cross;  
who is alive and glorified with you and the Holy Spirit,  
one God, now and for ever.  
AllAmen.

The Lord’s Prayer is said

Standing at the foot of the cross,  
as our Saviour taught us, so we pray

AllOur Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Lead us not into temptation

but deliver us from evil.

For the kingdom, the power,

and the glory are yours

now and for ever.

Amen.

(or)

Standing at the foot of the cross,

let us pray with confidence as our Saviour has taught us

All Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done;

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation;

but deliver us from evil.

For thine is the kingdom,

the power and the glory,

for ever and ever.

Amen.

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