

## ✠ Morning Prayer on Friday

**Friday, 23 September 2022**

### Preparation

O Lord, open our lips

And our mouth shall proclaim your praise.

[The Acclamation of Christ at the Dawning of the Day \(page 108\)](#) may replace the Preparation as the start of Morning Prayer on any occasion.

One or more of the following is said or sung:

One of these prayers of thanksgiving (page 109),

Blessed are you, Sovereign God, creator of all,  
to you be glory and praise for ever.

You founded the earth in the beginning

and the heavens are the work of your hands.

In the fullness of time you made us in your image,

and in these last days you have spoken to us

in your Son Jesus Christ, the Word made flesh.

As we rejoice in the gift of your presence among us

let the light of your love always shine in our hearts,

your Spirit ever renew our lives

and your praises ever be on our lips.

Blessed be God, Father, Son and Holy Spirit.

All Blessed be God for ever.

(or)

Blessed are you, creator of all,

to you be praise and glory for ever.

As your dawn renews the face of the earth

bringing light and life to all creation,

may we rejoice in this day you have made;

as we wake refreshed from the depths of sleep,

open our eyes to behold your presence

and strengthen our hands to do your will,  
that the world may rejoice and give you praise.

Blessed be God, Father, Son and Holy Spirit.

All Blessed be God for ever.

after Lancelot Andrewes (1626)

or a suitable hymn,

or the Venite   A Song of Triumph

1 O come, let us sing to the Lord;   !

let us heartily rejoice in the rock of our salvation.

2 Let us come into his presence with thanksgiving   !

and be glad in him with psalms.

3 For the Lord is a great God   !

and a great king above all gods.

4 In his hand are the depths of the earth   !

and the heights of the mountains are his also.

5 The sea is his, for he made it,   !

and his hands have moulded the dry land.

6 Come, let us worship and bow down   !

and kneel before the Lord our Maker.

7 For he is our God;   !

we are the people of his pasture and the sheep of his hand.

The canticle may end here.

8 O that today you would listen to his voice:   !

    Harden not your hearts as at Meribah,

on that day at Massah in the wilderness,

9   When your forebears tested me, and put me to the proof   !

though they had seen my works.

10   Forty years long I detested that generation and said   !

    This people are wayward in their hearts;

they do not know my ways.

11 "So I swore in my wrath;

"They shall not enter into my rest."

Psalm 95

All Glory to the Father and to the Son

and to the Holy Spirit;

as it was in the beginning is now

and shall be for ever. Amen.

This opening prayer may be said

The night has passed, and the day lies open before us;

let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,

so may the light of your presence, O God,

set our hearts on fire with love for you;

now and for ever.

All Amen.

## The Word of God

### Psalmody

The appointed psalmody is said.

### Psalm 17

Refrain: Deliver me, O Lord, by your hand.

1 Hear my just cause, O Lord; consider my complaint;

listen to my prayer, which comes not from lying lips.

2 Let my vindication come forth from your presence;

let your eyes behold what is right.

3 Weigh my heart, examine me by night;

refine me, and you will find no impurity in me. R

4 My mouth does not trespass for earthly rewards;

I have heeded the words of your lips.

5 My footsteps hold fast in the ways of your commandments;Â ã!;  
my feet have not stumbled in your paths.Â R

6 I call upon you, O God, for you will answer me;Â ã!;  
incline your ear to me, and listen to my words.

7 Show me your marvellous loving-kindness,Â ã!;  
O Saviour of those who take refuge at your right hand  
from those who rise up against them.

8 Keep me as the apple of your eye;Â ã!;  
hide me under the shadow of your wings,

9 From the wicked who assault me,Â ã!;  
from my enemies who surround me to take away my life.Â R

10 They have closed their heart to pityÂ ã!;  
and their mouth speaks proud things.

11 They press me hard, they surround me on every side,Â ã!;  
watching how they may cast me to the ground,

12 Like a lion that is greedy for its prey,Â ã!;  
like a young lion lurking in secret places.Â R

13 Arise, Lord; confront them and cast them down;Â ã!;  
deliver me from the wicked by your sword.

14 Deliver me, O Lord, by your handÂ ã!;  
from those whose portion in life is unending,

15 Whose bellies you fill with your treasure,Â ã!;  
who are well supplied with children  
and leave their wealth to their little ones.

16 As for me, I shall see your face in righteousness;Â ã!;  
when I awake and behold your likeness, I shall be satisfied.

Refrain: Deliver me, O Lord, by your hand.

Generous Lord,  
deliver us from all envious thoughts,

and when we are tempted by the desire for wealth,  
let us see your face;  
for your abundance is enough to clothe our lack;  
through Jesus Christ our Lord.

## Psalm 19

Refrain: The commandment of the Lord is pure  
and gives light to the eyes.

1 The heavens are telling the glory of God; <sup>1</sup>  
and the firmament proclaims his handiwork.

2 One day pours out its song to another; <sup>2</sup>  
and one night unfolds knowledge to another.

3 They have neither speech nor language; <sup>3</sup>  
and their voices are not heard,

4 Yet their sound has gone out into all lands; <sup>4</sup>  
and their words to the ends of the world.

5 In them has he set a tabernacle for the sun; <sup>5</sup>  
that comes forth as a bridegroom out of his chamber  
and rejoices as a champion to run his course.

6 It goes forth from the end of the heavens  
and runs to the very end again; <sup>6</sup>  
and there is nothing hidden from its heat. <sup>R</sup>

7 The law of the Lord is perfect, reviving the soul; <sup>7</sup>  
the testimony of the Lord is sure  
and gives wisdom to the simple.

8 The statutes of the Lord are right and rejoice the heart; <sup>8</sup>  
the commandment of the Lord is pure  
and gives light to the eyes.

9 The fear of the Lord is clean and endures for ever; <sup>9</sup>  
the judgements of the Lord are true  
and righteous altogether.

10 More to be desired are they than gold,  
more than much fine gold; <sup>10</sup>

sweeter also than honey,

dripping from the honeycomb

11 By them also is your servant taught  
and in keeping them there is great reward.

12 Who can tell how often they offend?  
O cleanse me from my secret faults!

13 Keep your servant also from presumptuous sins  
lest they get dominion over me;  
so shall I be undefiled,  
and innocent of great offence.

14 Let the words of my mouth and the meditation of my heart  
be acceptable in your sight,  
O Lord, my strength and my redeemer.

Refrain: The commandment of the Lord is pure  
and gives light to the eyes.

Christ, the sun of righteousness,  
rise in our hearts this day,  
enfold us in the brightness of your love  
and bear us at the last to heaven's horizon;  
for your love's sake.

Each psalm or group of psalms may end with

All Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.

If there are two Scripture readings, the first may be read here, or both may be read after the canticle.

## **1 Kings 6.1, 11-28**

In the four hundred and eightieth year after the Israelites came out of the land of Egypt, in the fourth year of Solomon's reign over Israel, in the month of Ziv, which is the second month, he began to build the house of the Lord.

Now the word of the Lord came to Solomon, "Concerning this house that you are building, if you will walk in my statutes, obey my ordinances, and keep all my commandments by walking in them, then I will establish my promise with you, which I made to your father David. I will dwell among the children of Israel, and will not forsake my people Israel."

So Solomon built the house, and finished it. He lined the walls of the house on the inside with boards of cedar; from the floor of the house to the rafters of the

ceiling, he covered them on the inside with wood; and he covered the floor of the house with boards of cypress. He built twenty cubits of the rear of the house with boards of cedar from the floor to the rafters, and he built this within as an inner sanctuary, as the most holy place. The house, that is, the nave in front of the inner sanctuary, was forty cubits long. The cedar within the house had carvings of gourds and open flowers; all was cedar, no stone was seen. The inner sanctuary he prepared in the innermost part of the house, to set there the ark of the covenant of the Lord. The interior of the inner sanctuary was twenty cubits long, twenty cubits wide, and twenty cubits high; he overlaid it with pure gold. He also overlaid the altar with cedar. Solomon overlaid the inside of the house with pure gold, then he drew chains of gold across, in front of the inner sanctuary, and overlaid it with gold. Next he overlaid the whole house with gold, in order that the whole house might be perfect; even the whole altar that belonged to the inner sanctuary he overlaid with gold.

In the inner sanctuary he made two cherubim of olive wood, each ten cubits high. Five cubits was the length of one wing of the cherub, and five cubits the length of the other wing of the cherub; it was ten cubits from the tip of one wing to the tip of the other. The other cherub also measured ten cubits; both cherubim had the same measure and the same form. The height of one cherub was ten cubits, and so was that of the other cherub. He put the cherubim in the innermost part of the house; the wings of the cherubim were spread out so that a wing of one was touching one wall, and a wing of the other cherub was touching the other wall; their other wings towards the centre of the house were touching wing to wing. He also overlaid the cherubim with gold.

## Canticle

A Song of Humility, or another suitable canticle, for example, [number 33 \(page 584\)](#), may be said

Refrain:

All Raise us up, O God,  
that we may live in your presence.

1 Come, let us return to the Lord; <sup>1</sup>  
who has torn us and will heal us.

2 God has stricken us; <sup>2</sup>  
and will bind up our wounds.

3 After two days, he will revive us; <sup>3</sup>  
and on the third day will raise us up,  
that we may live in his presence.

4 Let us strive to know the Lord; <sup>4</sup>  
his appearing is as sure as the sunrise.

5 He will come to us like the showers, <sup>5</sup>  
like the spring rains that water the earth.

6 <sup>6</sup> O Ephraim, how shall I deal with you;  
How shall I deal with you, O Judah?

7 <sup>7</sup> Your love for me is like the morning mist;

like the dew that goes early away.

8â€œTherefore, I have hewn them by the prophetâ€œ;

and my judgement goes forth as the light.

9â€œFor loyalty is my desire and not sacrificâ€œ;

and the knowledge of God rather than burnt offerings. â€œ

Hosea 6.1-6

AllGlory to the Father and to the Son

and to the Holy Spirit;

as it was in the beginning is now

and shall be for ever. Amen.

AllRaise us up, O God,

that we may live in your presence.

### **Scripture Reading**

One or more readings appointed for the day are read.

The reading(s) may be followed by a time of silence.

### **Acts 15.22-35**

Then the apostles and the elders, with the consent of the whole church, decided to choose men from among their members and to send them to Antioch with Paul and Barnabas. They sent Judas called Barsabbas, and Silas, leaders among the brothers, with the following letter: â€œThe brothers, both the apostles and the elders, to the believers of Gentile origin in Antioch and Syria and Cilicia, greetings. Since we have heard that certain persons who have gone out from us, though with no instructions from us, have said things to disturb you and have unsettled your minds, we have decided unanimously to choose representatives and send them to you, along with our beloved Barnabas and Paul, who have risked their lives for the sake of our Lord Jesus Christ. We have therefore sent Judas and Silas, who themselves will tell you the same things by word of mouth. For it has seemed good to the Holy Spirit and to us to impose on you no further burden than these essentials: that you abstain from what has been sacrificed to idols and from blood and from what is strangled and from fornication. If you keep yourselves from these, you will do well. Farewell.â€œ

So they were sent off and went down to Antioch. When they gathered the congregation together, they delivered the letter. When its members read it, they rejoiced at the exhortation. Judas and Silas, who were themselves prophets, said much to encourage and strengthen the believers. After they had been there for some time, they were sent off in peace by the believers to those who had sent them. But Paul and Barnabas remained in Antioch, and there, with many others, they taught and proclaimed the word of the Lord.

A suitable song or chant, or a responsory in this or another form, may follow



Forsake me not, O Lord;  
be not far from me, O my God.  
AllForsake me not, O Lord;  
be not far from me, O my God.

Make haste to help me,  
O Lord of my salvation.

AllBe not far from me, O my God.  
Glory to the Father and to the Son  
and to the Holy Spirit.

AllForsake me not, O Lord;  
be not far from me, O my God.

from Psalm 38

## **Gospel Cantic**

The Benedictus (The Song of Zechariah) is normally said,  
or [A Song of Praise \(page 627\)](#) may be said

Refrain:

AllGive your people knowledge of salvation, O God,  
by the forgiveness of all their sins.

1Blessed be the Lord the God of Israel, â€;  
who has come to his people and set them free.

2He has raised up for us a mighty Saviour, â€;  
born of the house of his servant David.

3Through his holy prophets God promised of old â€;  
to save us from our enemies,  
from the hands of all that hate us,

4To show mercy to our ancestors, â€;  
and to remember his holy covenant.

5This was the oath God swore to our father Abraham: â€;  
to set us free from the hands of our enemies,

6Free to worship him without fear, â€;  
holy and righteous in his sight  
all the days of our life.

7And you, child, shall be called the prophet of the Most High, â€¦

for you will go before the Lord to prepare his way,

8To give his people knowledge of salvation â€¦

by the forgiveness of all their sins.

9In the tender compassion of our God â€¦

the dawn from on high shall break upon us,

10To shine on those who dwell in darkness and the shadow of death, â€¦

and to guide our feet into the way of peace.

Luke 1.68-79

AllGlory to the Father and to the Son

and to the Holy Spirit;

as it was in the beginning is now

and shall be for ever. Amen.

Refrain:

AllGive your people knowledge of salvation, O God,

by the forgiveness of all their sins.

## Prayers

Intercessions are offered

Â¶ for the day and its tasks

Â¶ for the world and its needs

Â¶ for the Church and her life

Prayers may include the following concerns from the [cycle on pages 362â€¦363](#)

Â¶ The King, members of parliament and the armed forces

Â¶ Peace and justice in the world

Â¶ Those who work for reconciliation

Â¶ All whose lives are devastated by war and civil strife

Â¶ Prisoners, refugees and homeless people

One of the forms of prayer found [on pages 362â€¦371](#) may be used.

These responses may be used

Lord, in your mercy

hear our prayer

(or)

Lord, hear us.

Lord, graciously hear us.

Silence may be kept.

The Collect of the day is said

Almighty God,  
whose only Son has opened for us  
a new and living way into your presence:  
give us pure hearts and steadfast wills  
to worship you in spirit and in truth;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
All Amen.

The Lord's Prayer is said

As our Saviour taught us, so we pray

All Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.

(or)

Let us pray with confidence as our Saviour has taught us

AllOur Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.

## The Conclusion

The Lord bless us, and preserve us from all evil,  
and keep us in eternal life.  
AllAmen.

Let us bless the Lord.

AllThanks be to God.

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