Prayer During the Day

Lent

Friday, 25 March 2022

The Annunciation of Our Lord to the Blessed Virgin Mary

Preparation

O God, make speed to save us.

All

O Lord, make haste to help us.

Hear my prayer, O Lord, and give ear to my cry;

All

hold not your peace at my tears.

Psalm 39.13

Praise

A hymn, song, canticle, extempore praise or

Jesus, like a mother you gather your people to you;
you are gentle with us as a mother with her children.

Despair turns to hope through your sweet goodness;
through your gentleness we find comfort in fear.

Your warmth gives life to the dead,
your touch makes sinners righteous.

Lord Jesus, in your mercy heal us;
in your love and tenderness remake us.

In your compassion bring grace and forgiveness,
for the beauty of heaven may your love prepare us

Anselm (1109)

The Word of God
Psalmody

Either, Friday Psalm 32

(or)

Or, on any day Psalm 51.1-10

Alternatively, when Morning and Evening Prayer are also celebrated, one of these cycles may be followed.
Psalm 32

Refrain: Be glad, you righteous, and rejoice in the Lord.

1 Happy the one whose transgression is forgiven, and whose sin is covered.

2 Happy the one to whom the Lord imputes no guilt, and in whose spirit there is no guile.

3 For I held my tongue; my bones wasted away through my groaning all the day long.

4 Your hand was heavy upon me day and night; my moisture was dried up like the drought in summer.

5 Then I acknowledged my sin to you and my iniquity I did not hide.

6 I said, 'I will confess my transgressions to the Lord,' and you forgave the guilt of my sin.

7 Therefore let all the faithful make their prayers to you in time of trouble; in the great water flood, it shall not reach them.

8 You are a place for me to hide in; you preserve me from trouble; you surround me with songs of deliverance.

9 'I will instruct you and teach you in the way that you should go; I will guide you with my eye.

10 'Be not like horse and mule which have no understanding; whose mouths must be held with bit and bridle, or else they will not stay near you.'

11 Great tribulations remain for the wicked, but mercy embraces those who trust in the Lord.

12 Be glad, you righteous, and rejoice in the Lord; shout for joy, all who are true of heart.

Refrain: Be glad, you righteous, and rejoice in the Lord.
(or)
Psalm 51.1-10

Refrain: The sacrifice of God is a broken spirit.

1 Have mercy on me, O God, in your great goodness;
   according to the abundance of your compassion
   blot out my offences.

2 Wash me thoroughly from my wickedness
   and cleanse me from my sin.

3 For I acknowledge my faults
   and my sin is ever before me.

4 Against you only have I sinned
   and done what is evil in your sight,

5 So that you are justified in your sentence
   and righteous in your judgement.

6 I have been wicked even from my birth,
   a sinner when my mother conceived me.

7 Behold, you desire truth deep within me
   and shall make me understand wisdom
   in the depths of my heart.

8 Purge me with hyssop and I shall be clean;
   wash me and I shall be whiter than snow.

9 Make me hear of joy and gladness,
   that the bones you have broken may rejoice.

10 Turn your face from my sins
    and blot out all my misdeeds.

Refrain: The sacrifice of God is a broken spirit.

Take away, good Lord, the sin that corrupts us;
give us the sorrow that heals
and the joy that praises
and restore by grace your own image within us,
that we may take our place among your people;
in Jesus Christ our Lord.
Each psalm or group of psalms may end with

**Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.**

**Short readings**

**Either, Friday**

Jesus said to the disciples, ‘Beware of practising your piety before others in order to be seen by them; for then you have no reward from your Father in heaven. So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you.’

*Matthew 6.1-4*

**Or, on any day in Lent**

Jesus said, ‘There will be more joy in heaven over one sinner who repents than over ninety-nine righteous people who need no repentance.’

*Luke 15.7*

**Response**

*Silence, study, song, or words from Scripture, such as*

Blessed are the merciful, *for they will receive mercy.*

*Matthew 5.7*

**Prayers**

*Prayers may include these concerns:*

- Those preparing for baptism and confirmation
- Those serving through leadership
- Those looking for forgiveness
- Those misled by the false gods of this present age
- All who are hungry

*A form of intercession found here may be used.*
Either, the following prayer is said

Teach us, good Lord, to serve you as you deserve;
to give and not to count the cost;
to fight and not to heed the wounds;
to toil and not to seek for rest;
to labour and not to seek for any reward,
save that of knowing that we do your will.

Amen.

Ignatius of Loyola (1556)

Or, the Collect of the day is said

We beseech you, O Lord,
pour your grace into our hearts,
that as we have known the incarnation of your Son Jesus Christ
by the message of an angel,
so by his cross and passion
we may be brought to the glory of his resurrection;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
All Amen.

The Lord's Prayer is said.

(Either)

As our Saviour taught us, so we pray
Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.

(or)

Let us pray with confidence as our Saviour has taught us

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

The Conclusion

May God bless us and show us compassion and mercy.

Amen.