

Time to Pray presents everything you need for Prayer During the Day and Night Prayer in Contemporary form (Common Worship).

It is available as an app (with integrated audio) or as a podcast.

You can use Prayer During the Day on its own, as your sole act of prayer and praise, or you can use it alongside Night Prayer – also provided here – in a pattern of prayer at the beginning and end of the day.

- Access Prayer During the Day, together with the full text of psalms and short readings
- Follow a simple pattern of daily prayer that varies according to the season and day of the week
- Access Night Prayer, together with guidance on sustaining a pattern of regular prayer.

## Download the app

[Download our Time To Pray app on Android or iOS, with built-in audio from the podcast](#)

## Purchase the book

[Available as a single copy or in a pack of six for groups](#)

## Listen and subscribe to the Podcast

Listen to the most recent daily service of Prayer during the Day and Night prayer using our audio player below. Click on **Subscribe** to choose your favourite podcast provider.

---

**Source URL:** <https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer/time-pray-app-and-podcast>