

## ☩ Morning Prayer on Sunday

**Sunday, 24 September 2023**

### **The Sixteenth Sunday after Trinity**

#### **Preparation**

O Lord, open our lips

And our mouth shall proclaim your praise.

[The Acclamation of Christ at the Dawning of the Day \(page 108\)](#) may replace the Preparation as the start of Morning Prayer on any occasion.

One or more of the following is said or sung:

One of these prayers of thanksgiving (page 109),

Blessed are you, Sovereign God, creator of all,

to you be glory and praise for ever.

You founded the earth in the beginning

and the heavens are the work of your hands.

In the fullness of time you made us in your image,

and in these last days you have spoken to us

in your Son Jesus Christ, the Word made flesh.

As we rejoice in the gift of your presence among us

let the light of your love always shine in our hearts,

your Spirit ever renew our lives

and your praises ever be on our lips.

Blessed be God, Father, Son and Holy Spirit.

All Blessed be God for ever.

(or)

Blessed are you, creator of all,

to you be praise and glory for ever.

As your dawn renews the face of the earth

bringing light and life to all creation,

may we rejoice in this day you have made;

as we wake refreshed from the depths of sleep,  
open our eyes to behold your presence  
and strengthen our hands to do your will,  
that the world may rejoice and give you praise.

Blessed be God, Father, Son and Holy Spirit.

All Blessed be God for ever.

after Lancelot Andrewes (1626)

or a suitable hymn,

or the Benedicite – a Song of Creation (shorter version)

1 Bless the Lord all you works of the Lord: □

sing his praise and exalt him for ever.

2 Bless the Lord you heavens: □

sing his praise and exalt him for ever.

3 Bless the Lord you angels of the Lord: □

sing his praise and exalt him for ever.

4 Bless the Lord all people on earth: □

sing his praise and exalt him for ever.

5 O people of God bless the Lord: □

sing his praise and exalt him for ever.

6 Bless the Lord you priests of the Lord: □

sing his praise and exalt him for ever.

7 Bless the Lord you servants of the Lord: □

sing his praise and exalt him for ever.

8 Bless the Lord all you of upright spirit: □

bless the Lord you that are holy and humble in heart.

The Song of the Three 35-37, 60-65

All Bless the Father, the Son and the Holy Spirit: □

sing his praise and exalt him for ever.

This opening prayer may be said

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever.

AllAmen.

## The Word of God

### Psalmody

The appointed psalmody is said.

### Psalm 119.153-176

Refrain: I have longed for your salvation, O Lord.

153 O consider my affliction and deliver me, □  
for I do not forget your law.

154 Plead my cause and redeem me; □  
according to your promise, give me life.

155 Salvation is far from the wicked, □  
for they do not seek your statutes.

156 Great is your compassion, O Lord; □  
give me life, according to your judgements. R

157 Many there are that persecute and oppress me, □  
yet do I not swerve from your testimonies.

158 It grieves me when I see the treacherous, □  
for they do not keep your word.

159 Consider, O Lord, how I love your commandments; □  
give me life according to your loving-kindness.

160 The sum of your word is truth, □  
and all your righteous judgements endure for evermore. R

161 Princes have persecuted me without a cause, □  
but my heart stands in awe of your word.

162 I am as glad of your word □  
as one who finds great spoils.

163 As for lies, I hate and abhor them, □  
but your law do I love.

164 Seven times a day do I praise you, □  
because of your righteous judgements. R

165 Great peace have they who love your law; □  
nothing shall make them stumble.

166 Lord, I have looked for your salvation □  
and I have fulfilled your commandments.

167 My soul has kept your testimonies □  
and greatly have I loved them.

168 I have kept your commandments and testimonies, □  
for all my ways are before you.

169 Let my cry come before you, O Lord; □  
give me understanding, according to your word.

170 Let my supplication come before you; □  
deliver me, according to your promise.

171 My lips shall pour forth your praise, □  
when you have taught me your statutes.

172 My tongue shall sing of your word, □  
for all your commandments are righteous. R

173 Let your hand reach out to help me, □  
for I have chosen your commandments.

174 I have longed for your salvation, O Lord, □  
and your law is my delight.

175 Let my soul live and it shall praise you, ☩

and let your judgements be my help.

176 I have gone astray like a sheep that is lost; ☩

O seek your servant, for I do not forget your commandments.

Refrain: I have longed for your salvation, O Lord.

God of mercy, swift to help us,

as our lips pour forth your praise,

fill our hearts with the peace you give

to those who wait for your salvation

in Jesus Christ our Lord.

Each psalm or group of psalms may end with

All Glory to the Father and to the Son

and to the Holy Spirit;

as it was in the beginning is now

and shall be for ever. Amen.

If there are two Scripture readings, the first may be read here, or both may be read after the canticle.

## **Isaiah 45.9-22**

Woe to you who strive with your Maker,

earthen vessels with the potter!

Does the clay say to the one who fashions it, 'What are you making?'

or 'Your work has no handles?'

Woe to anyone who says to a father, 'What are you begetting?'

or to a woman, 'With what are you in labour?'

Thus says the Lord,

the Holy One of Israel, and its Maker:

Will you question me about my children,

or command me concerning the work of my hands?

I made the earth,

and created humankind upon it;

it was my hands that stretched out the heavens,

and I commanded all their host.

I have aroused Cyrus in righteousness,

and I will make all his paths straight;

he shall build my city

and set my exiles free,

not for price or reward,

says the Lord of hosts.

Thus says the Lord:

The wealth of Egypt and the merchandise of Ethiopia,

and the Sabians, tall of stature,

shall come over to you and be yours,

they shall follow you;

they shall come over in chains and bow down to you.

They will make supplication to you, saying,

'God is with you alone, and there is no other;

there is no god besides him.'

Truly, you are a God who hides himself,

O God of Israel, the Saviour.

All of them are put to shame and confounded,

the makers of idols go in confusion together.

But Israel is saved by the Lord

with everlasting salvation;

you shall not be put to shame or confounded

to all eternity.

For thus says the Lord,

who created the heavens

(he is God!),

who formed the earth and made it

(he established it;

he did not create it a chaos,

he formed it to be inhabited!);

I am the Lord, and there is no other.

I did not speak in secret,

in a land of darkness;

I did not say to the offspring of Jacob,

'Seek me in chaos.'

I the Lord speak the truth,

I declare what is right.

Assemble yourselves and come together,

draw near, you survivors of the nations!

They have no knowledge—

those who carry about their wooden idols,

and keep on praying to a god

that cannot save.

Declare and present your case;

let them take counsel together!

Who told this long ago?

Who declared it of old?

Was it not I, the Lord?

There is no other god besides me,

a righteous God and a Saviour;

there is no one besides me.

Turn to me and be saved,

all the ends of the earth!

For I am God, and there is no other.

## Canticle

A Song of David, or another suitable canticle, for example, [number 32 \(page 583\)](#) or [number 50 \(page 602\)](#), may be said

Refrain:

All splendour and majesty are yours, O God;

you are exalted as head over all.

1 Blessed are you, God of Israel, for ever and ever, ☩

for yours is the greatness, the power,

the glory, the splendour and the majesty.

2 Everything in heaven and on earth is yours; ☩

yours is the kingdom, O Lord,

and you are exalted as head over all.

3 Riches and honour come from you ☐

and you rule over all.

4 In your hand are power and might; ☐

yours it is to give power and strength to all.

5 And now we give you thanks, our God, ☐

and praise your glorious name.

6 For all things come from you, ☐

and of your own have we given you.

1 Chronicles 29.10b-13, 14b

All Glory to the Father and to the Son

and to the Holy Spirit;

as it was in the beginning is now

and shall be for ever. Amen.

All Splendour and majesty are yours, O God;

you are exalted as head over all.

## Scripture Reading

One or more readings appointed for the day are read.

The reading(s) may be followed by a time of silence.

## Revelation 14.1-5

Then I looked, and there was the Lamb, standing on Mount Zion! And with him were one hundred and forty-four thousand who had his name and his Father's name written on their foreheads. And I heard a voice from heaven like the sound of many waters and like the sound of loud thunder; the voice I heard was like the sound of harpists playing on their harps, and they sing a new song before the throne and before the four living creatures and before the elders. No one could learn that song except the one hundred forty-four thousand who have been redeemed from the earth. It is these who have not defiled themselves with women, for they are virgins; these follow the Lamb wherever he goes. They have been redeemed from humankind as first fruits for God and the Lamb, and in their mouth no lie was found; they are blameless.

A suitable song or chant, or a responsory in this or another form, may follow

Awake, O sleeper, and arise from the dead

All And Christ shall give you light.



You have died and your life is hid with Christ in God.

AllAwake, O sleeper, and arise from the dead.

Set your minds on things that are above,

not on things that are on the earth.

AllAnd Christ shall give you light.

When Christ our life appears you will appear with him in glory.

AllAwake, O sleeper, and arise from the dead,

and Christ shall give you light.

from Colossians 3

## Gospel Cantic

The Benedictus (The Song of Zechariah) is normally said, or [the Easter Anthems \(page 634\)](#) may be said

Refrain:

AllYou have raised up for us a mighty Saviour,

born of the house of your servant David.

1Blessed be the Lord the God of Israel, □

who has come to his people and set them free.

2He has raised up for us a mighty Saviour, □

born of the house of his servant David.

3Through his holy prophets God promised of old □

to save us from our enemies,

from the hands of all that hate us,

4To show mercy to our ancestors, □

and to remember his holy covenant.

5This was the oath God swore to our father Abraham: □

to set us free from the hands of our enemies,

6Free to worship him without fear, □

holy and righteous in his sight

all the days of our life.

7And you, child, shall be called the prophet of the Most High, □

for you will go before the Lord to prepare his way,

8 To give his people knowledge of salvation □

by the forgiveness of all their sins.

9 In the tender compassion of our God □

the dawn from on high shall break upon us,

10 To shine on those who dwell in darkness and the shadow of death, □

and to guide our feet into the way of peace.

Luke 1.68-79

All Glory to the Father and to the Son

and to the Holy Spirit;

as it was in the beginning is now

and shall be for ever. Amen.

Refrain:

All You have raised up for us a mighty Saviour,

born of the house of your servant David.

## Prayers

Intercessions are offered

¶ for the day and its tasks

¶ for the world and its needs

¶ for the Church and her life

Prayers may include the following concerns from the [cycle on pages 362–363](#)

¶ The universal Church

¶ Bishops, synods and all who lead the Church

¶ The leaders of the nations

¶ The natural world and the resources of the earth

¶ All who are in any kind of need

One of the forms of prayer found [on pages 362–371](#) may be used.

These responses may be used

Lord, in your mercy

hear our prayer

(or)

Lord, hear us.

Lord, graciously hear us.

Silence may be kept.

The Collect of the day is said

O Lord, we beseech you mercifully to hear the prayers

of your people who call upon you;

and grant that they may both perceive and know

what things they ought to do,

and also may have grace and power faithfully to fulfil them;

through Jesus Christ your Son our Lord,

who is alive and reigns with you,

in the unity of the Holy Spirit,

one God, now and for ever.

All Amen.

The Lord's Prayer is said

As our Saviour taught us, so we pray

All Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done,

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Lead us not into temptation

but deliver us from evil.

For the kingdom, the power,

and the glory are yours

now and for ever.

Amen.

(or)

Let us pray with confidence as our Saviour has taught us

AllOur Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.

## The Conclusion

The Lord bless us, and preserve us from all evil,  
and keep us in eternal life.  
AllAmen.

Let us bless the Lord.

AllThanks be to God.

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