

Come, Holy Spirit;

send down from heaven's height

your radiant light.

Come, lamp of every heart,

come, parent of the poor;

all gifts are yours.

Comforter beyond all comforting,

sweet unexpected guest,

sweetly refresh.

Rest in hard labour,

coolness in heavy heat,

hurt souls' relief.

Refill the secret hearts

of your faithful,

O most blessed light.

Without your holy power

nothing can bear your light,

nothing is free from sin.

Wash all that is filthy,

water all that is parched,

heal what is hurt within.

Bend all that is rigid,

warm all that has frozen hard,

lead back the lost.

Give to your faithful ones,

who come in simple trust,

your sevenfold mystery.

Give virtue its reward,

give, in the end, salvation

and joy that has no end.

after the Golden Sequence

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