

☩ Morning Prayer

Passiontide

Tuesday, 5 April 2022

Preparation

O Lord, open our lips

And our mouth shall proclaim your praise.

Let your ways be known upon earth,

All your saving power among the nations.

One or more of the following is said or sung:

this or another prayer of thanksgiving

Blessed are you, Lord God of our salvation,

to you be praise and glory for ever.

As a man of sorrows and acquainted with grief

your only Son was lifted up

that he might draw the whole world to himself.

May we walk this day in the way of the cross

and always be ready to share its weight,

declaring your love for all the world.

Blessed be God, Father, Son and Holy Spirit.

All Blessed be God for ever.

a suitable hymn, or A Song of Lamentation

1 Is it nothing to you, all you who pass by? *â€œ*

Look and see if there is any sorrow like my sorrow,

2 Which was brought upon me, *â€œ*

which the Lord inflicted

on the day of his fierce anger.

3 For these things I weep;

my eyes flow with tears; *â€œ*

for a comforter is far from me,
one to revive my courage.

4Remember my affliction and my bitterness, â€¦
the wormwood and the gall!

5But this I call to mind, â€¦
and therefore I have hope:

6The steadfast love of the Lord never ceases, â€¦
his mercies never come to an end;

7They are new every morning; â€¦
great is your faithfulness.

8â€œThe Lord is my portion,â€ says my soul,
â€œtherefore I will hope in him.â€

9The Lord is good to those who wait for him, â€¦
to the soul that seeks him.

10It is good that we should wait quietly â€¦
for the salvation of the Lord.

11For the Lord will not reject for ever; â€¦
though he causes grief, he will have compassion,

12According to the abundance of his steadfast love; â€¦
for he does not willingly afflict or grieve anyone.

Lamentations 1.12, 16a,b; 3.19, 21-26, 31-33

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

This opening prayer may be said

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,

so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.
All Amen.

The Word of God

Psalmody

The appointed psalmody is said.

Psalm 35

Refrain: Give me justice, O Lord my God,
according to your righteousness.

1 Contend, O Lord, with those that contend with me; Â
fight against those that fight against me.

2 Take up shield and buckler Â
and rise up to help me.

3 Draw the spear and bar the way
against those who pursue me; Â
say to my soul, I am your salvation. Â

4 Let those who seek after my life be shamed and disgraced; Â
let those who plot my ruin fall back and be put to confusion.

5 Let them be as chaff before the wind, Â
with the angel of the Lord thrusting them down.

6 Let their way be dark and slippery, Â
with the angel of the Lord pursuing them. Â R

7 For they have secretly spread a net for me without a cause; Â
without any cause they have dug a pit for my soul.

8 Let ruin come upon them unawares; Â
let them be caught in the net they laid;
let them fall in it to their destruction.

9 Then will my soul be joyful in the Lord;
and glory in his salvation.

10 My very bones will say, "Lord, who is like you?"
You deliver the poor from those that are too strong for them,
the poor and needy from those who would despoil them.

11 False witnesses rose up against me;
they charged me with things I knew not.

12 They rewarded me evil for good,
to the desolation of my soul.

13 But as for me, when they were sick I put on sackcloth
and humbled myself with fasting;

14 When my prayer returned empty to my bosom,
it was as though I grieved for my friend or brother;

15 I behaved as one who mourns for his mother,
bowed down and brought very low.

16 But when I stumbled, they gathered in delight;
they gathered together against me;
as if they were strangers I did not know
they tore at me without ceasing.

17 When I fell they mocked me;
they gnashed at me with their teeth.

18 O Lord, how long will you look on?
Rescue my soul from their ravages,
and my poor life from the young lions.

19 I will give you thanks in the great congregation;
I will praise you in the mighty throng.

20 Do not let my treacherous foes rejoice over me,
or those who hate me without a cause
mock me with their glances.

21 For they do not speak of peace,â
but invent deceitful schemes against those
that are quiet in the land.

22 They opened wide their mouths and derided me, sayingâ
âWe have seen it with our very eyes.â

23 This you have seen, O Lord; do not keep silent;â
go not far from me, O Lord.

24 Awake, arise, to my cause,â
to my defence, my God and my Lord!

25 Give me justice, O Lord my God,
according to your righteousness;â
let them not triumph over me.â

26 Let them not say to themselves,
âOur heartâs desire.â
Let them not say, âWe have swallowed him up.â

27 Let all who rejoice at my trouble be put to shame and confusion;â
let those who boast against me
be clothed with shame and dishonour.

28 Let those who favour my cause rejoice and be glad;â
let them say always,
âGreat is the Lord, who delights in his servantâs well-being.â

29 So shall my tongue be talking of your righteousnessâ
and of your praise all the day long.

Refrain: Give me justice, O Lord my God,
according to your righteousness.

Free us, righteous God, from all oppression,
and bring justice to the nations,
that all the world may know you
as King of kings and Lord of lords,
now and for ever.

Psalm 123

Refrain: Our eyes wait upon the Lord our God.

1 To you I lift up my eyes, *â*

to you that are enthroned in the heavens.

2 As the eyes of servants look to the hand of their master, *â*

or the eyes of a maid to the hand of her mistress,

3 So our eyes wait upon the Lord our God, *â*

until he have mercy upon us. *R*

4 Have mercy upon us, O Lord, have mercy upon us, *â*

for we have had more than enough of contempt.

5 Our soul has had more than enough of the scorn of the arrogant, *â*

and of the contempt of the proud.

Refrain: Our eyes wait upon the Lord our God.

Sovereign God, enthroned in the heavens,

look upon us with your eyes of mercy,

as we look on you with humility and love,

and fill our souls with your peace

through Jesus Christ our Lord.

Each psalm or group of psalms may end with

All Glory to the Father and to the Son

and to the Holy Spirit;

as it was in the beginning is now

and shall be for ever. Amen.

If there are two Scripture readings, the first may be read here, or both may be read after the canticle.

Exodus 8.20-end

Then the Lord said to Moses, *â* Rise early in the morning and present yourself before Pharaoh, as he goes out to the water, and say to him, *â* Thus says the Lord: Let my people go, so that they may worship me. For if you will not let my people go, I will send swarms of flies on you, your officials, and your people, and into your houses; and the houses of the Egyptians shall be filled with swarms of flies; so also the land where they live. But on that day I will set apart the land of Goshen, where my people live, so that no swarms of flies shall be there, that you may know that I the Lord am in this land. Thus I will make a distinction between my people and your people. This sign shall appear tomorrow. *â* The Lord did so, and great swarms of flies came into the house of Pharaoh and into his officials' houses; in all of Egypt the land was ruined because of the flies.

Then Pharaoh summoned Moses and Aaron, and said, "Go, sacrifice to your God within the land." But Moses said, "It would not be right to do so; for the sacrifices that we offer to the Lord our God are offensive to the Egyptians. If we offer in the sight of the Egyptians sacrifices that are offensive to them, will they not stone us? We must go a three days' journey into the wilderness and sacrifice to the Lord our God as he commands us." So Pharaoh said, "I will let you go to sacrifice to the Lord your God in the wilderness, provided you do not go very far away. Pray for me." Then Moses said, "As soon as I leave you, I will pray to the Lord that the swarms of flies may depart tomorrow from Pharaoh, from his officials, and from his people; only do not let Pharaoh again deal falsely by not letting the people go to sacrifice to the Lord."

So Moses went out from Pharaoh and prayed to the Lord. And the Lord did as Moses asked: he removed the swarms of flies from Pharaoh, from his officials, and from his people; not one remained. But Pharaoh hardened his heart this time also, and would not let the people go.

Canticle

A Song of the Lord's Gracious Deeds, or another suitable canticle, for example [number 23 \(page 574\)](#), [number 42 \(page 593\)](#) or [number 43 \(page 594\)](#), may be said

Refrain:

All will recount the gracious deeds of the Lord,
the praises of the Most High.

1 Who is this that comes from Edom, who
coming from Bozrah, his garments stained crimson?

2 Who is this in glorious apparel,
marching in the greatness of his strength?

3 "It is I, who announce that right has won the day;
it is I," says the Lord, "for I am mighty to save."

4 Why are your robes all red, O Lord,
and your garments like theirs who tread the winepress?

5 "I have trodden the winepress alone,
and from the peoples no one was with me."

6 I will recount the gracious deeds of the Lord,
the praises of the Most High;

7 All that God has done for us in his mercy,
by his many acts of love.

8 For God said, "Surely, they are my people,
my children who will not deal falsely,"

and he became their Saviour in all their distress.

9So God redeemed them by his love and pity; and
he lifted them up and carried them
through all the days of old.

Isaiah 63.1-3a, 7-9

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

All will recount the gracious deeds of the Lord,
the praises of the Most High.

Scripture Reading

One or more readings appointed for the day are read.

The reading(s) may be followed by a time of silence.

Hebrews 11.32-12.2

And what more should I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets—who through faith conquered kingdoms, administered justice, obtained promises, shut the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Others were tortured, refusing to accept release, in order to obtain a better resurrection. Others suffered mocking and flogging, and even chains and imprisonment. They were stoned to death, they were sawn in two, they were killed by the sword; they went about in skins of sheep and goats, destitute, persecuted, tormented—of whom the world was not worthy. They wandered in deserts and mountains, and in caves and holes in the ground.

Yet all these, though they were commended for their faith, did not receive what was promised, since God had provided something better so that they would not, without us, be made perfect.

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was set before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God.

A suitable song or chant, or a responsory in this or another form, may follow

We adore you, O Christ, and we bless you;
All by your holy cross, you have redeemed the world.

God chose what is weak in the world to shame the strong.

All We adore you, O Christ, and we bless you.

We preach Christ crucified,

the power of God and the wisdom of God.

All By your holy cross, you have redeemed the world.

God forbid that I should glory,

save in the cross of our Lord Jesus Christ.

All We adore you, O Christ, and we bless you;

by your holy cross, you have redeemed the world.

cf 1 Corinthians 1 and Galatians 6

Gospel Canticle

The Benedictus (The Song of Zechariah) is normally said,

or [Saviour of the World \(page 644\)](#) may be said

Refrain:

All The word of the cross is folly

to those who are perishing,

but to those who are being saved

it is the power of God.

1 Blessed be the Lord the God of Israel, â€œ

who has come to his people and set them free.

2 He has raised up for us a mighty Saviour, â€œ

born of the house of his servant David.

3 Through his holy prophets God promised of old â€œ

to save us from our enemies,

from the hands of all that hate us,

4 To show mercy to our ancestors, â€œ

and to remember his holy covenant.

5 This was the oath God swore to our father Abraham: â€œ

to set us free from the hands of our enemies,

6Free to worship him without fear, â;

holy and righteous in his sight

all the days of our life.

7And you, child, shall be called the prophet of the Most High, â;

for you will go before the Lord to prepare his way,

8To give his people knowledge of salvation â;

by the forgiveness of all their sins.

9In the tender compassion of our God â;

the dawn from on high shall break upon us,

10To shine on those who dwell in darkness and the shadow of death, â;

and to guide our feet into the way of peace.

Luke 1.68-79

AllGlory to the Father and to the Son

and to the Holy Spirit;

as it was in the beginning is now

and shall be for ever. Amen.

Refrain:

AllThe word of the cross is folly

to those who are perishing,

but to those who are being saved

it is the power of God.

Prayers

Intercessions are offered

Â for the day and its tasks

Â for the world and its needs

Â for the Church and her life

Prayers may include the following concerns from the [cycle on pages 364ââ365](#)

Â The persecuted Church

Â The oppressed peoples of the world

Â All who are lonely

Â All who are near to death

Â

All who are facing loss

A form of prayer found [on page 381](#) may be used.

The Litany [on pages 400-403](#) may be said instead of the Prayers.

These responses may be used

Lord, in your mercy

hear our prayer

(or)

Lord, hear us.

Lord, graciously hear us.

Silence may be kept.

The Collect of the day is said

Most merciful God,

who by the death and resurrection of your Son Jesus Christ

delivered and saved the world:

grant that by faith in him who suffered on the cross

we may triumph in the power of his victory;

through Jesus Christ your Son our Lord,

who is alive and reigns with you,

in the unity of the Holy Spirit,

one God, now and for ever.

All Amen.

The Lord's Prayer is said

Standing at the foot of the cross,

as our Saviour taught us, so we pray

All Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done,

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Lead us not into temptation

but deliver us from evil.

For the kingdom, the power,

and the glory are yours

now and for ever.

Amen.

(or)

Standing at the foot of the cross,

let us pray with confidence as our Saviour has taught us

All Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done;

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation;

but deliver us from evil.

For thine is the kingdom,

the power and the glory,

for ever and ever.

Amen.

The Conclusion

May Christ, who bore our sins on the cross,

set us free to serve him with joy.

All Amen.

Let us bless the Lord.

All Thanks be to God.

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