

Today's video by [SATEDA](#), the domestic abuse charity, captures some of the signs and symptoms of domestic abuse that the women they are working to empower have experienced.

Men can make a difference

It's a well-known fact that domestic abuse spikes after big football games finish - especially when England play. [In this video sponsored by White Ribbon](#), the UK's leading charity engaging men and boys to end violence against women and girls, Bishop Simon Burton-Jones encourages us to ensure that, even if football doesn't come home, we promise that violence won't either.

And visit whiteribbon.org.uk to find out more about how men can help end violence against women.

Source URL: <https://www.churchofengland.org/16-days-activism/day-3>