

¶     Prayer During the Day on Thursday

Thursday, 23 June 2022

Etheldreda, Abbess of Ely, c.678 [Lesser Festival]

**Preparation**

O God, make speed to save us.

**O Lord, make haste to help us.**

Teach me to do what pleases you, for you are my God;

**let your kindly spirit lead me on a level path.**

*Psalm 143.10*

**Praise**

*A hymn, song, canticle, extempore praise, or*

Come, my Way, my Truth, my Life:

Such a Way, as gives us breath:

Such a Truth, as ends all strife:

And such a Life, as killeth death.

Come, my Light, my Feast, my Strength:

Such a Light, as shows a Feast:

Such a Feast, as mends in length:

Such a Strength, as makes his guest.

Come, my Joy, my Love, my Heart:

Such a Joy, as none can move:

Such a Love, as none can part:

Such a Heart, as joys in Love.

*George Herbert (1633)*

**The Word of God**

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Â Â *Psalmody*

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Â Â Either, on any Thursday Psalm 133

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Â Â Or, Week 4 Psalm 107.1-16

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Â Â Alternatively, when Morning and Evening Prayer are also celebrated, [one of these cycles](#) may be followed.

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## Psalm 133

Refrain: Mercy and truth are met together,  
righteousness and peace have kissed each other.

1Â Â Behold how good and pleasant it isÂ Â!  
Â Â Â to dwell together in unity.

2Â Â It is like the precious oil upon the head,Â Â!  
Â Â Â running down upon the beard,

3Â Â Even on Aaron's beard,Â Â!  
Â Â Â running down upon the collar of his clothing.

Â Â 4Â Â It is like the dew of HermonÂ Â!  
Â Â Â running down upon the hills of Zion.

5Â Â For there the Lord has promised his blessing:Â Â!  
Â Â Â even life for evermore.

Refrain: Mercy and truth are met together,  
righteousness and peace have kissed each other.

Grant to your people, good Lord,  
the spirit of unity,  
that they may dwell together in your love,  
and so bear to the world  
the ointment of your healing and the  
dew of your blessing;  
through Jesus Christ our Lord.

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Â Â (or)

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## Psalm 107.1-16

1 O give thanks to the Lord, for he is gracious;

for his steadfast love endures for ever.

2 Let the redeemed of the Lord say this;

those he redeemed from the hand of the enemy,

3 And gathered out of the lands

from the east and from the west,

from the north and from the south.

4 Some went astray in desert wastes

and found no path to a city to dwell in.

5 Hungry and thirsty,

their soul was fainting within them.

6 So they cried to the Lord in their trouble

and he delivered them from their distress.

7 He set their feet on the right way

till they came to a city to dwell in.

8 Let them give thanks to the Lord for his goodness

and the wonders he does for his children.

9 For he satisfies the longing soul

and fills the hungry soul with good.

10 Some sat in darkness and in the shadow of death

bound fast in misery and iron,

11 For they had rebelled against the words of God

and despised the counsel of the Most High.

12 So he bowed down their heart with heaviness;

they stumbled and there was none to help them.

13 Then they cried to the Lord in their trouble

and he delivered them from their distress.

14 He brought them out of darkness and out of the shadow of death

and broke their bonds asunder.

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15 Let them give thanks to the Lord for his goodness

and the wonders he does for his children

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Â Â Each psalm or group of psalms may end with

Â Â Â

All **Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

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Â Â *Short readings* Â

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Â Â *Week Four*

As you have sent me into the world, so I have sent them into the world. And for their sakes I sanctify myself, so that they also may be sanctified in truth. I ask not only on behalf of these, but also on behalf of those who will believe in me through their word, that they may all be one. As you, Father, are in me and I am in you, may they also be in us, so that the world may believe that you have sent me. The glory that you have given me I have given them, so that they may be one, as we are one, I in them and you in me, that they may become completely one, so that the world may know that you have sent me and have loved them even as you have loved me.

Â Â *John 17.18-23*

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Â Â *Or, on any Thursday*

Â Â Just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body.

Â Â *1 Corinthians 12.12,13a*

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Â Â **Response** Â

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Â Â *Silence, study, song, or words from Scripture, such as*

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Â Â Jesus said, I am the gate for the sheep.

All Â **I came that they may have life, and have it abundantly.**

Â Â *John 10.7,10b*

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Â Â **Prayers** Â

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Â Â *Prayers may include these concerns:*

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Â Â Â¶ *Local government, community leaders*

Â Â Â¶ *All who provide local services*

Â Â Â¶ *Those who work with young or elderly people*

Â Â Â¶ *Schools, colleges and universities*

Â Â Â¶ *Emergency and rescue organizations*

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Â Â *A form of intercession found [here](#) may be used.*

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Â Â *Either, the following prayer is said*

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Â Â O gracious and holy Father,

Â Â give us wisdom to perceive you,

Â Â diligence to seek you,

Â Â patience to wait for you,

Â Â eyes to behold you,

Â Â a heart to meditate upon you,

Â Â and a life to proclaim you,

Â Â through the power of the Spirit

Â Â of Jesus Christ our Lord.

All Â **Amen.**

Â Â *Benedict of Nursia (c.550)*

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Â Â *Or, the Collect of the day is said*

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Eternal God,

who bestowed such grace upon your servant Etheldreda

that she gave herself wholly to the life of prayer

Â Â Â Â Â Â and to the service of your true religion:

grant that we, like her,

may so live our lives on earth seeking your kingdom

Â Â that by your guiding

we may be joined to the glorious fellowship of your saints;

through Jesus Christ your Son our Lord,

who is alive and reigns with you,

in the unity of the Holy Spirit,

one God, now and for ever.

All Amen.

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Â Â *The Lord's Prayer is said.*

Â Â Â

Â Â (Either)

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Â Â As our Saviour taught us, so we pray

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All **Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

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Â Â (or)

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Â Â Let us pray with confidence as our Saviour has taught us

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All **Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

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Â Â **The Conclusion**

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Â Â May God kindle in us the fire of love.

All Â **Amen.**

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