Evening Prayer on Sunday

Sunday, 10 July 2022
The Fourth Sunday after Trinity

Preparation

O God, make speed to save us.
AllO Lord, make haste to help us.

The Blessing of Light (page 110) may replace the Preparation at Evening Prayer on any occasion.

One or more of the following is said or sung:

A prayer of thanksgiving (page 110),
Blessed are you, Lord God, creator of day and night:
to you be praise and glory for ever.
As darkness falls you renew your promise
to reveal among us the light of your presence.
By the light of Christ, your living Word,
dispel the darkness of our hearts
that we may walk as children of light
and sing your praise throughout the world.
Blessed be God, Father, Son and Holy Spirit:
AllBlessed be God for ever.

or a suitable hymn,
or A Song of Worship

1 Come, bless the Lord, all you servants of the Lord, 
   you that by night stand in the house of the Lord.

2 Lift up your hands towards the sanctuary 
   and bless the Lord.
The Lord who made heaven and earth,
give you blessing out of Zion.

Psalm 134

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

This opening prayer may be said

That this evening may be holy, good and peaceful,
let us pray with one heart and mind.

Silence is kept.

As our evening prayer rises before you, O God,
so may your mercy come down upon us
to cleanse our hearts
and set us free to sing your praise
now and for ever.
All Amen.

The Word of God

Psalmody

The appointed psalmody is said.

Psalm 77*

Refrain: In the day of my trouble I have sought the Lord.

1 I cry aloud to God; 
I cry aloud to God and he will hear me.

2 In the day of my trouble I have sought the Lord;
by night my hand is stretched out and does not tire;
my soul refuses comfort.

3 I think upon God and I groan;
I ponder, and my spirit faints.

4 You will not let my eyelids close; I am so troubled that I cannot speak.

5 I consider the days of old; I remember the years long past;

6 I commune with my heart in the night; my spirit searches for understanding.

7 Will the Lord cast us off for ever? Will he no more show us his favour?

8 Has his loving mercy clean gone for ever? Has his promise come to an end for evermore?

9 Has God forgotten to be gracious? Has he shut up his compassion in displeasure?

10 And I said, “My grief is this: that the right hand of the Most High has lost its strength.”

11 I will remember the works of the Lord and call to mind your wonders of old time.

12 I will meditate on all your works and ponder your mighty deeds.

13 Your way, O God, is holy; who is so great a god as our God?

14 You are the God who worked wonders and declared your power among the peoples.

15 With a mighty arm you redeemed your people, the children of Jacob and Joseph.

16 The waters saw you, O God; the waters saw you and were afraid; the depths also were troubled.
17 The clouds poured out water; the skies thundered;
your arrows flashed on every side;  
18 The voice of your thunder was in the whirlwind; 
your lightnings lit up the ground; 
the earth trembled and shook.  
19 Your way was in the sea, and your paths in the great waters; 
but your footsteps were not known.  
20 You led your people like sheep; 
by the hand of Moses and Aaron. 

Refrain: In the day of my trouble I have sought the Lord. 

God our shepherd,  
you led us and saved us in times of old;  
do not forget your people in their troubles,  
but raise up your power  
to sustain the poor and helpless;  
for the honour of Jesus Christ our Lord. 

Each psalm or group of psalms may end with  

All Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen. 

If there are two Scripture readings, the first may be read here, or both may be read after the canticle. 

**Genesis 32.9-30**

And Jacob said, "God of my father Abraham and God of my father Isaac,  
return to your country and to your kindred, and I will do you good.  
I am not worthy of the least of all the steadfast love and all the faithfulness that you have shown to your servant, for with only my staff I crossed this Jordan;  
and now I have become two companies. Deliver me, please, from the hand of my brother, from the hand of Esau,  
for I am afraid of him; he may come and kill us all,  
the mothers with the children. Yet you have said, "I will surely do you good, and make your offspring as the sand of the sea, which cannot be counted because of their number."

So he spent that night there, and from what he had with him he took a present for his brother Esau, two hundred female goats and twenty male goats, two hundred ewes and twenty rams, thirty milk camels and their colts, forty cows and ten bulls, twenty female donkeys and ten male donkeys. These he delivered into the hand of his servants, each drove by itself, and said to his servants, "Pass on ahead of me, and put a space between drove and drove." He instructed the
foremost, say, They belong to your servant Jacob; they are a present sent to my lord Esau; and moreover he is behind us. He likewise instructed the second and the third and all who followed the droves, You shall say the same thing to Esau when you meet him, and you shall say, Moreover your servant Jacob is behind he thought, may appease him with the present that goes ahead of me, and afterwards I shall see his face; perhaps he will accept me. So the present passed on ahead of him; and he himself spent that night in the camp.

The same night he got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, let me go, for the day is breaking. But Jacob said, will not let you go, unless you bless me. So he said to him, What is your name? And he said, Jacob. Then the man said, You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed. Then Jacob asked him, Please tell me your name. But he said, I will not tell you my name. And there he blessed him. So Jacob called the place Peniel, saying, For I have seen God face to face, and yet my life is preserved.

Canticle

A Song of the Lamb, or another suitable canticle, for example, number 62 (page 620) or number 74 (page 632), may be said

Refrain:

All Let us rejoice and exult and give glory and homage to our God.

1 Salvation and glory and power belong to our God; whose judgements are true and just.

2 Praise our God, all you his servants; all who fear him, both small and great.

3 The Lord our God, the Almighty, reigns; let us rejoice and exult and give him the glory.

4 For the marriage of the Lamb has come; and his bride has made herself ready.

5 Blessed are those who are invited to the wedding banquet of the Lamb.

Revelation 19.1b, 2a, 5b, 6b, 7, 9b

All To the One who sits on the throne and to the Lamb be blessing and honour and glory and might, for ever and ever. Amen.
Let us rejoice and exult and give glory and homage to our God.

**Scripture Reading**

One or more readings appointed for the day are read. The reading(s) may be followed by a time of silence.

**Mark 7.1-23**

Now when the Pharisees and some of the scribes who had come from Jerusalem gathered around him, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes asked him, Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?

He said to them, Isaiah prophesied rightly about you hypocrites, as it is written,

This people honours me with their lips, but their hearts are far from me; in vain do they worship me, teaching human precepts as doctrines.

You abandon the commandment of God and hold to human tradition.

Then he said to them, You have a fine way of rejecting the commandment of God in order to keep your tradition! For Moses said, Honour your father and your mother; and whoever speaks evil of father or mother must surely die. But you say that if anyone tells father or mother, Whatever support you might have from me is Corban (that is, an offering to God) then you no longer permit doing anything for a father or mother, thus making void the word of God through your tradition that you have handed on. And you do many things like this.

Then he called the crowd again and said to them, Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile.

When he had left the crowd and entered the house, his disciples asked him about the parable. He said to them, Then do you also fail to understand? Do you not see that whatever goes into a person from outside cannot defile, since it enters, not the heart but the stomach, and goes out into the sewer? (Thus he declared all foods clean.) And he said, What comes out of a person that defiles. For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person.

A suitable song or chant, or a responsory in this or another form, may follow.

The Lord is my light and my salvation;
the Lord is the strength of my life.

The Lord is my light and my salvation;
the Lord is the strength of my life.
The light shines in the darkness
and the darkness has not overcome it.
All
The Lord is the strength of my life.
Glory to the Father, and to the Son
and to the Holy Spirit.
All
The Lord is my light and my salvation;
the Lord is the strength of my life.

from Psalm 27 and John 1

**Gospel Canticle**

The Magnificat (The Song of Mary) is normally said,
or the **Nunc dimittis (The Song of Simeon) (page 613)** may be said

Refrain:

All
You have done great things, O God,
and holy is your name.

1 My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Saviour; ♦
he has looked with favour on his lowly servant.

2 From this day all generations will call me blessed; ♦
the Almighty has done great things for me
and holy is his name.

3 He has mercy on those who fear him, ♦
from generation to generation.

4 He has shown strength with his arm ♦
and has scattered the proud in their conceit,

5 Casting down the mighty from their thrones ♦
and lifting up the lowly.

6 He has filled the hungry with good things ♦
and sent the rich away empty.

7 He has come to the aid of his servant Israel, ♦
to remember his promise of mercy,
The promise made to our ancestors, to Abraham and his children for ever.

Luke 1.46-55

AllGlory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

Refrain:

AllYou have done great things, O God, and holy is your name.

Prayers

Thanksgiving may be made for the day.

Intercessions are offered

¶ for peace
¶ for individuals and their needs

Prayers may include the following concerns from the cycle on pages 362-371

¶ The universal Church
¶ Bishops, synods and all who lead the Church
¶ The leaders of the nations
¶ The natural world and the resources of the earth
¶ All who are in any kind of need

One of the forms of prayer found on pages 362-371 may be used.

These responses may be used

Lord, in your mercy
hear our prayer

(or)

Lord, hear us.
Lord, graciously hear us.
Silence may be kept.

The Collect of the day is said

O God, the protector of all who trust in you,
without whom nothing is strong, nothing is holy:
increase and multiply upon us your mercy;
that with you as our ruler and guide
we may so pass through things temporal
that we lose not our hold on things eternal;
grant this, heavenly Father,
for our Lord Jesus Christ’s sake,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
All Amen.

The Lord’s Prayer is said

As our Saviour taught us, so we pray

All

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.

(or)

Let us pray with confidence as our Saviour has taught us

All

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

The Conclusion

All The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with us all evermore.
Amen.

Let us bless the Lord.

All Thanks be to God.