



Prayer with poppies

If you'd like a prayer to say with your child around the time of Remembrance Sunday, this prayer uses poppies as a way to think about different people to pray for.

This lovely prayer can be said with your child for Remembrance Sunday or any time when you want to think of someone who has died. You can use a poppy or any red flower.

Look at your poppy in your hand.

Poppies are bright and cheerful flowers: say thank you to God for the lives of those who have died in war, remembering all the joy they brought to families and friends, and all the good things they did for their home and their country.

Then look at the red petals: red reminds us of danger and harm. Ask God to be close to those who are still facing danger each day, to give courage to the armed forces, and compassion to all who help others.

Place your whole hand over the poppy: poppies are also fragile and need to be handled gently. God cares for those who are hurting and those who are sad. Ask God to comfort all who are grieving the loss of someone they love.

Finally place a finger on the centre of the poppy: ask God to help you play your part in working for peace in the world.

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