

From putting the load in a washing machine to entering data and answering emails – the Church of England has launched a new series of reflections and prayers highlighting the value of every day work.

everyday faith

The **Everyday Faith** campaign aims to help people live out their Christian faith wherever they may be, emphasising how much even the smallest and most routine aspects of our working lives – both paid and unpaid - matter to God and make a difference to others.

The three-week programme starting on January 12 will offer a daily Bible reading, a book of reflections and prayers on the themes of love, faith and hope from authors including the Bishop of Gloucester, Rachel Treweek.

The reflections highlight how the Christian faith has inspired and provided support to people in their working lives, telling the stories of people including a London Underground worker, a teacher, a hairdresser, plumber, a nurse and police officers as well a retired couple.

Launched on Plough Sunday, the traditional start of the agricultural year when many Christian communities ask for a blessing on human labour, the campaign will make use of an app, social media posts and animations.

The campaign is encouraging churches to take part, with suggestions such as a regular *'This Time Tomorrow'* slot at services for Sunday worshippers to hear fellow congregation members talk about faith and their working lives.

The Bishop of Gloucester, Rachel Treweek, said: "Living and sharing a Jesus shaped life, that's what everyday faith is all about. It's being with people in the places where they are, places of pain and struggle as well as places of ease and joy."

Everyday Faith is part of the Church of England's *Setting God's People Free* programme, aimed at encouraging people to live out their faith in their Monday to Saturday lives, in workplaces, gyms, shops, clubs and on the school run.

Dr Nick Shepherd, Director of the Setting God's People Free programme, said: "Going to church is a vital part of a living faith, but so is going to work or school, going on the school run or helping with a community project as a volunteer.

"The Everyday Faith campaign is about highlighting the vital ministry that we have Monday to Saturday through our ordinary lives."

Notes to editors

For more information and to sign up to receive campaign emails, see www.churchofengland.org/everydayfaith

Read more about Everyday Faith [here](#).

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