

Pilgrim, how does God speak to us and teach us his ways?

**God teaches his people through the Bible,
and above all through his Son Jesus Christ.**

What is the Bible?

**The Bible is the library of books written over many centuries
telling of God's dealings with the world.**

The Old Testament tells the story of God's people Israel.

**The New Testament tells of the good news of God's Son Jesus Christ,
the gift of the Holy Spirit and the birth of the Church.**

How can we trust the Bible?

The Church believes that the Bible is the word of God.

**The Holy Spirit inspired those who wrote the Bible
and enables the Church to understand God's word**

and to proclaim the faith afresh in each generation.

What commandments did God give Israel?

God gave Moses these commandments:

I am the Lord your God: you shall have no other gods but me.

You shall not make for yourself any idol.

You shall not dishonour the name of the Lord your God.

Remember the Sabbath and keep it holy.

Honour your father and mother.

You shall not commit murder.

You shall not commit adultery.

You shall not steal.

You shall not be a false witness.

You shall not covet anything which belongs to your neighbour.

What do we learn from these commandments about God?

**We learn that there is only one God,
and it is wrong to make gods of other things.**

What do we learn from these commandments about ourselves and others?

**We learn that there is a rhythm and balance to life and that it is holy.
We learn that the household of the family is precious,
that there are things we should not do
because they harm our relationship with God and one another.**

How did Jesus Christ summarize the commandments?

**Jesus Christ says that we should love the Lord our God with all our heart,
with all our soul, with all our mind, and with all our strength;
and that we should love our neighbour as ourselves.**

Pilgrim, how will this shape the journey of your life?

**I will faithfully read the Scriptures
because they are a lamp to my feet and a light to my path.
By God's grace, I will fashion my life according to the way of Jesus Christ.**

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Next Steps

The Commandments

[Read about the Ten Commandments and their place in Christian faith.](#)

The Pilgrim Way: The Beatitudes

[This Pilgrim Way section sets out a Christian vision for the world.](#)

Scripture

Another term for the Christian Bible

