1 On God alone my soul in stillness waits; from him comes my salvation.

2 He alone is my rock and my salvation, my stronghold, so that I shall never be shaken.

3 How long will all of you assail me to destroy me, as you would a tottering wall or a leaning fence?

4 They plot only to thrust me down from my place of honour; lies are their chief delight; they bless with their mouth, but in their heart they curse.

5 Wait on God alone in stillness, O my soul; for in him is my hope.

6 He alone is my rock and my salvation, my stronghold, so that I shall not be shaken.

7 In God is my strength and my glory; God is my strong rock; in him is my refuge.

8 Put your trust in him always, my people; pour out your hearts before him, for God is our refuge.

9 The peoples are but a breath, the whole human race a deceit; on the scales they are altogether lighter than air.

10 Put no trust in oppression; in robbery take no empty pride;
though wealth increase, set not your heart upon it.

11 God spoke once, and twice have I heard the same:
that power belongs to God.

12 Steadfast love belongs to you, O Lord:
for you repay everyone according to their deeds.

Common Worship: Services and Prayers for the Church of England, material from which is included here, is copyright © The Archbishops' Council 2000 and published by Church House Publishing.