Prayer During the Day on Monday

Monday, 17 July 2023

Preparation

O God, make speed to save us.

All

O Lord, make haste to help us.

Let the words of my mouth and the meditation of my heart

be acceptable in your sight, O Lord,

my strength and my redeemer.

Psalm 19.14

Praise

A hymn, song, canticle, extempore praise or

I bind unto myself today

the strong name of the Trinity,

by invocation of the same,

the Three in One, and One in Three.

Of whom all nature hath creation;

eternal Father, Spirit, Word:

Praise to the Lord of my salvation,

salvation is of Christ the Lord.

from St Patrick's Breastplate

The Word of God

Psalmody

Either, on any Monday Psalm 126

Or, Week 4 Psalm 50.1-15

Alternatively, when Morning and Evening Prayer are also celebrated, one of these cycles may be followed.
Psalm 126

Refrain: The Lord has indeed done great things for us.

1 When the Lord restored the fortunes of Zion, ♦
then were we like those who dream.

2 Then was our mouth filled with laughter ♦
and our tongue with songs of joy.

3 Then said they among the nations, ♦
'The Lord has done great things for them.'

4 The Lord has indeed done great things for us, ♦
and therefore we rejoiced.

5 Restore again our fortunes, O Lord, ♦
as the river beds of the desert.

6 Those who sow in tears ♦
shall reap with songs of joy.

7 Those who go out weeping, bearing the seed, ♦
will come back with shouts of joy,
bearing their sheaves with them.

Refrain: The Lord has indeed done great things for us.

Lord, as you send rain and flowers
even to the wilderness,
 renew us by your Holy Spirit,
 help us to sow good seed in time of adversity
 and to live to rejoice in your good harvest of all creation;
 through Jesus Christ our Lord.

(or)
Psalm 50.1-15

1 The Lord, the most mighty God, has spoken and called the world from the rising of the sun to its setting.

2 Out of Zion, perfect in beauty, God shines forth; our God comes and will not keep silence.

3 Consuming fire goes out before him and a mighty tempest stirs about him.

4 He calls the heaven above, and the earth, that he may judge his people:

5 ‘Gather to me my faithful, who have sealed my covenant with sacrifice.’

6 Let the heavens declare his righteousness, for God himself is judge.

7 Hear, O my people, and I will speak: I will testify against you, O Israel; for I am God, your God.

8 ‘I will not reprove you for your sacrifices, for your burnt offerings are always before me.

9 ‘I will take no bull out of your house, nor he-goat out of your folds,

10 ‘For all the beasts of the forest are mine, the cattle upon a thousand hills.

11 ‘I know every bird of the mountains and the insect of the field is mine.

12 ‘If I were hungry, I would not tell you, for the whole world is mine and all that fills it.

13 ‘Do you think I eat the flesh of bulls, or drink the blood of goats?

14 ‘Offer to God a sacrifice of thanksgiving and fulfil your vows to God Most High.

15 ‘Call upon me in the day of trouble; I will deliver you and you shall honour me.’
Each psalm or group of psalms may end with

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

Short readings

Week Four

After a long time the master of those slaves came and settled accounts with them. Then the one who had received the five talents came forward, bringing five more talents, saying, 'Master, you handed over to me five talents; see, I have made five more talents.' His master said to him, 'Well done, good and trustworthy slave; you have been trustworthy in a few things, I will put you in charge of many things; enter into the joy of your master.'

Matthew 25.19–21

Or, on any Monday

Jesus said, 'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest.'

Matthew 11.28

Response

Silence, study, song, or words from Scripture, such as

Jesus said, I am the true vine.

My Father is glorified by this, that you bear much fruit.

John 15.1a,8

Prayers

Prayers may include these concerns:

- The media and the arts
- Farming and fishing
- Commerce and industry
- Those whose work is unfulfilling, stressful or fraught with danger
- All who are unemployed

A form of intercession found [here](#) may be used.
Either, the following prayer is said

Eternal light, shine into our hearts,
eternal goodness, deliver us from evil,
eternal power, be our support,
eternal wisdom, scatter the darkness of our ignorance,
eternal pity, have mercy upon us;
that with all our heart and mind and soul and strength
we may seek your face and be brought by your infinite mercy
to your holy presence,
through Jesus Christ our Lord.

Amen.

Alcuin of York (804)

Or, the Collect of the day is said

Merciful God,
you have prepared for those who love you
such good things as pass our understanding:
pour into our hearts such love toward you
that we, loving you in all things and above all things,
may obtain your promises,
which exceed all that we can desire;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

The Lord’s Prayer is said.

(Either)

As our Saviour taught us, so we pray
Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.

(or)

Let us pray with confidence as our Saviour has taught us

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

The Conclusion

May God bless the work of our hands.

Amen.