

¶ *Prayer During the Day on Saturday*  
Saturday, 31 July 2021  
Ignatius of Loyola, Founder of the Society of Jesus, 1556 [Commemoration]

### Preparation

O God, make speed to save us.

*All* **O Lord, make haste to help us.**

Your love, O Lord, reaches to the heavens

*All* **and your faithfulness to the clouds.**

*Psalm 36.5*

### Praise

*A hymn, song, canticle, extempore praise or*

What shall I give you, Lord, in return for all your kindness?

Glory to you for your love.

Glory to you for your patience.

Glory to you for forgiving us all our sins.

Glory to you for coming to save our souls.

Glory to you for your incarnation in the virgin's womb.

Glory to you for your bonds.

Glory to you for receiving the cut of the lash.

Glory to you for accepting mockery.

Glory to you for your crucifixion.

Glory to you for your burial.

Glory to you for your resurrection.

Glory to you that you were preached to all.

Glory to you in whom they believed.

*Ephrem the Syrian (373)*

### The Word of God

*Psalmody*

Either, on any Saturday Psalm 63.1-8

Or, Week 1 Psalm 130

Alternatively, when Morning and Evening Prayer are also celebrated, [one of these cycles](#) may be followed.

## Psalm 63.1-8

Refrain: My soul is athirst for God, even for the living God.

1 O God, you are my God; eagerly I seek you; <sup>□</sup>  
my soul is athirst for you.

2 My flesh also faints for you, <sup>□</sup>  
as in a dry and thirsty land where there is no water.

3 So would I gaze upon you in your holy place, <sup>□</sup>  
that I might behold your power and your glory.

4 Your loving-kindness is better than life itself <sup>□</sup>  
and so my lips shall praise you.

5 I will bless you as long as I live <sup>□</sup>  
and lift up my hands in your name.

6 My soul shall be satisfied, as with marrow and fatness, <sup>□</sup>  
and my mouth shall praise you with joyful lips,

7 When I remember you upon my bed <sup>□</sup>  
and meditate on you in the watches of the night.

8 For you have been my helper <sup>□</sup>  
and under the shadow of your wings will I rejoice.

Refrain: My soul is athirst for God, even for the living God.

To you we come, radiant Lord,  
the goal of all our desiring,  
beyond all earthly beauty;  
gentle protector, strong deliverer,  
in the night you are our confidence;  
from first light be our joy;  
through Jesus Christ our Lord.

(or)

# Psalm 130

Refrain: My soul waits for the Lord.

1 Out of the depths have I cried to you, O Lord;  
Lord, hear my voice; <sup>□</sup>  
let your ears consider well the voice of my supplication.

2 If you, Lord, were to mark what is done amiss, <sup>□</sup>  
O Lord, who could stand?

3 But there is forgiveness with you, <sup>□</sup>  
so that you shall be feared.

4 I wait for the Lord; my soul waits for him; <sup>□</sup>  
in his word is my hope.

5 My soul waits for the Lord,  
more than the night watch for the morning, <sup>□</sup>  
more than the night watch for the morning.

6 O Israel, wait for the Lord, <sup>□</sup>  
for with the Lord there is mercy;

7 With him is plenteous redemption <sup>□</sup>  
and he shall redeem Israel from all their sins.

Refrain: My soul waits for the Lord.

Father, we commend to your faithful love  
those who are crying from the depths;  
help them to watch and pray  
through their time of darkness,  
in sure hope of the dawn of your  
forgiveness and redemption;  
through Jesus Christ our Lord.

Each psalm or group of psalms may end with

*All*

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

*Short readings*

*Week One*

The wolf shall live with the lamb, the leopard shall lie down with the kid, the calf and the lion and the fatling together, and a little child shall lead them. The cow and the bear shall graze, their young shall lie down together; and the lion shall eat straw like the ox. The nursing child shall play over the hole of the asp, and the weaned child shall put its hand on the adder's den. They will not hurt or destroy on all my holy mountain; for the earth will be full of the knowledge of the Lord as the waters cover the sea.

*Isaiah 11.6-9*

*Or, on any Saturday*

We look not at what can be seen but at what cannot be seen; for what can be seen is temporary, but what cannot be seen is eternal.

*2 Corinthians 4.18*

**Response**

*Silence, study, song, or words from Scripture, such as*

Jesus said, I am the resurrection and the life.

*All*

**Those who believe in me will never die.**

*cf John 11.25,26*

**Prayers**

*Prayers may include these concerns:*

- ¶ *Our homes, families, friends and all whom we love*
- ¶ *Those whose time is spent caring for others*
- ¶ *Those who are close to death*
- ¶ *Those who have lost hope*
- ¶ *The worship of the Church*

*A form of intercession found [here](#) may be used.*

*Either, the following prayer is said*

God be in my head, and in my understanding;

God be in my eyes, and in my looking;  
God be in my mouth, and in my speaking;  
God be in my heart, and in my thinking;  
God be at mine end, and at my departing.

All

**Amen.**

*Sarum Primer*

*Or, the Collect of the day is said*

Almighty Lord and everlasting God,  
we beseech you to direct, sanctify and govern  
both our hearts and bodies  
in the ways of your laws  
and the works of your commandments;  
that through your most mighty protection, both here and ever,  
we may be preserved in body and soul;  
through our Lord and Saviour Jesus Christ,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

AllAmen.

*The Lord's Prayer is said.*

(Either)

As our Saviour taught us, so we pray

All

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

(or)

Let us pray with confidence as our Saviour has taught us

All

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

### **The Conclusion**

May Christ dwell in our hearts by faith.

All

**Amen.**

© The Archbishops' Council of the Church of England, 2000-2005  
Official Common Worship apps, books and eBooks are available from [Church House Publishing](#).

The Bible readings (other than the psalms) are from *The New Revised Standard Version Anglicized Edition*, copyright 1989, 1995 Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.

Implemented by Simon Kershaw at [Crucix](#).  
Implementation copyright © Simon Kershaw, 2002-2021.

[View other services](#)

[Copy to clipboard](#)

[Back to top](#)

---

**Source URL:** <https://www.churchofengland.org/prayer-and-worship/join-us-in-daily-prayer/prayer-during-day-contemporary-saturday-31-july-2021>