

Refrain:

**All Blessed are those who believe,
for what God has promised will be fulfilled.**

1 My heart exults in the Lord; □

my strength is exalted in my God.

2 My mouth derides my enemies, □

because I rejoice in your salvation.

3 There is no Holy One like you, O Lord, □

nor any Rock like you, our God.

4 For you are a God of knowledge □

and by you our actions are weighed.

5 The bows of the mighty are broken, □

but the feeble gird on strength.

6 Those who were full now hire themselves out for bread, □

but those who were hungry are well fed.

7 The barren woman has borne sevenfold, □

but she who has many children is forlorn.

8 Both the poor and the rich are of your making; □

you bring low and you also exalt.

9 You raise up the poor from the dust, □

and lift the needy from the ash heap.

10 You make them sit with the rulers □

and inherit a place of honour.

11 For the pillars of the earth are yours □

and on them you have set the world.

1 Samuel 2.1,2,3b-5,7,8

All **Glory to the Father and to the Son**

and to the Holy Spirit;

as it was in the beginning is now

and shall be for ever. Amen.

All **Blessed are those who believe,**

for what God has promised will be fulfilled.

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