1 I lift up my eyes to the hills; from where is my help to come?

2 My help comes from the Lord, the maker of heaven and earth.

3 He will not suffer your foot to stumble; he who watches over you will not sleep.

4 Behold, he who keeps watch over Israel shall neither slumber nor sleep.

5 The Lord himself watches over you; the Lord is your shade at your right hand,

6 So that the sun shall not strike you by day, nor the moon by night.

7 The Lord shall keep you from all evil; it is he who shall keep your soul.

8 The Lord shall keep watch over your going out and your coming in, from this time forth for evermore.

Â

Common Worship: Services and Prayers for the Church of England, material from which is included here, is copyright © The Archbishops' Council 2000 and published by Church House Publishing.
Related Resources

Texts and Resources for A Service of the Word

Main Volume

Buy the Book

Common Worship: Main Volume is available from Church House Publishing.

Download the Reflections on the Psalms app

Source URL: https://www.churchofengland.org/prayer-and-worship/worship-texts-and-resources/common-worship/common-material/psalter/psalm-121