The Psalms of David

Day 1. Morning Prayer

Psalm 1.

Beatus vir qui non abiit, &c.

Blessed is the man that hath not walked in the counsel of the ungodly, nor stood in the way of sinners: and hath not sat in the seat of the scornful.

2 But his delight is in the law of the Lord: and in his law will he exercise himself day and night.

3 And he shall be like a tree planted by the water-side: that will bring forth his fruit in due season.

4 His leaf also shall not wither: and look, whatsoever he doeth, it shall prosper.

5 As for the ungodly, it is not so with them: but they are like the chaff, which the wind scattereth away from the face of the earth.

6 Therefore the ungodly shall not be able to stand in the judgement: neither the sinners in the congregation of the righteous.

7 But the Lord knoweth the way of the righteous: and the way of the ungodly shall perish.

Psalm 2.

Quare fremuerunt gentes?

Why do the heathen so furiously rage together: and why do the people imagine a vain thing?

2 The kings of the earth stand up, and the rulers take counsel together: against the Lord, and against his Anointed:

3 Let us break their bonds asunder: and cast away their cords from us.

4 He that dwelleth in heaven shall laugh them to scorn: the Lord shall have them in derision.

5 Then shall he speak unto them in his wrath: and vex them in his sore displeasure:

6 Yet have I set my King: upon my holy hill of Sion.

7 I willÂ preach the lawÂ: whereof the Lord hath said unto me, Thou art my Son, this day have I begotten thee.
8 Desire of me, and I shall give thee the nations for thine inheritance, : and the utmost parts of the earth for thy possession.

9 Thou shalt bruise them with a rod of iron : and break them in pieces like a potter's vessel.

10 Be wise now therefore, O ye kings : be learned, ye that are judges of the earth.

11 Serve the Lord in fear : and rejoice unto him with reverence.

12 Kiss the Son, lest he be angry, and so ye perish from the right way, if his wrath be kindled, (yea but a little) Â blessed are all they that put their trust in him.

Psalm 3.

Domine, quid multiplicati?

Lord, how are they increased that trouble me! : many are they that rise against me.

2 Many one there be that say of my soul : There is no help for him in his God.

3 But thou, O Lord, art my defender : thou art my worship, and the lifter up of my head.

4 I did call upon the Lord with my voice : and he heard me out of his holy hill.

5 I laid me down and slept, and rose up again : for the Lord sustained me.

6 I will not be afraid for ten thousands of the people : that have set themselves against me round about.

7 Up, Lord, and help me, O my God : for thou smitest all mine enemies upon the cheek-bone; thou hast broken the teeth of the ungodly.

8 Salvation belongeth unto the Lord : and thy blessing is upon thy people.

Psalm 4.

Cum invocarem.

Hear me when I call, O God of my righteousness : thou hast set me at liberty when I was in trouble; have mercy upon me, and hearken unto my prayer.

2 O ye sons of men, how long will ye blaspheme mine honour : and have such pleasure in vanity, and seek after leasing?

3 Know this also, that the Lord hath chosen to himself the man that is godly : when I call upon the Lord he will hear me.

4 Stand in awe, and sin not : commune with your own heart, and in your chamber, and be still.
Offer the sacrifice of righteousness: and put your trust in the Lord.

There be many that say: Who will show us any good?

Lord, lift thou up: the light of thy countenance upon us.

Thou hast put gladness in my heart: since the time that their corn and wine and oil increased.

I will lay me down in peace, and take my rest: for it is thou, Lord, only, that makest me dwell in safety.

Psalm 5.

Verba mea auribus.

Ponder my words, O Lord: consider my meditation.

O hearken thou unto the voice of my calling, my King and my God: for unto thee will I make my prayer.

My voice shalt thou hear betimes, O Lord: early in the morning will I direct my prayer unto thee, and will look up.

For thou art the God that hast no pleasure in wickedness: neither shall any evil dwell with thee.

Such as be foolish shall not stand in thy sight: for thou hatest all them that work vanity.

Thou shalt destroy them that speak leasing: the Lord will abhor both the blood-thirsty and deceitful man.

But as for me, I will come into thine house, even upon the multitude of thy mercy: and in thy fear will I worship toward thy holy temple.

Lead me, O Lord, in thy righteousness, because of mine enemies: make thy way plain before my face.

For there is no faithfulness in his mouth: their inward parts are very wickedness.

Their throat is an open sepulchre: they flatter with their tongue.

Destroy thou them, O God; let them perish through their own imaginations: cast them out in the multitude of their ungodliness; for they have rebelled against thee.

And let all them that put their trust in thee rejoice: they shall ever be giving of thanks, because thou defendest them; they that love thy Name shall be joyful in thee;

For thou, Lord, wilt give thy blessing unto the righteous: and with thy favourable kindness wilt thou defend him as with a shield.