

“For everything there is a season and a time for every matter under heaven: A time to be born, and a time to die... a time to weep, and a time to laugh... a time to mourn and a time to dance...”

(Ecclesiastes 3:1, 2, 4)

Death is an unavoidable part of life - whatever else happens, one day we will die. But it's not something we want to think about or dwell on. However, in these days of coronavirus, with news and media outlets regularly focussing on the number of deaths, we cannot avoid it. Many of us have a family member, friend, neighbour or work colleague who has been affected.

Our children are very aware of what is happening. Many are anxious, worried about family and friends, asking questions that are not easy to answer. They need us to be honest and appropriate in our responses, which means we need to face our own beliefs and questions, and sometimes admit that we don't know the answers. So, what might the Christian narrative teach us about death and hope?

This :

hich can be accessed [here](#).



1.

Christian Thinking on Grief, Bereavement and Loss



How can I help my children with their fears?



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How can I help my children grieve?



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How can I help my child say goodbye?



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How can I help my children stay connected with their vulnerable relatives?



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How do I tell my children that someone they love might die?



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Additional resources

Additional resources for parents on grief, bereavement and loss.

1 min read

Source URL: <https://www.churchofengland.org/faith-life/faith-home/i-am-parent/grief-bereavement-and-loss-resources-parents-and-families>