

Jesus is âthe Prince of Wholenessâ. The Message version translates Isaiah 9:6, so HOPE Together and partners KingsGate Church will have Christmas sermon ideas to help churches to invite friends, neighbours and colleagues to join the journey. HOPEâs assistant director Rachel Jordan-Wolf says, âLocal churches are in a unique place to lead communities on this journey to physical, mental and spiritual wellbeing as they offer this practical guide. We hope you and your church will join us on this amazing journey.â

Read more [here](#) and sign up at www.wellbeingjourney.org to receive information as soon as it is available.

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