

An estimated 1.6 million women experience domestic abuse every year although that's only the tip of the iceberg, as many women don't report abuse due to fear of being judged or not believed.

Within the church context, it has been indicated that only 2 in 7 worshippers feel that their church is adequately equipped to respond to concerns of domestic abuse.

In today's video, Phillis and Lee talk about their experiences of domestic abuse and the work they are undertaking within their local parish and community.

You are not alone

- [Women's Aid](#) is a grassroots federation working together to provide life-saving services in England and build a future where domestic abuse is not tolerated.
- The free and confidential [National Domestic Abuse Helpline](#) is available 24 hours a day. Run by [Refuge](#), the largest domestic abuse organisation in the UK, a team of highly trained female advisors are on call to empower you to understand your options and support you to make any decisions about the future.

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