

Refrain: Remember the marvels the Lord has done.

1 O give thanks to the Lord and call upon his name; □

make known his deeds among the peoples.

2 Sing to him, sing praises, □

and tell of all his marvellous works.

3 Rejoice in the praise of his holy name; □

let the hearts of them rejoice who seek the Lord.

4 Seek the Lord and his strength; □

seek his face continually.

5 Remember the marvels he has done, □

his wonders and the judgements of his mouth,

6 O seed of Abraham his servant, □

O children of Jacob his chosen. [R]

7 He is the Lord our God; □

his judgements are in all the earth.

8 He has always been mindful of his covenant, □

the promise that he made for a thousand generations:

9 The covenant he made with Abraham, □

the oath that he swore to Isaac,

10 Which he established as a statute for Jacob, □

an everlasting covenant for Israel,

11 Saying, 'To you will I give the land of Canaan □

to be the portion of your inheritance.' [R]

12 When they were but few in number, □

of little account, and sojourners in the land,

13 Wandering from nation to nation, □

from one kingdom to another people,

14 He suffered no one to do them wrong □

and rebuked even kings for their sake,

15 Saying, 'Touch not my anointed □

and do my prophets no harm.' [R]

16 Then he called down famine over the land □

and broke every staff of bread.

17 But he had sent a man before them, □

Joseph, who was sold as a slave.

18 They shackled his feet with fetters; □

his neck was ringed with iron.

19 Until all he foretold came to pass, □

the word of the Lord tested him.

20 The king sent and released him; □

the ruler of peoples set him free.

21 He appointed him lord of his household □

and ruler of all he possessed,

22 To instruct his princes as he willed □

and to teach his counsellors wisdom. [R]

23 Then Israel came into Egypt; □

Jacob sojourned in the land of Ham.

24 And the Lord made his people exceedingly fruitful; □

he made them too many for their adversaries,

25 Whose heart he turned, so that they hated his people □

and dealt craftily with his servants. [R]

26 Then sent he Moses his servant □

and Aaron whom he had chosen.

27 He showed his signs through their word □

and his wonders in the land of Ham.

28 He sent darkness and it grew dark; □

yet they did not heed his words.

29 He turned their waters into blood □

and slew all their fish.

30 Their land swarmed with frogs, □

even in their kings' chambers.

31 He spoke the word, and there came clouds of flies, □

swarms of gnats within all their borders.

32 He gave them hailstones for rain □

and flames of lightning in their land.

33 He blasted their vines and their fig trees □

and shattered trees across their country.

34 He spoke the word, and the grasshoppers came □

and young locusts without number;

35 They ate every plant in their land □

and devoured the fruit of their soil.

36 He smote all the firstborn in their land, □

the first fruits of all their strength. [R]

37 Then he brought them out with silver and gold; □

there was not one among their tribes that stumbled.

38 Egypt was glad at their departing, □

for a dread of them had fallen upon them.

39 He spread out a cloud for a covering □

and a fire to light up the night.

40 They asked and he brought them quails; □

he satisfied them with the bread of heaven. [R]

41 He opened the rock, and the waters gushed out □

and ran in the dry places like a river.

42 For he remembered his holy word □

and Abraham, his servant.

43 So he brought forth his people with joy, □

his chosen ones with singing.

44 He gave them the lands of the nations □

and they took possession of the fruit of their toil,

45 That they might keep his statutes □

and faithfully observe his laws.

Alleluia.

Refrain: Remember the marvels the Lord has done.

God of our earthly pilgrimage,

feed your Easter people with the bread of heaven,

that we may hunger and thirst for righteousness

until we reach our promised land;

through Jesus Christ our Lord.

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