



*Prayer During the Day on Saturday*

Saturday, 24 July 2021

### **Preparation**

O God, make speed to save us.

*All*

**O Lord, make haste to help us.**

Your love, O Lord, reaches to the heavens

*All*

**and your faithfulness to the clouds.**

*Psalm 36.5*

### **Praise**

*A hymn, song, canticle, extempore praise or*

What shall I give you, Lord, in return for all your kindness?

Glory to you for your love.

Glory to you for your patience.

Glory to you for forgiving us all our sins.

Glory to you for coming to save our souls.

Glory to you for your incarnation in the virgin's womb.

Glory to you for your bonds.

Glory to you for receiving the cut of the lash.

Glory to you for accepting mockery.

Glory to you for your crucifixion.

Glory to you for your burial.

Glory to you for your resurrection.

Glory to you that you were preached to all.

Glory to you in whom they believed.

*Ephrem the Syrian (373)*

### **The Word of God**

*Psalmody*

Either, on any Saturday Psalm 63.1-8

Or, Week 4 Psalm 139

Alternatively, when Morning and Evening Prayer are also celebrated, [one of these cycles](#) may be followed.

## Psalm 63.1-8

Refrain: My soul is athirst for God, even for the living God.

1 O God, you are my God; eagerly I seek you; <sup>□</sup>  
my soul is athirst for you.

2 My flesh also faints for you, <sup>□</sup>  
as in a dry and thirsty land where there is no water.

3 So would I gaze upon you in your holy place, <sup>□</sup>  
that I might behold your power and your glory.

4 Your loving-kindness is better than life itself <sup>□</sup>  
and so my lips shall praise you.

5 I will bless you as long as I live <sup>□</sup>  
and lift up my hands in your name.

6 My soul shall be satisfied, as with marrow and fatness, <sup>□</sup>  
and my mouth shall praise you with joyful lips,

7 When I remember you upon my bed <sup>□</sup>  
and meditate on you in the watches of the night.

8 For you have been my helper <sup>□</sup>  
and under the shadow of your wings will I rejoice.

Refrain: My soul is athirst for God, even for the living God.

To you we come, radiant Lord,  
the goal of all our desiring,  
beyond all earthly beauty;  
gentle protector, strong deliverer,  
in the night you are our confidence;  
from first light be our joy;  
through Jesus Christ our Lord.

(or)

# Psalm 139

Refrain: Search me out, O God, and know my heart.

1 O Lord, you have searched me out and known me; <sup>□</sup>  
you know my sitting down and my rising up;  
you discern my thoughts from afar.

2 You mark out my journeys and my resting place <sup>□</sup>  
and are acquainted with all my ways.

3 For there is not a word on my tongue, <sup>□</sup>  
but you, O Lord, know it altogether.

4 You encompass me behind and before <sup>□</sup>  
and lay your hand upon me.

5 Such knowledge is too wonderful for me, <sup>□</sup>  
so high that I cannot attain it.

6 Where can I go then from your spirit? <sup>□</sup>  
Or where can I flee from your presence?

7 If I climb up to heaven, you are there; <sup>□</sup>  
if I make the grave my bed, you are there also.

8 If I take the wings of the morning <sup>□</sup>  
and dwell in the uttermost parts of the sea,

9 Even there your hand shall lead me, <sup>□</sup>  
your right hand hold me fast.

10 If I say, 'Surely the darkness will cover me <sup>□</sup>  
and the light around me turn to night,'

11 Even darkness is no darkness with you;  
the night is as clear as the day; <sup>□</sup>  
darkness and light to you are both alike.

12 For you yourself created my inmost parts; <sup>□</sup>  
you knit me together in my mother's womb.

13 I thank you, for I am fearfully and wonderfully made; <sup>□</sup>  
marvellous are your works, my soul knows well.

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14 My frame was not hidden from you, <sup>□</sup>  
when I was made in secret

Each psalm or group of psalms may end with

*All*

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

*Short readings*

*Week Four*

When the Lamb had taken the scroll, the four living creatures and the twenty-four elders fell before the Lamb, each holding a harp and golden bowls full of incense, which are the prayers of the saints. They sing a new song: 'You are worthy to take the scroll and to open its seals, for you were slaughtered and by your blood you ransomed for God saints from every tribe and language and people and nation; you have made them to be a kingdom and priests serving our God, and they will reign on earth.'

*Revelation 5.8 - 10*

*Or, on any Saturday*

We look not at what can be seen but at what cannot be seen; for what can be seen is temporary, but what cannot be seen is eternal.

*2 Corinthians 4.18*

## **Response**

*Silence, study, song, or words from Scripture, such as*

Jesus said, I am the resurrection and the life.

*All*

**Those who believe in me will never die.**

*cf John 11.25,26*

## **Prayers**

*Prayers may include these concerns:*

- ¶ *Our homes, families, friends and all whom we love*
- ¶ *Those whose time is spent caring for others*
- ¶ *Those who are close to death*
- ¶ *Those who have lost hope*
- ¶ *The worship of the Church*

*A form of intercession found [here](#) may be used.*

*Either, the following prayer is said*

God be in my head, and in my understanding;

God be in my eyes, and in my looking;

God be in my mouth, and in my speaking;

God be in my heart, and in my thinking;

God be at mine end, and at my departing.

*All*

**Amen.**

*Sarum Primer*

*Or, the Collect of the day is said*

Lord of all power and might,

the author and giver of all good things:

graft in our hearts the love of your name,

increase in us true religion,

nourish us with all goodness,

and of your great mercy keep us in the same;

through Jesus Christ your Son our Lord,

who is alive and reigns with you,

in the unity of the Holy Spirit,

one God, now and for ever.

All Amen.

*The Lord's Prayer is said.*

(Either)

As our Saviour taught us, so we pray

All

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

(or)

Let us pray with confidence as our Saviour has taught us

All

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

## **The Conclusion**

May Christ dwell in our hearts by faith.

All

**Amen.**

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