Prayer During the Day on Sunday

Sunday, 10 July 2022
The Fourth Sunday after Trinity

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

My heart tells of your word, 'Seek my face.'

Your face, Lord, will I seek.

Psalm 27.10

Praise

A hymn, song, canticle, extempore praise or

We praise you, O God,
we acclaim you as the Lord;
all creation worships you,
the Father everlasting.

to you all angels, all the powers of heaven,
the cherubim and seraphim, sing in endless praise:
Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

from Te Deum Laudamus

The Word of God

Psalmody

Either, on any Sunday Psalm 19

Or, Week 3 Psalm 115.1-13
Alternatively, when Morning and Evening Prayer are also celebrated, one of these cycles may be followed.
Psalm 19

Refrain: The commandment of the Lord is pure
and gives light to the eyes.

1 The heavens are telling the glory of God, and the firmament proclaims his handiwork.

2 One day pours out its song to another, and one night unfolds knowledge to another.

3 They have neither speech nor language, and their voices are not heard,

4 Yet their sound has gone out into all lands and their words to the ends of the world.

5 In them has he set a tabernacle for the sun, that comes forth as a bridegroom out of his chamber and rejoices as a champion to run his course.

6 It goes forth from the end of the heavens and runs to the very end again, and there is nothing hidden from its heat.

7 The law of the Lord is perfect, reviving the soul; the testimony of the Lord is sure and gives wisdom to the simple.

8 The statutes of the Lord are right and rejoice the heart; the commandment of the Lord is pure and gives light to the eyes.

9 The fear of the Lord is clean and endures for ever; the judgements of the Lord are true and righteous altogether.

10 More to be desired are they than gold, more than much fine gold, sweeter also than honey, dripping from the honeycomb.

11 By them also is your servant taught and in keeping them there is great reward.

12 Who can tell how often they offend? O cleanse me from my secret faults!

13 Keep your servant also from presumptuous sins lest they get dominion over me; so shall I be undefiled and innocent of great offence.

14 Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my strength and my redeemer.

Refrain: The commandment of the Lord is pure and gives light to the eyes.

Christ, the sun of righteousness, rise in our hearts this day, enfold us in the brightness of your love and bear us at the last to heaven's horizon; for your love's sake.
Psalm 115.1-13

Refrain: The Lord has been mindful of us and he will bless us.

1 Not to us, Lord, not to us, but to your name give the glory, for the sake of your loving mercy and truth.

2 Why should the nations say, Where is now their God?

3 As for our God, he is in heaven; he does whatever he pleases.

4 Their idols are silver and gold, the work of human hands.

5 They have mouths, but cannot speak; eyes have they, but cannot see;

6 They have ears, but cannot hear; noses have they, but cannot smell;

7 They have hands, but cannot feel; feet have they, but cannot walk; not a whisper do they make from their throats.

8 Those who make them shall become like them and so will all who put their trust in them.

9 But you, Israel, put your trust in the Lord; he is their help and their shield.

10 House of Aaron, trust in the Lord; he is their help and their shield.

11 You that fear the Lord, trust in the Lord; he is their help and their shield.

12 The Lord has been mindful of us and he will bless us; may he bless the house of Israel;

13 May he bless those who fear the Lord, both small and great together.

Refrain: The Lord has been mindful of us and he will bless us.
Each psalm or group of psalms may end with

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

All

Short readings

Week Three

The man went away and told the Jews that it was Jesus who had made him well. Therefore the Jews started persecuting Jesus, because he was doing such things on the sabbath. But Jesus answered them, My Father is still working, and I also am working. For this reason the Jews were seeking all the more to kill him, because he was not only breaking the sabbath, but was also calling God his own Father, thereby making himself equal to God.

John 5.15-18

Or, on any Sunday

Wisdom says, was beside him, like a master worker; and I was daily his delight, rejoicing before him always, rejoicing in his inhabited world and delighting in the human race.

Proverbs 8.30,31

Response

Silence, study, song, or words from Scripture, such as

Jesus said, I am the living bread that came down from heaven.

Whoever eats of this bread will live for ever.

John 6.51a

Prayers

Prayers may include these concerns:

The universal Church
Bishops, synods and all who lead the Church
The leaders of the nations
The natural world and the resources of the earth
All who are in any kind of need

A form of intercession found here may be used.
Either, the following prayer is said

Christ be with me, Christ within me,
Christ behind me, Christ before me,
Christ beside me, Christ to win me,
Christ to comfort and restore me,
Christ beneath me, Christ above me,
Christ in quiet, Christ in danger,
Christ in hearts of all that love me,
Christ in mouth of friend and stranger.

Amen.

from St Patrick's Breastplate

Or, the Collect of the day is said

O God, the protector of all who trust in you,
without whom nothing is strong, nothing is holy:
increase and multiply upon us your mercy;
that with you as our ruler and guide
we may so pass through things temporal
that we lose not our hold on things eternal;
grant this, heavenly Father,
for our Lord Jesus Christ's sake,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

The Lord's Prayer is said.

As our Saviour taught us, so we pray
Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.

(or)

Let us pray with confidence as our Saviour has taught us

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

The Conclusion

May God who made both heaven and earth bless us.

Amen.

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