

This Lent we are called to reflect on the injustices of the world and ask what God is calling us to do about them. Over forty days, we step into God's work in the here and now – and in doing so we move from brokenness towards wholeness.

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The six weeks of Lent are a journey. We travel together towards God's promised world, one where his justice and mercy reign.

For many people, Lent is a time of fasting, of choosing to go without.

This Lent we are called to be speakers and seekers of justice. We reflect on the injustices of the world and ask what God is calling us to do about them. Over forty days, we step into God's work in the here and now – and in doing so we move from brokenness towards wholeness.

Our journey through Lent is one in which we seek inner transformation to be people of a new world, people who reflect God's vision that all are created equal.

Our prayer is that this may be a time for you – whether by yourself, in community, or online – to see afresh the vision of God and truly join in making his promise of a world transformed a reality.

#LiveLent: Embracing Justice will offer a daily Bible reading, a short reflection and a prayer, as well as a practical challenge linked to the week's theme. An accompanying child's version will also be available to help children and their families explore how we can live well together. As in previous years, we'll be making this available via:

- a free app for Apple and Android devices
- free email reflections
- audio on [our Smart speaker skills](#) and [DailyHope](#)
- printed booklets through [Church House Publishing](#).

Sign up to our email reflections

Receive our Lent reflection emails beginning on 2 March and other digital updates throughout the year.

First name *

Last name *

Email *

Other emails

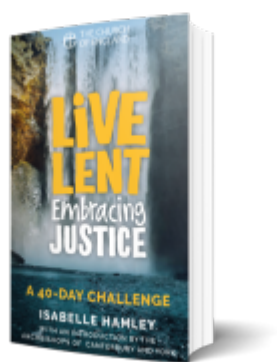
☐ Advent and Christmas reflections

☐ Digital Labs newsletter

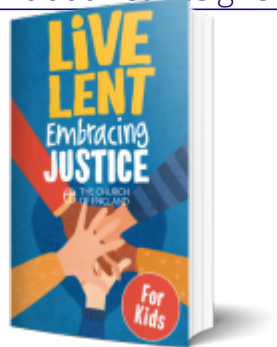
☐ Ordinary Time reflections

Sign up

Available to purchase



[Our LiveLent booklet designed for adults](#)



Listen to our daily reflections

"Ask the Church of England for today's LiveLent reflections"

[Find out more about how](#)

Looking for our Lent 2022 church resources?

[Access our resources](#)

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