



Prayer During the Day

Lent

Sunday, 19 March 2023

The Fourth Sunday of Lent

(Mothering Sunday)

mothering-sunday

Preparation

O God, make speed to save us.

All

O Lord, make haste to help us.

Hear my prayer, O Lord, and give ear to my cry;

All

hold not your peace at my tears.

Psalm 39.13

Praise

A hymn, song, canticle, extempore praise or

Jesus, like a mother you gather your people to you;
you are gentle with us as a mother with her children.

Despair turns to hope through your sweet goodness;
through your gentleness we find comfort in fear.

Your warmth gives life to the dead,
your touch makes sinners righteous.

Lord Jesus, in your mercy heal us;
in your love and tenderness remake us.

In your compassion bring grace and forgiveness,
for the beauty of heaven may your love prepare us

Anselm (1109)

The Word of God

Psalmody

Either, Sunday Psalm 51.11-end

(or)

Or, on any day Psalm 51.1-10

Alternatively, when Morning and Evening Prayer are also celebrated, [one of these cycles](#) may be followed.

Psalm 51.11-20

Refrain: The sacrifice of God is a broken spirit.

11 Make me a clean heart, O God, ☐
and renew a right spirit within me.

12 Cast me not away from your presence ☐
and take not your holy spirit from me.

13 Give me again the joy of your salvation ☐
and sustain me with your gracious spirit;

14 Then shall I teach your ways to the wicked ☐
and sinners shall return to you.

15 Deliver me from my guilt, O God,
the God of my salvation, ☐
and my tongue shall sing of your righteousness.

16 O Lord, open my lips ☐
and my mouth shall proclaim your praise.

17 For you desire no sacrifice, else I would give it; ☐
you take no delight in burnt offerings.

18 The sacrifice of God is a broken spirit; ☐
a broken and contrite heart, O God, you will not despise.

19 O be favourable and gracious to Zion; ☐
build up the walls of Jerusalem.

20 Then you will accept sacrifices offered in righteousness,
the burnt offerings and oblations; ☐
then shall they offer up bulls on your altar.

Refrain: The sacrifice of God is a broken spirit.

Take away, good Lord, the sin that corrupts us;
give us the sorrow that heals
and the joy that praises
and restore by grace your own image within us,
that we may take our place among your people;
in Jesus Christ our Lord.

(or)

Psalm 51.1-10

Refrain: The sacrifice of God is a broken spirit.

1 Have mercy on me, O God, in your great goodness; □
according to the abundance of your compassion
blot out my offences.

2 Wash me thoroughly from my wickedness □
and cleanse me from my sin.

3 For I acknowledge my faults □
and my sin is ever before me.

4 Against you only have I sinned □
and done what is evil in your sight,

5 So that you are justified in your sentence □
and righteous in your judgement.

6 I have been wicked even from my birth, □
a sinner when my mother conceived me.

7 Behold, you desire truth deep within me □
and shall make me understand wisdom
in the depths of my heart.

8 Purge me with hyssop and I shall be clean; □
wash me and I shall be whiter than snow.

9 Make me hear of joy and gladness, □
that the bones you have broken may rejoice.

10 Turn your face from my sins □
and blot out all my misdeeds.

Refrain: The sacrifice of God is a broken spirit.

Take away, good Lord, the sin that corrupts us;
give us the sorrow that heals
and the joy that praises
and restore by grace your own image within us,
that we may take our place among your people;
in Jesus Christ our Lord.

Each psalm or group of psalms may end with

All

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Short readings

Either, Sunday

Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life. For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his.

Romans 6.3-5

Or, on any day in Lent

Jesus said, 'There will be more joy in heaven over one sinner who repents than over ninety-nine righteous people who need no repentance.'

Luke 15.7

Response

Silence, study, song, or words from Scripture, such as

Blessed are the merciful,

All

for they will receive mercy.

Matthew 5.7

Prayers

Prayers may include these concerns:

- ¶ *Those preparing for baptism and confirmation*
- ¶ *Those serving through leadership*
- ¶ *Those looking for forgiveness*
- ¶ *Those misled by the false gods of this present age*
- ¶ *All who are hungry*

A form of intercession found [here](#) may be used.

Either, the following prayer is said

Teach us, good Lord, to serve you as you deserve;
to give and not to count the cost;
to fight and not to heed the wounds;
to toil and not to seek for rest;
to labour and not to seek for any reward,
save that of knowing that we do your will.

All

Amen.

Ignatius of Loyola (1556)

Or, the Collect of the day is said

Merciful Lord,
absolve your people from their offences,
that through your bountiful goodness
we may all be delivered from the chains of those sins
which by our frailty we have committed;
grant this, heavenly Father,
for Jesus Christ's sake, our blessed Lord and Saviour,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
All Amen.

The Lord's Prayer is said.

(Either)

As our Saviour taught us, so we pray

All

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

(or)

Let us pray with confidence as our Saviour has taught us

All

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

The Conclusion

May God bless us and show us compassion and mercy.

All

Amen.

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