

1 When Israel came out of Egypt, □

the house of Jacob from a people of a strange tongue,

2 Judah became his sanctuary, □

Israel his dominion.

3 The sea saw that, and fled; □

Jordan was driven back.

4 The mountains skipped like rams, □

the little hills like young sheep.

5 What ailed you, O sea, that you fled? □

O Jordan, that you were driven back?

6 You mountains, that you skipped like rams, □

you little hills like young sheep?

7 Tremble, O earth, at the presence of the Lord, □

at the presence of the God of Jacob,

8 Who turns the hard rock into a pool of water, □

the flint-stone into a springing well.

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