



*Prayer During the Day on Tuesday*

Tuesday, 17 August 2021

### **Preparation**

O God, make speed to save us.

*All*

**O Lord, make haste to help us.**

To you, O Lord, I lift up my soul.

*All*

**O my God, in you I trust.**

*Psalm 25.1a*

### **Praise**

*A hymn, song, canticle, extempore praise, or*

I am giving you worship with all my life,

I am giving you obedience with all my power,

I am giving you praise with all my strength,

I am giving you honour with all my speech.

I am giving you love with all my heart,

I am giving you affection with all my sense,

I am giving you my being with all my mind,

I am giving you my soul, O most high and holy God.

Praise to the Father,

Praise to the Son,

Praise to the Spirit,

The Three in One.

*adapted from Alexander Carmichael,*

*Carmina Gadelica (1900)*

### **The Word of God**

*Psalmody*

Either, on any Tuesday Psalm 17.1-8

Or, Week 4 Psalm 39

Alternatively, when Morning and Evening Prayer are also celebrated, [one of these cycles](#) may be followed.

## Psalm 17.1-8

Refrain: Deliver me, O Lord, by your hand.

1 Hear my just cause, O Lord; consider my complaint; <sup>□</sup>  
listen to my prayer, which comes not from lying lips.

2 Let my vindication come forth from your presence; <sup>□</sup>  
let your eyes behold what is right.

3 Weigh my heart, examine me by night, <sup>□</sup>  
refine me, and you will find no impurity in me.

4 My mouth does not trespass for earthly rewards; <sup>□</sup>  
I have heeded the words of your lips.

5 My footsteps hold fast in the ways of your commandments; <sup>□</sup>  
my feet have not stumbled in your paths.

6 I call upon you, O God, for you will answer me; <sup>□</sup>  
incline your ear to me, and listen to my words.

7 Show me your marvellous loving-kindness, <sup>□</sup>  
O Saviour of those who take refuge at your right hand  
from those who rise up against them.

8 Keep me as the apple of your eye; <sup>□</sup>  
hide me under the shadow of your wings,

Refrain: Deliver me, O Lord, by your hand.

Generous Lord,  
deliver us from all envious thoughts,  
and when we are tempted by the desire for wealth,  
let us see your face;  
for your abundance is enough to clothe our lack;  
through Jesus Christ our Lord.

(or)

## Psalm 39

1 I said, 'I will keep watch over my ways,<sup>□</sup>  
so that I offend not with my tongue.

2 'I will guard my mouth with a muzzle,<sup>□</sup>  
while the wicked are in my sight.'

3 So I held my tongue and said nothing;<sup>□</sup>  
I kept silent but to no avail.

4 My distress increased, my heart grew hot within me;<sup>□</sup>  
while I mused, the fire was kindled  
and I spoke out with my tongue:

5 'Lord, let me know my end and the number of my days,<sup>□</sup>  
that I may know how short my time is.

6 'You have made my days but a handbreadth,  
and my lifetime is as nothing in your sight;<sup>□</sup>  
truly, even those who stand upright are but a breath.

7 'We walk about like a shadow  
and in vain we are in turmoil;<sup>□</sup>  
we heap up riches and cannot tell who will gather them.

8 'And now, what is my hope?<sup>□</sup>  
Truly my hope is even in you.

9 'Deliver me from all my transgressions<sup>□</sup>  
and do not make me the taunt of the fool.'

10 I fell silent and did not open my mouth,<sup>□</sup>  
for surely it was your doing.

11 Take away your plague from me;<sup>□</sup>  
I am consumed by the blows of your hand.

12 With rebukes for sin you punish us;  
like a moth you consume our beauty;<sup>□</sup>  
truly, everyone is but a breath.

13 Hear my prayer, O Lord, and give ear to my cry;<sup>□</sup>  
hold not your peace at my tears.

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14 For I am but a stranger with you,<sup>□</sup>

Each psalm or group of psalms may end with

*All*

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

*Short readings*

*Week Four*

Then the angel showed me the river of the water of life, bright as crystal, flowing from the throne of God and of the Lamb through the middle of the street of the city. On either side of the river is the tree of life with its twelve kinds of fruit, producing its fruit each month; and the leaves of the tree are for the healing of the nations.

*Revelation 22.1,2*

*Or, on any Tuesday*

Great crowds came to Jesus, bringing with them the lame, the maimed, the blind, the mute, and many others. They put them at his feet, and he cured them.

*Matthew 15.30*

## **Response**

*Silence, study, song, or words from Scripture, such as*

Jesus said, I am the light of the world.

*All*

**Whoever follows me will have the light of life.**

*John 8.12*

## **Prayers**

*Prayers may include these concerns:*

- ¶ *All who are sick in body, mind or spirit*
- ¶ *Those in the midst of famine or disaster*
- ¶ *Victims of abuse and violence, intolerance and prejudice*
- ¶ *Those who are bereaved*
- ¶ *All who work in the medical and healing professions*

*A form of intercession found [here](#) may be used.*

*Either, the following prayer is said*

Eternal God,  
the light of the minds that know you,  
the joy of the hearts that love you,  
and the strength of the wills that serve you:  
grant us so to know you  
that we may truly love you,  
so to love you that we may truly serve you,  
whose service is perfect freedom;  
through Jesus Christ our Lord.

*All*

**Amen.**

*after Augustine of Hippo (430)*

*Or, the Collect of the day is said*

O God, you declare your almighty power  
most chiefly in showing mercy and pity:  
mercifully grant to us such a measure of your grace,  
that we, running the way of your commandments,  
may receive your gracious promises,  
and be made partakers of your heavenly treasure;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

AllAmen.

*The Lord's Prayer is said.*

(Either)

As our Saviour taught us, so we pray

All

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

(or)

Let us pray with confidence as our Saviour has taught us

All

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

## **The Conclusion**

May Christ our redeemer bring us healing and wholeness.

All

**Amen.**

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