Refrain: Gracious is the Lord and righteous.

1 I love the Lord, for he has heard the voice of my supplication; because he inclined his ear to me on the day I called to him.

2 The snares of death encompassed me; the pains of hell took hold of me; by grief and sorrow was I held.

3 Then I called upon the name of the Lord: 'O Lord, I beg you, deliver my soul.'

4 Gracious is the Lord and righteous; our God is full of compassion. [R]

5 The Lord watches over the simple; I was brought very low and he saved me.

6 Turn again to your rest, O my soul, for the Lord has been gracious to you.

7 For you have delivered my soul from death, my eyes from tears and my feet from falling.

8 I will walk before the Lord in the land of the living. [R]

9 I believed that I should perish
for I was sorely troubled;

and I said in my alarm,

Everyone is a liar.

10 How shall I repay the Lord for all the benefits he has given to me?

11 I will lift up the cup of salvation and call upon the name of the Lord.

12 I will fulfil my vows to the Lord in the presence of all his people.

13 Precious in the sight of the Lord is the death of his faithful servants.

14 O Lord, I am your servant, your servant, the child of your handmaid;

you have freed me from my bonds.

15 I will offer to you a sacrifice of thanksgiving and call upon the name of the Lord.

16 I will fulfil my vows to the Lord in the presence of all his people,

in the courts of the house of the Lord, in the midst of you, O Jerusalem.

Alleluia.

Refrain: Gracious is the Lord and righteous.
As we walk through the valley of the shadow of death,

may we call upon your name,

raise the cup of salvation,

and so proclaim your death, O Lord,

until you come in glory.

Common Worship: Daily Prayer, material from which is included here, is copyright © The Archbishops' Council 2005 and published by Church House Publishing.
