Behold: Fire and Spirit in the womb that bore you.

Behold: Fire and Spirit in the river where you were baptized.

In the Bread and the Cup, Fire and Holy Spirit.

In your Bread is hidden a Spirit not to be eaten.

In your Wine dwells a Fire not to be drunk.

Spirit in your Bread, Fire in your Wine.

A wonder set apart, yet received by our lips.

How wonderful your footsteps, walking on the waters!

You subdued the great sea beneath your feet.

Yet to a little stream you subjected your head.

Bending down to be baptized in it.

The stream was like John who performed the baptism in it.

In their smallness each an image of the other.

To the stream so little, to the servant so weak.

The Lord of them both subjected himself.
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