

Margaret Extance, a volunteer at Christ Church Bayston Hill, helped to set up Coffee in The Living Room - a weekly village coffee morning held at the church.

Since it began they've seen it grow each week and it's now run in partnership with the local medical practice to help those who are lonely find friends. Margaret talks about how the community that has built up supports each other, just like a family. She explains how everyone who comes to the coffee morning goes out saying 'this is different'.

You can find out more about Coffee in The Living Room by [visiting their website](#).

Source URL: <https://www.churchofengland.org/our-faith/faith-action/faith-action-videos/combating-loneliness-one-cake-time>