

1 O Lord, my heart is not proud; ☩

my eyes are not raised in haughty looks.

2 I do not occupy myself with great matters, ☩

with things that are too high for me.

3 But I have quieted and stilled my soul,

like a weaned child on its mother's breast; ☩

so my soul is quieted within me.

4 O Israel, trust in the Lord, ☩

from this time forth for evermore.

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