When Israel came out of Egypt, a people of a strange tongue,

Judah became his sanctuary, Israel his dominion.

The sea saw that, and fled; Jordan was driven back.

The mountains skipped like rams, the little hills like young sheep.

What ailed you, O sea, that you fled? O Jordan, that you were driven back?

You mountains, that you skipped like rams, you little hills like young sheep?

Tremble, O earth, at the presence of the Lord, at the presence of the God of Jacob,

Who turns the hard rock into a pool of water, the flint-stone into a springing well.

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