

Family activity: Journey spirals

You will need: air-drying clay, candles

- Roll the clay into a long, thick sausage shape and slightly flatten out the top.
- Make a spiral with the clay.
- Take your candle and, starting at the centre of the spiral, make 12 indentations deep enough to let the candle stand up securely.
- Leave the spiral to dry.
- For the next 12 days move the candle one place along the spiral and light it, ending at the centre on Epiphany. Each time you light the candle pray the prayer of the day.