Morning Prayer on Saturday

Saturday, 2 July 2022

Preparation

O Lord, open our lips
All and our mouth shall proclaim your praise.

The Acclamation of Christ at the Dawning of the Day (page 108) may replace the Preparation as the start of Morning Prayer on any occasion.

One or more of the following is said or sung:

One of these prayers of thanksgiving (page 109),

Blessed are you, Sovereign God, creator of all,
to you be glory and praise for ever.
You founded the earth in the beginning
and the heavens are the work of your hands.
In the fullness of time you made us in your image,
and in these last days you have spoken to us
in your Son Jesus Christ, the Word made flesh.
As we rejoice in the gift of your presence among us
let the light of your love always shine in our hearts,
your Spirit ever renew our lives
and your praises ever be on our lips.
Blessed be God, Father, Son and Holy Spirit.
AllBlessed be God for ever.

(or)

Blessed are you, creator of all,
to you be praise and glory for ever.
As your dawn renews the face of the earth
bringing light and life to all creation,
may we rejoice in this day you have made;
as we wake refreshed from the depths of sleep,
open our eyes to behold your presence
and strengthen our hands to do your will,
that the world may rejoice and give you praise.
Blessed be God, Father, Son and Holy Spirit.
All
Blessed be God for ever.

after Lancelot Andrewes (1626)

or a suitable hymn,
or A Song of God's Praise

1 O God, you are my God; eagerly I seek you; ♦
my soul is athirst for you.

2 My flesh also faints for you, ♦
as in a dry and thirsty land where there is no water.

3 So would I gaze upon you in your holy place, ♦
that I might behold your power and your glory.

4 Your loving-kindness is better than life itself ♦
and so my lips shall praise you.

5 I will bless you as long as I live ♦
and lift up my hands in your name.

6 My soul shall be satisfied, as with marrow and fatness, ♦
and my mouth shall praise you with joyful lips,

7 When I remember you upon my bed ♦
and meditate on you in the watches of the night.

8 For you have been my helper ♦
and under the shadow of your wings will I rejoice.

9 My soul clings to you; ♦
your right hand shall hold me fast.

Psalm 63.1-9

All
Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.
This opening prayer may be said

The night has passed, and the day lies open before us; let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. Amen.

The Word of God

Psalmody

The appointed psalmody is said.

Psalm 68

Refrain: Sing to God, sing praises to his name.

1 Let God arise and let his enemies be scattered; let those that hate him flee before him.

2 As the smoke vanishes, so may they vanish away; as wax melts at the fire, so let the wicked perish at the presence of God.

3 But let the righteous be glad and rejoice before God; let them make merry with gladness.

4 Sing to God, sing praises to his name; exalt him who rides on the clouds. The Lord is his name; rejoice before him.

5 Father of the fatherless, defender of widows; God in his holy habitation!

6 God gives the solitary a home and brings forth prisoners to songs of welcome; but the rebellious inhabit a burning desert.
7 O God, when you went forth before your people, when you marched through the wilderness,

8 The earth shook and the heavens dropped down rain, at the presence of God, the Lord of Sinai; at the presence of God, the God of Israel.

9 You sent down a gracious rain, O God; you refreshed your inheritance when it was weary.

10 Your people came to dwell there; in your goodness, O God, you provide for the poor.

11 The Lord gave the word; great was the company of women who bore the tidings; kings and their armies they flee, they flee! and women at home are dividing the spoil.

12 Though you stayed among the sheepfolds, see now a dove’s wings covered with silver and its feathers with green gold.

13 When the Almighty scattered the kings, it was like snowflakes falling on Zalmon.

14 You mighty mountain, great mountain of Bashan! You towering mountain, great mountain of Bashan!

15 Why look with envy, you towering mountains, at the mount which God has desired for his dwelling, the place where the Lord will dwell for ever?

16 The chariots of God are twice ten thousand, even thousands upon thousands; the Lord is among them, the Lord of Sinai in holy power.

17 You have gone up on high and led captivity captive; you have received tribute, even from those who rebelled, that you may reign as Lord and God.

18 Blessed be the Lord who bears our burdens day by day, for God is our salvation.
19 God is for us the God of our salvation; God is the Lord who can deliver from death.

20 God will smite the head of his enemies; the hairy scalp of those who walk in wickedness.

21 The Lord has said, From the heights of Bashan, from the depths of the sea will I bring them back,

22 Till you dip your foot in blood, and the tongue of your dogs has a taste of your enemies.

23 We see your solemn processions, O God, your processions into the sanctuary, my God and my King.

24 The singers go before, the musicians follow after, in the midst of maidens playing on timbrels.

25 In your companies, bless your God; bless the Lord, you that are of the fount of Israel.

26 At the head there is Benjamin, least of the tribes, the princes of Judah in joyful company, the princes of Zebulun and Naphtali.

27 Send forth your strength, O God; establish, O God, what you have wrought in us.

28 For your temple's sake in Jerusalem, kings shall bring their gifts to you.

29 Drive back with your word the wild beast of the reeds, the herd of the bull-like, the brutish hordes.

30 Trample down those who lust after silver; scatter the peoples that delight in war.

31 Vessels of bronze shall be brought from Egypt; Ethiopia will stretch out her hands to God.

32 Sing to God, you kingdoms of the earth; make music in praise of the Lord;

33 He rides on the ancient heaven of heavens.
and sends forth his voice, a mighty voice.

34 Ascribe power to God, whose splendour is over Israel; whose power is above the clouds.

35 How terrible is God in his holy sanctuary; the God of Israel, who gives power and strength to his people!

Blessed be God.

Refrain: Sing to God, sing praises to his name.

Blessed are you, gracious God;
you make your home among the weak,
you deliver us from death,
you bring us joy beyond our imagining
to the praise of Jesus Christ our Lord.

Each psalm or group of psalms may end with

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

If there are two Scripture readings, the first may be read here, or both may be read after the canticle.

Judges 7

Then Jerubbaal (that is, Gideon) and all the troops that were with him rose early and encamped beside the spring of Harod; and the camp of Midian was north of them, below the hill of Moreh, in the valley.

The Lord said to Gideon, 'The troops with you are too many for me to give the Midianites into their hand. Israel would only take the credit away from me, saying, “My own hand has delivered me.” Now therefore proclaim this in the hearing of the troops, “Whoever is fearful and trembling, let him return home.”' Thus Gideon sifted them out; twenty-two thousand returned, and ten thousand remained.

Then the Lord said to Gideon, 'The troops are still too many; take them down to the water and I will sift them out for you there. When I say, “This one shall go with you,” he shall go with you; and when I say, “This one shall not go with you,” he shall not go. So he brought the troops down to the water; and the Lord said to Gideon, “All those who lap the water with their tongues, as a dog laps, you shall put to one side; all those who kneel down to drink, putting their hands to their mouths, you shall put to the other side.” The number of those that lapped was three hundred; but all the rest of the troops knelt down to drink water. Then the Lord said to Gideon, “With the three hundred that lapped I will deliver you, and give the Midianites into your hand. Let all the others go to their homes.” So he took the jars of the troops from their hands, and their trumpets; and he sent all the rest of Israel back to their own tents, but retained the three hundred. The camp of Midian was below him in the valley.
That same night the Lord said to him, "Get up, attack the camp; for I have given it into your hand. But if you fear to attack, go down to the camp with your servant Purah; and you shall hear what they say, and afterwards your hands shall be strengthened to attack the camp." Then he went down with his servant Purah to the outposts of the armed men that were in the camp. The Midianites and the Amalekites and all the people of the east lay along the valley as thick as locusts; and their camels were without number, countless as the sand on the seashore. When Gideon arrived, there was a man telling a dream to his comrade; and he said, "I had a dream, and in it a cake of barley bread tumbled into the camp of Midian, and came to the tent, and struck it so that it fell; it turned upside down, and the tent collapsed." And his comrade answered, "This is no other than the sword of Gideon son of Joash, a man of Israel; into his hand God has given Midian and all the army."  

When Gideon heard the telling of the dream and its interpretation, he worshipped; and he returned to the camp of Israel, and said, "Get up; for the Lord has given the army of Midian into your hand." After he divided the three hundred men into three companies, and put trumpets into the hands of all of them, and empty jars, with torches inside the jars, he said to them, "Look at me, and do the same; when I come to the outskirts of the camp, do as I do. When I blow the trumpet, I and all who are with me, then you also blow the trumpets around the whole camp, and shout, "For the Lord and for Gideon!""

So Gideon and the hundred who were with him came to the outskirts of the camp at the beginning of the middle watch, when they had just set the watch; and they blew the trumpets and smashed the jars that were in their hands. So the three companies blew the trumpets and broke the jars, holding in their left hands the torches, and in their right hands the trumpets to blow; and they cried, "A sword for the Lord and for Gideon!" Every man stood in his place all around the camp, and all the men in camp ran; they cried out and fled. When they blew the three hundred trumpets, the Lord set every man's sword against his fellow and against all the army; and the army fled as far as Beth-shittah towards Zererah, as far as the border of Abel-meholah, by Tabbath. And the men of Israel were called out from Naphtali and from Asher and from all Manasseh, and they pursued after the Midianites.

Then Gideon sent messengers throughout all the hill country of Ephraim, saying, "Come down against the Midianites and seize the waters against them, as far as Beth-barah, and also the Jordan." So all the men of Ephraim were called out, and they seized the waters as far as Beth-barah, and also the Jordan. They captured the two captains of Midian, Oreb and Zeeb; they killed Oreb at the rock of Oreb, and Zeeb they killed at the wine press of Zeeb, as they pursued the Midianites. They brought the heads of Oreb and Zeeb to Gideon beyond the Jordan.

Canticle

A Song of Jerusalem our Mother, or another suitable canticle, for example, number 48 (page 600), may be said

Refrain:

AllThus says our God, I will comfort you,
you shall see and your heart shall rejoice.

1Rejoice with Jerusalem and be glad for her; all you who love her, says the Lord.

2Rejoice with her in joy; all you who mourn over her,

3That you may drink deeply with delight from her consoling breast.
4 For thus says our God, "You shall be nursed and carried on her arm.  

5 As a mother comforts her children, so I will comfort you;  

6 You shall see and your heart shall rejoice; you shall flourish like the grass of the fields.

Isaiah 66.10, 11a, 12a, 13a, 14a, b

All Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.

All Thus says our God, I will comfort you,  
you shall see and your heart shall rejoice.

**Scripture Reading**

One or more readings appointed for the day are read.

The reading(s) may be followed by a time of silence.

**Luke 14.25-end**

Now large crowds were travelling with him; and he turned and said to them, "Whoever comes to me and does not hate father and mother, wife and children, brothers and sisters, yes, and even life itself, cannot be my disciple. Whoever does not carry the cross and follow me cannot be my disciple. For which of you, intending to build a tower, does not first sit down and estimate the cost, to see whether he has enough to complete it? Otherwise, when he has laid a foundation and is not able to finish, all who see it will begin to ridicule him, saying, 'This fellow began to build and was not able to finish.' Or what king, going out to wage war against another king, will not sit down first and consider whether he is able with ten thousand to oppose the one who comes against him with twenty thousand? If he cannot, then, while the other is still far away, he sends a delegation and asks for the terms of peace. So therefore, none of you can become my disciple if you do not give up all your possessions.

Salt is good; but if salt has lost its taste, how can its saltiness be restored? It is fit neither for the soil nor for the manure heap; they throw it away. Let anyone with ears to hear listen!

A suitable song or chant, or a responsory in this or another form, may follow

Your salvation is near to those who fear you;  
that glory may dwell in our land.

All Your salvation is near to those who fear you;
that glory may dwell in our land.

Mercy and truth have met together;
righteousness and peace have kissed each other.
AllThat glory may dwell in our land.
Glory to the Father and to the Son
and to the Holy Spirit.
AllYour salvation is near to those who fear you;
that glory may dwell in our land.

from Psalm 85

**Gospel Canticle**

The Benedictus (The Song of Zechariah) is normally said,
or the Te Deum Laudamus (A Song of the Church) (page 636) may be said

**Refrain:**

AllShine on us, O God, who dwell in darkness,
and guide us into the way of peace.

1Blessed be the Lord the God of Israel, ♦ who has come to his people and set them free.

2He has raised up for us a mighty Saviour, ♦ born of the house of his servant David.

3Through his holy prophets God promised of old ♦ to save us from our enemies,
from the hands of all that hate us,

4To show mercy to our ancestors, ♦ and to remember his holy covenant.

5This was the oath God swore to our father Abraham: ♦ to set us free from the hands of our enemies,

6Free to worship him without fear, ♦ holy and righteous in his sight
all the days of our life.

7And you, child, shall be called the prophet of the Most High, ♦ for you will go before the Lord to prepare his way,
8 To give his people knowledge of salvation by the forgiveness of all their sins.

9 In the tender compassion of our God the dawn from on high shall break upon us,

10 To shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Luke 1.68-79

All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

Refrain:

All Shine on us, O God, who dwell in darkness, and guide us into the way of peace.

Prayers

Intercessions are offered

¶ for the day and its tasks
¶ for the world and its needs
¶ for the Church and her life

Prayers may include the following concerns from the cycle on pages 362-363:

¶ Our homes, families, friends and all whom we love
¶ Those whose time is spent caring for others
¶ Those who are close to death
¶ Those who have lost hope
¶ The worship of the Church

One of the forms of prayer found on pages 362–363 may be used.

These responses may be used

Lord, in your mercy

hear our prayer

(or)
Lord, hear us.
Lord, graciously hear us.

Silence may be kept.

The Collect of the day is said

Lord, you have taught us
that all our doings without love are nothing worth:

send your Holy Spirit
and pour into our hearts that most excellent gift of love,
the true bond of peace and of all virtues,
without which whoever lives is counted dead before you.

Grant this for your only Son Jesus Christ's sake,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

All Amen.

The Lord's Prayer is said

As our Saviour taught us, so we pray

All Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.

Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.

Amen.

(or)

Let us pray with confidence as our Saviour has taught us
All
Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

The Conclusion

The Lord bless us, and preserve us from all evil,
and keep us in eternal life.
All
Amen.

Let us bless the Lord.
All
Thanks be to God.

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