

Preparation time: 15 minutes plus 10-15 minutes chilling time

Cooking time: 10-12 minutes

Makes: 20 biscuits

Ingredients:

- 75g butter
- 3 tbsp golden syrup
- 75g light soft brown sugar
- 175g plain flour
- 1/4 teaspoon bicarbonate of soda
- 2 teaspoons ground ginger
- 1 teaspoon ground cinnamon
- 1 x packet coloured boiled sweets

Optional: Thin ribbon, to tie, gift bags or boxes

Method:

- 1. Add the butter, golden syrup and light brown sugar to a pan. Stir over a low heat until sugar has dissolved and the mixture has melted.
- 2. Add flour, bicarbonate of soda, ginger and cinnamon to a mixing bowl then stir together. Make a well in the centre and pour in the sugar and butter mixture.
- 3. Stir together to form a dough (it might be easiest to use your hands), then wrap in clingfilm and let chill for 15-20 minutes to firm up slightly.

 Preheat the oven to 180°C.
- 4. Lay the dough between two sheets of baking parchment or clingfilm. Roll it out to roughly the thickness of a £1 coin. Use a 7cm round cookie cutter or a large star shaped cutter to cut out circles, the punch out the centres using a star-shaped cutter. Arrange on a baking tray lined with baking parchment.
- 5. Divide the boiled sweets into colours and then crush. You can do this in a mini food processor, but I used a sealed bag with a rolling pin.

 Separate into individual containers.
- 6. Fill the gaps you have punched out of each biscuit with the crushed boiled sweets. They don't need to fill every gap as they will melt into the space in the oven!
- 7. Bake for 10-12 minutes, or until the sweets have melted and the gingerbread looks golden brown. They won't be firm but will harden when left to cool. (Optional: use a skewer to make a small hole in the top of each cookie while they are still warm so you can thread a piece of ribbon through each biscuit once cool so that they can be hung on a Christmas tree.)
- 8. When cool, pack the biscuits into gift bags or boxes and give them away.

Talk about how it feels to give gifts to others and think about personal gifts you have. Say thank you to God for them.

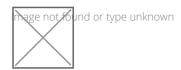
Download this activity as a PDF

#FollowTheStar this Christmas



Daily reflections over Christmas

Sign up for our daily #FollowTheStar reflections over Christmas



Download our app

Our free app gives you access to reflections, audio content and more

Check out more family craft activities

Discover more

Source URL: https://www.churchofengland.org/our-faith/faith-action/living-out-our-faith/advent-and-christmas/follow-star/family-craft-7