

Our fifth Faith at Home episode for Parents focuses on the theme of Resilience – reflections, prayers, thoughts, fun and ideas to try at home - featuring contributions from children and young people across the UK.

This episode is for Parents and families and partners the 'Faith at Home' resources for Primary/Secondary schools and Church Leaders.

**Source URL:** https://www.churchofengland.org/our-faith/faith-home/faith-home-videos/resources-parents-and-families-episode-5-resilience