

☩ Morning Prayer on Tuesday

Tuesday, 28 June 2022

Irenaeus, Bishop of Lyons, Teacher of the Faith, c.200 [Lesser Festival]

Preparation

O Lord, open our lips

And our mouth shall proclaim your praise.

[The Acclamation of Christ at the Dawning of the Day \(page 108\)](#) may replace the Preparation as the start of Morning Prayer on any occasion.

One or more of the following is said or sung:

One of these prayers of thanksgiving (page 109),

Blessed are you, Sovereign God, creator of all,

to you be glory and praise for ever.

You founded the earth in the beginning

and the heavens are the work of your hands.

In the fullness of time you made us in your image,

and in these last days you have spoken to us

in your Son Jesus Christ, the Word made flesh.

As we rejoice in the gift of your presence among us

let the light of your love always shine in our hearts,

your Spirit ever renew our lives

and your praises ever be on our lips.

Blessed be God, Father, Son and Holy Spirit.

All Blessed be God for ever.

(or)

Blessed are you, creator of all,

to you be praise and glory for ever.

As your dawn renews the face of the earth

bringing light and life to all creation,

may we rejoice in this day you have made;

as we wake refreshed from the depths of sleep,

open our eyes to behold your presence
and strengthen our hands to do your will,
that the world may rejoice and give you praise.

Blessed be God, Father, Son and Holy Spirit.

All Blessed be God for ever.

after Lancelot Andrewes (1626)

or a suitable hymn,

or A Song of God's Righteousness

1 Bless the Lord, O my soul, â€!
and all that is within me bless his holy name.

2 Bless the Lord, O my soul, â€!
and forget not all his benefits;

3 Who forgives all your sins â€!
and heals all your infirmities;

4 Who redeems your life from the Pit â€!
and crowns you with faithful love and compassion;

5 Who satisfies you with good things, â€!
so that your youth is renewed like an eagle's.

6 The Lord executes righteousness â€!
and judgement for all who are oppressed.

7 He made his ways known to Moses â€!
and his works to the children of Israel.

8 The Lord has established his throne in heaven, â€!
and his kingdom has dominion over all.

9 Bless the Lord, you angels of his, â€!
you mighty ones who do his bidding
and hearken to the voice of his word.

10 Bless the Lord, all you his hosts, â€!
you ministers of his who do his will.

11 Bless the Lord, all you works of his,
in all places of his dominion; â€!

bless the Lord, O my soul.

Psalm 103.1-7, 19-22

All Glory to the Father and to the Son

and to the Holy Spirit;

as it was in the beginning is now

and shall be for ever. Amen.

This opening prayer may be said

The night has passed, and the day lies open before us;

let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,

so may the light of your presence, O God,

set our hearts on fire with love for you;

now and for ever.

All Amen.

The Word of God

Psalmody

The appointed psalmody is said.

Psalm 48

Refrain: We have waited on your loving-kindness, O God.

1 Great is the Lord and highly to be praised, ^â ^â!

in the city of our God.

2 His holy mountain is fair and lifted high, ^â ^â!

the joy of all the earth.

3 On Mount Zion, the divine dwelling place, ^â ^â!

stands the city of the great king.

4 In her palaces God has shown himself ^â ^â!

to be a sure refuge. ^â R

5 For behold, the kings of the earth assembled
and swept forward together.

6 They saw, and were dumbfounded;
dismayed, they fled in terror.

7 Trembling seized them there;
they writhed like a woman in labour,
as when the east wind shatters the ships of Tarshish.

8 As we had heard, so have we seen
in the city of the Lord of hosts, the city of our God:
God has established her for ever.

9 We have waited on your loving-kindness, O God,
in the midst of your temple.

10 As with your name, O God,
so your praise reaches to the ends of the earth;
your right hand is full of justice.

11 Let Mount Zion rejoice and the daughters of Judah be glad,
because of your judgements, O Lord.

12 Walk about Zion and go round about her;
count all her towers;
consider well her bulwarks; pass through her citadels,

13 That you may tell those who come after
that such is our God for ever and ever.
It is he that shall be our guide for evermore.

Refrain: We have waited on your loving-kindness, O God.

Father of lights,
raise us with Christ to your eternal city,
that, with kings and nations,
we may wait in the midst of your temple
and see your glory for ever and ever.

Psalm 52

Refrain: I trust in the goodness of God for ever and ever.

1 Why do you glory in evil, you tyrant,Â â! while the goodness of God endures continually?

2 You plot destruction, you deceiver;Â â! your tongue is like a sharpened razor.

3 You love evil rather than good,Â â! falsehood rather than the word of truth.

4 You love all words that hurt,Â â! O you deceitful tongue.

5 Therefore God shall utterly bring you down;Â â! he shall take you and pluck you out of your tent and root you out of the land of the living.

6 The righteous shall see this and tremble;Â â! they shall laugh you to scorn, and say:

7 ââThis is the one who did not take God for a refuge,Â â! but trusted in great riches and relied upon wickedness.ââ

8 But I am like a spreading olive tree in the house of God;Â â! I trust in the goodness of God for ever and ever.

9 I will always give thanks to you for what you have done;Â â! I will hope in your name, for your faithful ones delight in it.

Refrain: I trust in the goodness of God for ever and ever.

Faithful and steadfast God,
nourish your people in this wicked world,
and, through prayer and the Scriptures,
give us our daily bread;
through Jesus Christ our Lord.

Each psalm or group of psalms may end with

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

If there are two Scripture readings, the first may be read here, or both may be read after the canticle.

Judges 4.1-23

The Israelites again did what was evil in the sight of the Lord, after Ehud died. So the Lord sold them into the hand of King Jabin of Canaan, who reigned in Hazor; the commander of his army was Sisera, who lived in Harosheth-ha-goiim. Then the Israelites cried out to the Lord for help; for he had nine hundred chariots of iron, and had oppressed the Israelites cruelly for twenty years.

At that time Deborah, a prophetess, wife of Lappidoth, was judging Israel. She used to sit under the palm of Deborah between Ramah and Bethel in the hill country of Ephraim; and the Israelites came up to her for judgement. She sent and summoned Barak son of Abinoam from Kedesh in Naphtali, and said to him, "The Lord, the God of Israel, commands you, 'Go, take position at Mount Tabor, bringing ten thousand from the tribe of Naphtali and the tribe of Zebulun. I will draw out Sisera, the general of Jabin's army, to meet you by the Wadi Kishon with his chariots and his troops; and I will give him into your hand.'" Barak said to her, "If you will go with me, I will go; but if you will not go with me, I will not go." And she said, "I will surely go with you; nevertheless, the road on which you are going will not lead to your glory, for the Lord will sell Sisera into the hand of a woman." Then Deborah got up and went with Barak to Kedesh. Barak summoned Zebulun and Naphtali to Kedesh; and ten thousand warriors went up behind him; and Deborah went up with him.

Now Heber the Kenite had separated from the other Kenites, that is, the descendants of Hobab the father-in-law of Moses, and had encamped as far away as Elon-bezaananim, which is near Kedesh.

When Sisera was told that Barak son of Abinoam had gone up to Mount Tabor, Sisera called out all his chariots, nine hundred chariots of iron, and all the troops who were with him, from Harosheth-ha-goiim to the Wadi Kishon. Then Deborah said to Barak, "Up! For this is the day on which the Lord has given Sisera into your hand. The Lord is indeed going out before you." So Barak went down from Mount Tabor with ten thousand warriors following him. And the Lord threw Sisera and all his chariots and all his army into a panic before Barak; Sisera got down from his chariot and fled away on foot, while Barak pursued the chariots and the army to Harosheth-ha-goiim. All the army of Sisera fell by the sword; no one was left.

Now Sisera had fled away on foot to the tent of Jael wife of Heber the Kenite; for there was peace between King Jabin of Hazor and the clan of Heber the Kenite. Jael came out to meet Sisera, and said to him, "Turn aside, my lord, turn aside to me; have no fear." So he turned aside to her into the tent, and she covered him with a rug. Then he said to her, "Please give me a little water to drink; for I am thirsty." So she opened a skin of milk and gave him a drink and covered him. He said to her, "Stand at the entrance of the tent, and if anybody comes and asks you, 'Is anyone here?' say, 'No.'" So Jael wife of Heber took a tent-peg, and took a hammer in her hand, and went softly to him and drove the peg into his temple, until it went down into the ground—he was lying fast asleep from weariness—and he died. Then, as Barak came in pursuit of Sisera, Jael went out to meet him, and said to him, "Come, and I will show you the man whom you are seeking." So he went into her tent; and there was Sisera lying dead, with the tent-peg in his temple.

So on that day God subdued King Jabin of Canaan before the Israelites.

Canticle

A Song of Peace, or another suitable canticle, for example, [number 26 \(page 577\)](#), may be said

Refrain:

All Spirit of God, teach us your ways,
that we may walk in the paths of peace.

1 Come, let us go up to the mountain of God, â€¦
to the house of the God of Jacob;

2 That God may teach us his ways, â€¦
and that we may walk in his paths.

3 For the law shall go out from Zion, â€¦
and the word of the Lord from Jerusalem.

4 God shall judge between the nations, â€¦
and shall mediate for many peoples.

5 They shall beat their swords into ploughshares, â€¦
and their spears into pruning hooks.

6 Nation shall not lift up sword against nation, â€¦
neither shall they learn war any more.

7 O people of Jacob, come: â€¦
let us walk in the light of the Lord.

Isaiah 2.3-5

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

All Spirit of God, teach us your ways,
that we may walk in the paths of peace.

Scripture Reading

One or more readings appointed for the day are read.

The reading(s) may be followed by a time of silence.

Luke 13.10-21

Now he was teaching in one of the synagogues on the sabbath. And just then there appeared a woman with a spirit that had crippled her for eighteen years. She

was bent over and was quite unable to stand up straight. When Jesus saw her, he called her over and said, "Woman, you are set free from your ailment." When he laid his hands on her, immediately she stood up straight and began praising God. But the leader of the synagogue, indignant because Jesus had cured on the sabbath, kept saying to the crowd, "There are six days on which work ought to be done; come on those days and be cured, and not on the sabbath day." But the Lord answered him and said, "You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to give it water? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen long years, be set free from this bondage on the sabbath day?" When he said this, all his opponents were put to shame; and the entire crowd was rejoicing at all the wonderful things that he was doing.

He said therefore, "What is the kingdom of God like? And to what should I compare it? It is like a mustard seed that someone took and sowed in the garden; it grew and became a tree, and the birds of the air made nests in its branches."

And again he said, "To what should I compare the kingdom of God? It is like yeast that a woman took and mixed in with three measures of flour until all of it was leavened."

A suitable song or chant, or a responsory in this or another form, may follow

Open my eyes, O Lord

that I may see the wonders of your law.

All Open my eyes, O Lord

that I may see the wonders of your law.

Lead me in the path of your commandments

All that I may see the wonders of your law.

Glory to the Father and to the Son

and to the Holy Spirit.

All Open my eyes, O Lord

that I may see the wonders of your law.

from Psalm 119

Gospel Cantic

The Benedictus (The Song of Zechariah) is normally said,

or [The Song of Christ's Glory \(page 619\)](#) may be said

Refrain:

All Those who are wise will shine as brightly as the heavens,
and those who have instructed many in virtue will shine like stars
for all eternity.

1 Blessed be the Lord the God of Israel, "I

who has come to his people and set them free.

2He has raised up for us a mighty Saviour, â€¦
born of the house of his servant David.

3Through his holy prophets God promised of old â€¦
to save us from our enemies,
from the hands of all that hate us,

4To show mercy to our ancestors, â€¦
and to remember his holy covenant.

5This was the oath God swore to our father Abraham: â€¦
to set us free from the hands of our enemies,

6Free to worship him without fear, â€¦
holy and righteous in his sight
all the days of our life.

7And you, child, shall be called the prophet of the Most High, â€¦
for you will go before the Lord to prepare his way,

8To give his people knowledge of salvation â€¦
by the forgiveness of all their sins.

9In the tender compassion of our God â€¦
the dawn from on high shall break upon us,

10To shine on those who dwell in darkness and the shadow of death, â€¦
and to guide our feet into the way of peace.

Luke 1.68-79

AllGlory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

Refrain:

All Those who are wise will shine as brightly as the heavens,
and those who have instructed many in virtue will shine like stars
for all eternity.

Prayers

Intercessions are offered

Â¶ for the day and its tasks

Â¶ for the world and its needs

Â¶ for the Church and her life

Prayers may include the following concerns from the [cycle on pages 362â363](#)

Â¶ All who are sick in body, mind or spirit

Â¶ Those in the midst of famine or disaster

Â¶ Victims of abuse and violence, intolerance and prejudice

Â¶ Those who are bereaved

Â¶ All who work in the medical and healing professions

One of the forms of prayer found [on pages 362â371](#) may be used.

These responses may be used

Lord, in your mercy

hear our prayer

(or)

Lord, hear us.

Lord, graciously hear us.

Silence may be kept.

The Collect of the day is said

God of peace,
who through the ministry of your servant Irenæus
strengthened the true faith
and brought harmony to your Church:
keep us steadfast in your true religion,
and renew us in faith and love,
that we may always walk in the way that leads to eternal life;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
All Amen.

The Lord's Prayer is said

As our Saviour taught us, so we pray

All Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.

(or)

Let us pray with confidence as our Saviour has taught us

All Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.

Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

The Conclusion

The Lord bless us, and preserve us from all evil,
and keep us in eternal life.
AllAmen.

Let us bless the Lord.
AllThanks be to God.

Â© The Archbishops' Council of the Church of England, 2000-2005
Official Common Worship apps, books and eBooks are available from [Church House Publishing](#).

The Bible readings (other than the psalms) are from *The New Revised Standard Version Anglicized Edition*, copyright 1989, 1995 Division of Christian Education of the [National Council of the Churches of Christ in the United States of America](#). Used by permission. All rights reserved.

Implemented by Simon Kershaw at [Crucix](#).
Implementation copyright Â© Simon Kershaw, 2002-2021.

[View other services](#)

[Copy to clipboard](#)

Source URL: <https://www.churchofengland.org/prayer-and-worship/join-us-in-daily-prayer/morning-prayer-contemporary-tuesday-28-june-2022>