

1 Unless the Lord builds the house, <sup>□</sup>

those who build it labour in vain.

2 Unless the Lord keeps the city, <sup>□</sup>

the guard keeps watch in vain.

3 It is in vain that you hasten to rise up early

and go so late to rest, eating the bread of toil, <sup>□</sup>

for he gives his beloved sleep.

4 Children are a heritage from the Lord <sup>□</sup>

and the fruit of the womb is his gift.

5 Like arrows in the hand of a warrior, <sup>□</sup>

so are the children of one's youth.

6 Happy are those who have their quiver full of them: <sup>□</sup>

they shall not be put to shame

when they dispute with their enemies in the gate.

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