Prayer During the Day on Sunday
Sunday, 16 July 2023
The Sixth Sunday after Trinity

Preparation

O God, make speed to save us.
All
O Lord, make haste to help us.

My heart tells of your word, ‘Seek my face.’
All
Your face, Lord, will I seek.

Psalm 27.10

Praise

A hymn, song, canticle, extempore praise or

We praise you, O God,
we acclaim you as the Lord;
all creation worships you,
the Father everlasting.
To you all angels, all the powers of heaven,
the cherubim and seraphim, sing in endless praise:
Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

from Te Deum Laudamus

The Word of God

Psalmody

Either, on any Sunday Psalm 19

Or, Week 4 Psalm 116
Alternatively, when Morning and Evening Prayer are also celebrated, one of these cycles may be followed.
Psalm 19

Refrain: The commandment of the Lord is pure and gives light to the eyes.

1 The heavens are telling the glory of God and the firmament proclaims his handiwork.

2 One day pours out its song to another and one night unfolds knowledge to another.

3 They have neither speech nor language and their voices are not heard,

4 Yet their sound has gone out into all lands and their words to the ends of the world.

5 In them has he set a tabernacle for the sun, that comes forth as a bridegroom out of his chamber and rejoices as a champion to run his course.

6 It goes forth from the end of the heavens and runs to the very end again, and there is nothing hidden from its heat.

7 The law of the Lord is perfect, reviving the soul; the testimony of the Lord is sure and gives wisdom to the simple.

8 The statutes of the Lord are right and rejoice the heart; the commandment of the Lord is pure and gives light to the eyes.

9 The fear of the Lord is clean and endures for ever; the judgements of the Lord are true and righteous altogether.

10 More to be desired are they than gold, more than much fine gold, sweeter also than honey, dripping from the honeycomb.

11 By them also is your servant taught and in keeping them there is great reward.

12 Who can tell how often they offend?

Refrain: The commandment of the Lord is pure and gives light to the eyes.

Christ, the sun of righteousness, rise in our hearts this day, enfold us in the brightness of your love and bear us at the last to heaven's horizon; for your love's sake.
Psalm 116

Refrain: Gracious is the Lord and righteous.

1 I love the Lord,
   for he has heard the voice of my supplication; ♦
because he inclined his ear to me
   on the day I called to him.

2 The snares of death encompassed me;
   the pains of hell took hold of me; ♦
by grief and sorrow was I held.

3 Then I called upon the name of the Lord: ♦
   ‘O Lord, I beg you, deliver my soul.’

4 Gracious is the Lord and righteous; ♦
   our God is full of compassion.

5 The Lord watches over the simple; ♦
   I was brought very low and he saved me.

6 Turn again to your rest, O my soul, ♦
   for the Lord has been gracious to you.

7 For you have delivered my soul from death, ♦
   my eyes from tears and my feet from falling.

8 I will walk before the Lord ♦
   in the land of the living.

9 I believed that I should perish
   for I was sorely troubled; ♦
and I said in my alarm,
   ‘Everyone is a liar.’

10 How shall I repay the Lord ♦
   for all the benefits he has given to me?

11 I will lift up the cup of salvation ♦
   and call upon the name of the Lord.

12 I will fulfil my vows to the Lord ♦
   in the presence of all his people.

13 Precious in the sight of the Lord ♦

As we walk through the valley of the shadow of death,
may we call upon your name,
raise the cup of salvation,
and so proclaim your death, O Lord,
until you come in glory.
Each psalm or group of psalms may end with

All

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

Short readings

Week Four
I, John, saw a new heaven and a new earth; for the first heaven and the first earth had passed away, and the sea was no more. And I saw the holy city, the new Jerusalem, coming down out of heaven from God, prepared as a bride dorned for her husband. And I heard a loud voice from the throne saying, ‘See, the home of God is among mortals. He will dwell with them; they will be his peoples, and God himself will be with them; he will wipe every tear from their eyes. Death will be no more; mourning and crying and pain will be no more, for the first things have passed away.’
Revelation 21.1-4

Or, on any Sunday
Wisdom says, 'I was beside him, like a master worker; and I was daily his delight, rejoicing before him always, rejoicing in his inhabited world and delighting in the human race.'
Proverbs 8.30,31

Response

Silence, study, song, or words from Scripture, such as

Jesus said, I am the living bread that came down from heaven.

Whoever eats of this bread will live for ever.
John 6.51a

Prayers

Prayers may include these concerns:

- The universal Church
- Bishops, synods and all who lead the Church
- The leaders of the nations
- The natural world and the resources of the earth
- All who are in any kind of need
A form of intercession found here may be used.

Either, the following prayer is said

Christ be with me, Christ within me,
Christ behind me, Christ before me,
Christ beside me, Christ to win me,
Christ to comfort and restore me,
Christ beneath me, Christ above me,
Christ in quiet, Christ in danger,
Christ in hearts of all that love me,
Christ in mouth of friend and stranger.

Amen.

from St Patrick’s Breastplate

Or, the Collect of the day is said

Merciful God,
you have prepared for those who love you
such good things as pass our understanding:
pour into our hearts such love toward you
that we, loving you in all things and above all things,
may obtain your promises,
which exceed all that we can desire;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

The Lord’s Prayer is said.

(Either)

As our Saviour taught us, so we pray
All

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.

(or)

Let us pray with confidence as our Saviour has taught us

All

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

The Conclusion

May God who made both heaven and earth bless us.

Amen.

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