1 Happy the one whose transgression is forgiven, and whose sin is covered.

2 Happy the one to whom the Lord imputes no guilt, and in whose spirit there is no guile.

3 For I held my tongue; my bones wasted away through my groaning all the day long.

4 Your hand was heavy upon me day and night; my moisture was dried up like the drought in summer.

5 Then I acknowledged my sin to you and my iniquity I did not hide.

6 I said, I will confess my transgressions to the Lord, and you forgave the guilt of my sin.

7 Therefore let all the faithful make their prayers to you in time of trouble; in the great water flood, it shall not reach them.

8 You are a place for me to hide in; you preserve me from trouble; you surround me with songs of deliverance.

9 I will instruct you and teach you in the way that you should go;
I will guide you with my eye.

10 Be not like horse and mule which have no understanding; whose mouths must be held with bit and bridle,

or else they will not stay near you.

11 Great tribulations remain for the wicked; but mercy embraces those who trust in the Lord.

12 Be glad, you righteous, and rejoice in the Lord; shout for joy, all who are true of heart.

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