

"For everything there is a season and a time for every matter under heaven: A time to be born, and a time to die... a time to weep, and a time to laugh... a time to mourn and a time to dance..."

#### (Ecclesiastes 3:1, 2, 4)

1.

Death is an unavoidable part of life - whatever else happens, one day we will die. But it's not something we want to think about or dwell on.

However, in these days of coronavirus, with news and media outlets regularly focussing on the number of deaths, we cannot avoid it. Many of us have a family member, friend, neighbour or work colleague who has been affected.

Our children are very aware of what is happening. Many are anxious, worried about family and friends, asking questions that are not easy to answer. They need us to be honest and appropriate in our responses, which means we need to face our own beliefs and questions, and sometimes admit that we don't know the answers. So, what might the Christian narrative teach us about death and hope?

This suite of resources accompanies the parallel suite for school leaders 'Never the Same' – which can be accessed here.

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#### Additional resources

Additional resources for parents on grief, bereavement and loss.



# Christian Thinking on Grief, Bereavement and Loss

Resource for parents on Christian thinking on grief, bereavement and loss.

3.



# How can I help my child say goodbye?

Resource for parents on Christian thinking on helping children say goodbye.



## How can I help my children grieve?

Resource for parents on Christian thinking on helping children with their grief.



How can I help my children stay connected with their vulnerable relatives?

Resource for parents on Christian thinking on helping children to stay connected with their vulnerable relatives.

6.



### How can I help my children with their fears?

Resource for parents on Christian thinking on helping children with their fear.



## How do I tell my children that someone they love might die?

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Resource for parents on Christiar	n thinking on helping children wit	th their fear.		
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