

1 As the deer longs for the water brooks, □

so longs my soul for you, O God.

2 My soul is athirst for God, even for the living God; □

when shall I come before the presence of God?

3 My tears have been my bread day and night, □

while all day long they say to me, 'Where is now your God?'

4 Now when I think on these things, I pour out my soul: □

how I went with the multitude

and led the procession to the house of God,

5 With the voice of praise and thanksgiving, □

among those who kept holy day.

6 Why are you so full of heaviness, O my soul, □

and why are you so disquieted within me?

7 O put your trust in God; □

for I will yet give him thanks,

who is the help of my countenance, and my God.

Psalm 42.1-7

All Glory to the Father and to the Son

and to the Holy Spirit;

as it was in the beginning is now

and shall be for ever. Amen.

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