Refrain:

Allâ €âœ Blessed are those who believe,
for what God has promised will be fulfilled.

1 My heart exults in the Lord;
my strength is exalted in my God.

2 My mouth derides my enemies,
because I rejoice in your salvation.

3 There is no Holy One like you, O Lord,
nor any Rock like you, our God.

4 For you are a God of knowledge
and by you our actions are weighed.

5 The bows of the mighty are broken,
but the feeble gird on strength.

6 Those who were full now hire themselves out for bread,
but those who were hungry are well fed.

7 The barren woman has borne sevenfold,
but she who has many children is forlorn.

8 Both the poor and the rich are of your making,
you bring low and you also exalt.

9 You raise up the poor from the dust,
and lift the needy from the ash heap.
10 And you make them sit with the rulers and inherit a place of honour.

11 For the pillars of the earth are yours and on them you have set the world.

1 Samuel 2.1,2,3b-5,7,8

All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

All Blessed are those who believe, for what God has promised will be fulfilled.

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