

Listen or read to the Prayer for the Day and join in with thousands others saying these words each day.

Prayer for the Day

Tuesday, 3 August 2021

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Christ be with me, Christ within me,

Christ behind me, Christ before me,

Christ beside me, Christ to win me,

Christ to comfort and restore me.

Christ beneath me, Christ above me,

Christ in quiet, Christ in danger,

Christ in hearts of all that love me,

Christ in mouth of friend and stranger.

Amen.

A Prayer from St Patrick's Breastplate

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Time to Pray App

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