

## ☩ Morning Prayer

### Easter Season

**Wednesday, 17 April 2024**

### Preparation

O Lord, open our lips

And our mouth shall proclaim your praise.

In your resurrection, O Christ,

Let heaven and earth rejoice. Alleluia.

One or more of the following is said or sung:

this or another prayer of thanksgiving

Blessed are you, Lord God of our salvation,

to you be praise and glory for ever.

As once you ransomed your people from Egypt

and led them to freedom in the promised land,

so now you have delivered us from the dominion of darkness

and brought us into the kingdom of your risen Son.

May we, the first fruits of your new creation,

rejoice in this new day you have made,

and praise you for your mighty acts.

Blessed be God, Father, Son and Holy Spirit.

All Blessed be God for ever.

a suitable hymn, or the Easter Anthems

1 Christ our passover has been sacrificed for us: ☩

so let us celebrate the feast,

2 not with the old leaven of corruption and wickedness: ☩

but with the unleavened bread of sincerity and truth.

1 Corinthians 5.7b, 8

3Christ once raised from the dead dies no more: ☐  
death has no more dominion over him.

4In dying he died to sin once for all: ☐  
in living he lives to God.

5See yourselves therefore as dead to sin: ☐  
and alive to God in Jesus Christ our Lord.

Romans 6.9-11

6Christ has been raised from the dead: ☐  
the first fruits of those who sleep.

7For as by man came death: ☐  
by man has come also the resurrection of the dead;

8for as in Adam all die: ☐  
even so in Christ shall all be made alive.

1 Corinthians 15.20-22

AllGlory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.

This opening prayer may be said

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever.

AllAmen.

# The Word of God

## Psalmody

The appointed psalmody is said.

## Psalm 105

Refrain: Remember the marvels the Lord has done.

1 O give thanks to the Lord and call upon his name; □  
make known his deeds among the peoples.

2 Sing to him, sing praises, □  
and tell of all his marvellous works.

3 Rejoice in the praise of his holy name; □  
let the hearts of them rejoice who seek the Lord.

4 Seek the Lord and his strength; □  
seek his face continually.

5 Remember the marvels he has done, □  
his wonders and the judgements of his mouth,

6 O seed of Abraham his servant, □  
O children of Jacob his chosen. R

7 He is the Lord our God; □  
his judgements are in all the earth.

8 He has always been mindful of his covenant, □  
the promise that he made for a thousand generations:

9 The covenant he made with Abraham, □  
the oath that he swore to Isaac,

10 Which he established as a statute for Jacob, □  
an everlasting covenant for Israel,

11 Saying, 'To you will I give the land of Canaan □  
to be the portion of your inheritance.' R

12 When they were but few in number, □  
of little account, and sojourners in the land,

13 Wandering from nation to nation, □  
from one kingdom to another people,

14 He suffered no one to do them wrong □  
and rebuked even kings for their sake,

15 Saying, 'Touch not my anointed □  
and do my prophets no harm.' R

16 Then he called down famine over the land □  
and broke every staff of bread.

17 But he had sent a man before them, □  
Joseph, who was sold as a slave.

18 They shackled his feet with fetters; □  
his neck was ringed with iron.

19 Until all he foretold came to pass, □  
the word of the Lord tested him.

20 The king sent and released him; □  
the ruler of peoples set him free.

21 He appointed him lord of his household □  
and ruler of all he possessed,

22 To instruct his princes as he willed □  
and to teach his counsellors wisdom. R

23 Then Israel came into Egypt; □  
Jacob sojourned in the land of Ham.

24 And the Lord made his people exceedingly fruitful; □  
he made them too many for their adversaries,

25 Whose heart he turned, so that they hated his people □  
and dealt craftily with his servants. R

26 Then sent he Moses his servant □  
and Aaron whom he had chosen.

27 He showed his signs through their word □  
and his wonders in the land of Ham.

28 He sent darkness and it grew dark; □

yet they did not heed his words.

29 He turned their waters into blood □

and slew all their fish.

30 Their land swarmed with frogs, □

even in their kings' chambers.

31 He spoke the word, and there came clouds of flies, □

swarms of gnats within all their borders.

32 He gave them hailstones for rain □

and flames of lightning in their land.

33 He blasted their vines and their fig trees □

and shattered trees across their country.

34 He spoke the word, and the grasshoppers came □

and young locusts without number;

35 They ate every plant in their land □

and devoured the fruit of their soil.

36 He smote all the firstborn in their land, □

the first fruits of all their strength. R

37 Then he brought them out with silver and gold; □

there was not one among their tribes that stumbled.

38 Egypt was glad at their departing, □

for a dread of them had fallen upon them.

39 He spread out a cloud for a covering □

and a fire to light up the night.

40 They asked and he brought them quails; □

he satisfied them with the bread of heaven. R

41 He opened the rock, and the waters gushed out □

and ran in the dry places like a river.

42 For he remembered his holy word □

and Abraham, his servant.

43 So he brought forth his people with joy, □

his chosen ones with singing.

44 He gave them the lands of the nations □

and they took possession of the fruit of their toil,

45 That they might keep his statutes □

and faithfully observe his laws.

Alleluia.

Refrain: Remember the marvels the Lord has done.

God of our earthly pilgrimage,

feed your Easter people with the bread of heaven,

that we may hunger and thirst for righteousness

until we reach our promised land;

through Jesus Christ our Lord.

Each psalm or group of psalms may end with

All Glory to the Father and to the Son

and to the Holy Spirit;

as it was in the beginning is now

and shall be for ever. Amen.

If there are two Scripture readings, the first may be read here, or both may be read after the canticle.

## Exodus 24

Then God said to Moses, ‘Come up to the Lord, you and Aaron, Nadab, and Abihu, and seventy of the elders of Israel, and worship at a distance. Moses alone shall come near the Lord; but the others shall not come near, and the people shall not come up with him.’

Moses came and told the people all the words of the Lord and all the ordinances; and all the people answered with one voice, and said, ‘All the words that the Lord has spoken we will do.’ And Moses wrote down all the words of the Lord. He rose early in the morning, and built an altar at the foot of the mountain, and set up twelve pillars, corresponding to the twelve tribes of Israel. He sent young men of the people of Israel, who offered burnt-offerings and sacrificed oxen as offerings of well-being to the Lord. Moses took half of the blood and put it in basins, and half of the blood he dashed against the altar. Then he took the book of the covenant, and read it in the hearing of the people; and they said, ‘All that the Lord has spoken we will do, and we will be obedient.’ Moses took the blood and dashed it on the people, and said, ‘See the blood of the covenant that the Lord has made with you in accordance with all these words.’

Then Moses and Aaron, Nadab, and Abihu, and seventy of the elders of Israel went up, and they saw the God of Israel. Under his feet there was something like a pavement of sapphire stone, like the very heaven for clearness. God did not lay his hand on the chief men of the people of Israel; also they beheld God, and they ate and drank.

The Lord said to Moses, ‘Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction.’ So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. To the elders he had said, ‘Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them.’

Then Moses went up on the mountain, and the cloud covered the mountain. The glory of the Lord settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. Now the appearance of the glory of the Lord was like a devouring fire on the top of the mountain in the sight of the people of Israel. Moses entered the cloud, and went up on the mountain. Moses was on the mountain for forty days and forty nights.

## Canticle

The Song of Moses and Miriam, or another suitable canticle, for example, [number 23 \(page 574\)](#) or [number 32 \(page 583\)](#), may be said

Refrain:

All  
In your unfailing love, O Lord,  
you lead the people whom you have redeemed. Alleluia.

1  
I will sing to the Lord, who has triumphed gloriously,   
the horse and his rider he has thrown into the sea.

2  
The Lord is my strength and my song   
and has become my salvation.

3  
This is my God whom I will praise,   
the God of my forebears whom I will exalt.

4  
The Lord is a warrior,   
the Lord is his name.

5  
Your right hand, O Lord, is glorious in power:   
your right hand, O Lord, shatters the enemy.

6  
At the blast of your nostrils, the sea covered them;   
they sank as lead in the mighty waters.

7  
In your unfailing love, O Lord,   
you lead the people whom you have redeemed.

8  
And by your invincible strength   
you will guide them to your holy dwelling.

9You will bring them in and plant them, O Lord, □  
in the sanctuary which your hands have established.

Exodus 15.1b-3, 6, 10, 13, 17

AllGlory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.

AllIn your unfailing love, O Lord,  
you lead the people whom you have redeemed. Alleluia.

## Scripture Reading

One or more readings appointed for the day are read.

The reading(s) may be followed by a time of silence.

## Luke 1.39-56

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leapt in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, 'Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leapt for joy. And blessed is she who believed that there would be a fulfilment of what was spoken to her by the Lord.'

And Mary said,  
'My soul magnifies the Lord,  
and my spirit rejoices in God my Saviour,  
for he has looked with favour on the lowliness of his servant.  
Surely, from now on all generations will call me blessed;  
for the Mighty One has done great things for me,  
and holy is his name.

His mercy is for those who fear him  
from generation to generation.  
He has shown strength with his arm;  
he has scattered the proud in the thoughts of their hearts.

He has brought down the powerful from their thrones,  
and lifted up the lowly;



he has filled the hungry with good things,  
and sent the rich away empty.  
He has helped his servant Israel,  
in remembrance of his mercy,  
according to the promise he made to our ancestors,  
to Abraham and to his descendants for ever.'

And Mary remained with her for about three months and then returned to her home.

A suitable song or chant, or a responsory in this or another form, may follow

Death is swallowed up in victory.  
AllWhere, O death, is your sting?  
Christ is risen from the dead,  
the first fruits of those who have fallen asleep.  
AllDeath is swallowed up in victory.  
The trumpet will sound  
and the dead shall be raised.  
AllWhere, O death, is your sting?  
We shall not all sleep,  
but we shall be changed.  
AllDeath is swallowed up in victory.  
Where, O death, is your sting?

from 1 Corinthians 15

Gospel Canticle

The Benedictus (The Song of Zechariah) is normally said,  
or [The Song of Christ's Glory \(page 619\)](#) may be said

Refrain:

AllThe Lord is risen from the tomb  
who for our sakes hung upon the tree. Alleluia.

1Blessed be the Lord the God of Israel, □  
who has come to his people and set them free.

2He has raised up for us a mighty Saviour, □  
born of the house of his servant David.

3Through his holy prophets God promised of old  
to save us from our enemies,  
from the hands of all that hate us,

4To show mercy to our ancestors,  
and to remember his holy covenant.

5This was the oath God swore to our father Abraham:  
to set us free from the hands of our enemies,

6Free to worship him without fear,  
holy and righteous in his sight  
all the days of our life.

7And you, child, shall be called the prophet of the Most High,  
for you will go before the Lord to prepare his way,

8To give his people knowledge of salvation  
by the forgiveness of all their sins.

9In the tender compassion of our God  
the dawn from on high shall break upon us,

10To shine on those who dwell in darkness and the shadow of death,  
and to guide our feet into the way of peace.

Luke 1.68-79

AllGlory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.

Refrain:

AllThe Lord is risen from the tomb  
who for our sakes hung upon the tree. Alleluia.

# Prayers

Intercessions are offered

¶ for the day and its tasks

¶ for the world and its needs

¶ for the Church and her life

Prayers may include the following concerns from the [cycle on pages 364–365](#)

¶ The people of God, that they may proclaim the risen Lord

¶ God’s creation, that the peoples of the earth may meet their responsibility to care

¶ Those in despair and darkness, that they may find the hope and light of Christ

¶ Those in fear of death, that they may find faith through the resurrection

¶ Prisoners and captives

A form of prayer found [on page 382](#) may be used.

These responses may be used

Lord, in your mercy

hear our prayer

(or)

Lord, hear us.

Lord, graciously hear us.

Silence may be kept.

The Collect of the day is said

Almighty Father,

who in your great mercy gladdened the disciples

with the sight of the risen Lord:

give us such knowledge of his presence with us,

that we may be strengthened and sustained by his risen life

and serve you continually in righteousness and truth;

through Jesus Christ your Son our Lord,

who is alive and reigns with you,

in the unity of the Holy Spirit,

one God, now and for ever.

AllAmen.

The Lord’s Prayer is said

Rejoicing in God’s new creation,

as our Saviour taught us, so we pray

AllOur Father in heaven,  
  
hallowed be your name,  
  
your kingdom come,  
  
your will be done,  
  
on earth as in heaven.  
  
Give us today our daily bread.  
  
Forgive us our sins  
  
as we forgive those who sin against us.  
  
Lead us not into temptation  
  
but deliver us from evil.  
  
For the kingdom, the power,  
  
and the glory are yours  
  
now and for ever.  
  
Amen.

(or)

Rejoicing in God’s new creation,  
  
let us pray with confidence as our Saviour has taught us

AllOur Father, who art in heaven,  
  
hallowed be thy name;  
  
thy kingdom come;  
  
thy will be done;  
  
on earth as it is in heaven.  
  
Give us this day our daily bread.  
  
And forgive us our trespasses,  
  
as we forgive those who trespass against us.  
  
And lead us not into temptation;  
  
but deliver us from evil.  
  
For thine is the kingdom,  
  
the power and the glory,  
  
for ever and ever.  
  
Amen.

# The Conclusion

May the risen Christ grant us the joys of eternal life.

AllAmen.

Let us bless the Lord. Alleluia, alleluia.

AllThanks be to God. Alleluia, alleluia.

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