Morning Prayer on Friday

Friday, 8 July 2022

Preparation

O Lord, open our lips
Alland our mouth shall proclaim your praise.

The Acclamation of Christ at the Dawning of the Day (page 108) may replace the Preparation as the start of Morning Prayer on any occasion.

One or more of the following is said or sung:

One of these prayers of thanksgiving (page 109),

Blessed are you, Sovereign God, creator of all,
to you be glory and praise for ever.
You founded the earth in the beginning
and the heavens are the work of your hands.
In the fullness of time you made us in your image,
and in these last days you have spoken to us
in your Son Jesus Christ, the Word made flesh.
As we rejoice in the gift of your presence among us
let the light of your love always shine in our hearts,
your Spirit ever renew our lives
and your praises ever be on our lips.
Blessed be God, Father, Son and Holy Spirit.
AllBlessed be God for ever.

(or)

Blessed are you, creator of all,
to you be praise and glory for ever.
As your dawn renews the face of the earth
bringing light and life to all creation,
may we rejoice in this day you have made;
as we wake refreshed from the depths of sleep,
open our eyes to behold your presence
and strengthen our hands to do your will,
that the world may rejoice and give you praise.
Blessed be God, Father, Son and Holy Spirit.
AllBlessed be God for ever.

after Lancelot Andrewes (1626)

or a suitable hymn,
or the Venite ♦ A Song of Triumph

1 O come, let us sing to the Lord; ♦
   let us heartily rejoice in the rock of our salvation.

2 Let us come into his presence with thanksgiving ♦
   and be glad in him with psalms.

3 For the Lord is a great God ♦
   and a great king above all gods.

4 In his hand are the depths of the earth ♦
   and the heights of the mountains are his also.

5 The sea is his, for he made it, ♦
   and his hands have moulded the dry land.

6 Come, let us worship and bow down ♦
   and kneel before the Lord our Maker.

7 For he is our God; ♦
   we are the people of his pasture and the sheep of his hand.

The canticle may end here.

8 O that today you would listen to his voice: ♦
   ♦ Harden not your hearts as at Meribah,
on that day at Massah in the wilderness,

9 When your forebears tested me, and put me to the prodigy;
   though they had seen my works.

10 Forty years long I detested that generation and said ♦
   ♦ This people are wayward in their hearts;
   they do not know my ways. ♦
So I swore in my wrath,
They shall not enter into my rest.

Psalm 95

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

This opening prayer may be said

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.

Amen.

The Word of God

Psalmody

The appointed psalmody is said.

Psalm 55

Refrain: Cast your burden upon the Lord and he will sustain you.

1 Hear my prayer, O God;
hide not yourself from my petition.

2 Give heed to me and answer me;
I am restless in my complaining.

3 I am alarmed at the voice of the enemy
and at the clamour of the wicked;

4 For they would bring down evil upon me;
and are set against me in fury.

5 My heart is disquieted within me, and the terrors of death have fallen upon me.

6 Fearfulness and trembling are come upon me, and a horrible dread has overwhelmed me. 

7 And I said: that I had wings like a dove, for then would I fly away and be at rest.

8 Then would I flee far away, and make my lodging in the wilderness.

9 would make haste to escape from the stormy wind and tempest.

10 Confuse their tongues, O Lord, and divide them, for I have seen violence and strife in the city.

11 Day and night they go about on her walls; mischief and trouble are in her midst.

12 Wickedness walks in her streets; oppression and guile never leave her squares. 

13 For it was not an open enemy that reviled me, for then I could have borne it;

14 Nor was it my adversary that puffed himself up against me, for then I would have hid myself from him.

15 But it was even you, one like myself, my companion and my own familiar friend.

16 We took sweet counsel together and walked with the multitude in the house of God.

17 Let death come suddenly upon them; let them go down alive to the Pit; for wickedness inhabits their dwellings, their very hearts. 

18 As for me, I will call upon God and the Lord will deliver me.
19 In the evening and morning and at noonday
I will pray and make my supplication;
and he shall hear my voice.

20 He shall redeem my soul in peace
from the battle waged against me;
for many have come upon me.

21 God, who is enthroned of old,
will hear and bring them down;
they will not repent, for they have no fear of God.

22 My companion stretched out his hands against his friend
and has broken his covenant;

23 His speech was softer than butter, though war was in his heart;
his words were smoother than oil, yet are they naked swords.

24 Cast your burden upon the Lord and he will sustain you,
and will not let the righteous fall for ever.

25 But those that are bloodthirsty and deceitful, O God,
you will bring down to the pit of destruction.

26 They shall not live out half their days,
but my trust shall be in you, O Lord.

Refrain: Cast your burden upon the Lord and he will sustain you.

Lord, in all times of fear and dread,
grant that we may so cast our burdens upon you,
that you may bear us on the holy wings of the Spirit
to the stronghold of your peace;
through Jesus Christ our Lord.

Each psalm or group of psalms may end with

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

If there are two Scripture readings, the first may be read here, or both may be read after the canticle.
Then the spirit of the Lord came upon Jephthah, and he passed through Gilead and Manasseh. He passed on to Mizpah of Gilead, and from Mizpah of Gilead he passed on to the Ammonites. And Jephthah made a vow to the Lord, and said, If you will give the Ammonites into my hand, then whoever comes out of the doors of my house to meet me, when I return victorious from the Ammonites, shall be the Lord's, to be offered up by me as a burnt-offering. So Jephthah crossed over to the Ammonites to fight against them; and the Lord gave them into his hand. He inflicted a massive defeat on them from Aroer to the neighbourhood of Minnith, twenty towns, and as far as Abel-keramim. So the Ammonites were subdued before the people of Israel.

Then Jephthah came to his home at Mizpah; and there was his daughter coming out to meet him with timbrels and with dancing. She was his only child; he had no son or daughter except her. When he saw her, he tore his clothes, and said, Alas, my daughter! You have brought me very low; you have become the cause of great trouble to me. For I have opened my mouth to the Lord, and I cannot take back my vow. She said to him, My father, if you have opened your mouth to the Lord, do to me according to what has gone out of your mouth, now that the Lord has given you vengeance against your enemies, the Ammonites. And she said to her father, Let this thing be done for me: Grant me two months, so that I may go and wander on the mountains, and bewail my virginity, my companions and I. He said and sent her away for two months. So she departed, she and her companions, and bewailed her virginity on the mountains. At the end of two months, she returned to her father, who did with her according to the vow he had made. She had never slept with a man. So there arose an Israelite custom that for four days every year the daughters of Israel would go out to lament the daughter of Jephthah the Gileadite.

Canticle

A Song of Humility, or another suitable canticle, for example, number 33 (page 584), may be said

Refrain:
All Raise us up, O God,
that we may live in your presence.

1 Come, let us return to the Lord;
who has torn us and will heal us.

2 God has stricken us;
and will bind up our wounds.

3 After two days, he will revive us;
and on the third day will raise us up,
that we may live in his presence.

4 Let us strive to know the Lord;
his appearing is as sure as the sunrise.

5 He will come to us like the showers;
like the spring rains that water the earth.
O Ephraim, how shall I deal with you?
How shall I deal with you, O Judah?

Your love for me is like the morning mist,
like the dew that goes early away.

Therefore, I have hewn them by the prophets,
and my judgement goes forth as the light.

For loyalty is my desire and not sacrifice,
and the knowledge of God rather than burnt offerings.

Hosea 6.1-6

All Glory to the Father and to the Son 
and to the Holy Spirit; 
as it was in the beginning is now 
and shall be for ever. Amen.

All Raise us up, O God, 
that we may live in your presence.

Scripture Reading

One or more readings appointed for the day are read.

The reading(s) may be followed by a time of silence.

Luke 17.1-10

Jesus said to his disciples, Occasions for stumbling are bound to come, but woe to anyone by whom they come! It would be better for you if a millstone were hung around your neck and you were thrown into the sea than for you to cause one of these little ones to stumble. Be on your guard! If another disciple sins, you must rebuke the offender, and if there is repentance, you must forgive. And if the same person sins against you seven times a day, and turns back to you seven times and says, repent, you must forgive.

The apostles said to the Lord, Increase our faith! The Lord replied, If you had faith the size of a mustard seed, you could say to this mulberry tree, be uprooted and planted in the sea, and it would obey you.

Among you would you say to your slave who has just come in from ploughing or tending sheep in the field, come here at once and take your place at the table? Would you not rather say to him, prepare supper for me, put on your apron and serve me while I eat and drink; later you may eat and drink? Do you thank the slave for doing what was commanded? So you also, when you have done all that you were ordered to do, say, We are worthless slaves; we have done only what we ought to have done.
A suitable song or chant, or a responsory in this or another form, may follow

Forsake me not, O Lord;
be not far from me, O my God.
AllForsake me not, O Lord;
be not far from me, O my God.
Make haste to help me,
O Lord of my salvation.
AllBe not far from me, O my God.
Glory to the Father and to the Son
and to the Holy Spirit.
AllForsake me not, O Lord;
be not far from me, O my God.

from Psalm 38

Gospel Canticle

The Benedictus (The Song of Zechariah) is normally said,
or A Song of Praise (page 627) may be said

Refrain:

AllGive your people knowledge of salvation, O God,
by the forgiveness of all their sins.

1Blessed be the Lord the God of Israel, ♦
who has come to his people and set them free.

2He has raised up for us a mighty Saviour, ♦
born of the house of his servant David.

3Through his holy prophets God promised of old ♦
to save us from our enemies,
from the hands of all that hate us,

4To show mercy to our ancestors, ♦
and to remember his holy covenant.

5This was the oath God swore to our father Abraham: ♦
to set us free from the hands of our enemies,

6Free to worship him without fear, ♦
holy and righteous in his sight
all the days of our life.

7 And you, child, shall be called the prophet of the Most High, Âµ;
for you will go before the Lord to prepare his way,

8 To give his people knowledge of salvation Âµ;
by the forgiveness of all their sins.

9 In the tender compassion of our God Âµ;
the dawn from on high shall break upon us,

10 To shine on those who dwell in darkness and the shadow of death, Âµ;
and to guide our feet into the way of peace.

Luke 1.68-79

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

Refrain:

All Give your people knowledge of salvation, O God,
by the forgiveness of all their sins.

Prayers

Intercessions are offered
- for the day and its tasks
- for the world and its needs
- for the Church and her life

Prayers may include the following concerns from the cycle on pages 362–363

- The Queen, members of parliament and the armed forces
- Peace and justice in the world
- Those who work for reconciliation
- All whose lives are devastated by war and civil strife
- Prisoners, refugees and homeless people

One of the forms of prayer found on pages 362–363 may be used.
These responses may be used

Lord, in your mercy
hear our prayer

(or)

Lord, hear us.
Lord, graciously hear us.

Silence may be kept.

The Collect of the day is said

Almighty God,
you have broken the tyranny of sin
and have sent the Spirit of your Son into our hearts
whereby we call you Father:
give us grace to dedicate our freedom to your service,
that we and all creation may be brought
to the glorious liberty of the children of God;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
AllAmen.

The Lord's Prayer is said

As our Saviour taught us, so we pray

AllOur Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.

(or)

Let us pray with confidence as our Saviour has taught us

AllOur Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

The Conclusion

The Lord bless us, and preserve us from all evil,
and keep us in eternal life.
AllAmen.

Let us bless the Lord.
AllThanks be to God.

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