

**8 tonnes** of plastic is dumped in the sea every minute.

Globally, **plastics** have reached **every part of the world's oceans** with the 'Great Pacific Garbage Patch' thought to be **6 times the size of the UK**.



In 2018, the Church launched a 'Plastic-Less Lent' challenge encouraging Christians to look at ways in which they could reduce their plastic consumption, in response to the fifth mark of mission: 'to safeguard the integrity of creation and to sustain the life of the earth'. This [flyer](#) has five easy steps you can take to reduce your own plastic use and you can view the [Plastic-less Lent challenge](#) here.



# Feeling inspired?



## How you can act



[Find out how you can act on climate justice.](#)

## Why you should act

[Find out why climate justice is important to the Christian faith.](#)

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