

☩ Morning Prayer

Epiphany Season

Tuesday, 16 January 2024

Preparation

O Lord, open our lips

And our mouth shall proclaim your praise.

Your light springs up for the righteous

And all the peoples have seen your glory.

One or more of the following is said or sung:

this or another prayer of thanksgiving

Blessed are you, Sovereign God,

king of the nations,

to you be praise and glory for ever.

From the rising of the sun to its setting

your name is proclaimed in all the world.

As the Sun of Righteousness dawns in our hearts

anoint our lips with the seal of your Spirit

that we may witness to your gospel

and sing your praise in all the earth.

Blessed be God, Father, Son and Holy Spirit.

All Blessed be God for ever.

a suitable hymn, or Jubilate – A Song of Joy

1 O be joyful in the Lord, all the earth; ☩

serve the Lord with gladness

and come before his presence with a song.

2 Know that the Lord is God; ☩

it is he that has made us and we are his;

we are his people and the sheep of his pasture.

3Enter his gates with thanksgiving
and his courts with praise; □
give thanks to him and bless his name.

4For the Lord is gracious; his steadfast love is everlasting, □
and his faithfulness endures from generation to generation.

Psalm 100

AllGlory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

This opening prayer may be said

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.
AllAmen.

The Word of God

Psalmody

The appointed psalmody is said.

Psalm 132

Refrain: Arise, O Lord, into your resting place.

1 Lord, remember for David □
all the hardships he endured;

2 How he swore an oath to the Lord □

and vowed a vow to the Mighty One of Jacob:

3 'I will not come within the shelter of my house, □

nor climb up into my bed;

4 'I will not allow my eyes to sleep, □

nor let my eyelids slumber,

5 'Until I find a place for the Lord, □

a dwelling for the Mighty One of Jacob.' R

6 Now, we heard of the ark in Ephrathah □

and found it in the fields of Ja-ar.

7 Let us enter his dwelling place □

and fall low before his footstool.

8 Arise, O Lord, into your resting place, □

you and the ark of your strength.

9 Let your priests be clothed with righteousness □

and your faithful ones sing with joy.

10 For your servant David's sake, □

turn not away the face of your anointed. R

11 The Lord has sworn an oath to David, □

a promise from which he will not shrink:

12 'Of the fruit of your body □

shall I set upon your throne.

13 'If your children keep my covenant

and my testimonies that I shall teach them, □

their children also shall sit upon your throne for evermore.'

14 For the Lord has chosen Zion for himself; □

he has desired her for his habitation: R

15 'This shall be my resting place for ever; □

here will I dwell, for I have longed for her.

16 'I will abundantly bless her provision; □

her poor will I satisfy with bread.

17 'I will clothe her priests with salvation, □

and her faithful ones shall rejoice and sing.

18 There will I make a horn to spring up for David; □

I will keep a lantern burning for my anointed.

19 'As for his enemies, I will clothe them with shame; □

but on him shall his crown be bright.'

Refrain: Arise, O Lord, into your resting place.

Jesus, Son of David,

make us a priestly people;

clothe us in righteousness,

make us fruitful,

and give us hearts to shout for joy in your salvation;

we pray in the power of the Spirit.

Psalm 147.1-12

Refrain: Great is our Lord and mighty in power.

1 Alleluia.

How good it is to make music for our God, □

how joyful to honour him with praise.

2 The Lord builds up Jerusalem □

and gathers together the outcasts of Israel.

3 He heals the brokenhearted □

and binds up all their wounds. R

4 He counts the number of the stars □

and calls them all by their names.

5 Great is our Lord and mighty in power; □

his wisdom is beyond all telling.

6 The Lord lifts up the poor, □
but casts down the wicked to the ground. R

7 Sing to the Lord with thanksgiving; □
make music to our God upon the lyre;

8 Who covers the heavens with clouds □
and prepares rain for the earth;

9 Who makes grass to grow upon the mountains □
and green plants to serve our needs. R

10 He gives the beasts their food □
and the young ravens when they cry.

11 He takes no pleasure in the power of a horse, □
no delight in human strength;

12 But the Lord delights in those who fear him, □
who put their trust in his steadfast love. R

Refrain: Great is our Lord and mighty in power.

Compassionate God,
as you know each star you have created,
so you know the secrets of every heart;
in your loving mercy bring to your table
all who are fearful and broken,
all who are wounded and needy,
that our hungers may be satisfied
in the city of your peace;
through Christ who is our peace.

Each psalm or group of psalms may end with

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

If there are two Scripture readings, the first may be read here, or both may be read after the canticle.

Genesis 7.11-end

In the six-hundredth year of Noah’s life, in the second month, on the seventeenth day of the month, on that day all the fountains of the great deep burst forth, and the windows of the heavens were opened. The rain fell on the earth for forty days and forty nights. On the very same day Noah with his sons, Shem and Ham and Japheth, and Noah’s wife and the three wives of his sons, entered the ark, they and every wild animal of every kind, and all domestic animals of every kind, and every creeping thing that creeps on the earth, and every bird of every kind—every bird, every winged creature. They went into the ark with Noah, two and two of all flesh in which there was the breath of life. And those that entered, male and female of all flesh, went in as God had commanded him; and the Lord shut him in.

The flood continued for forty days on the earth; and the waters increased, and bore up the ark, and it rose high above the earth. The waters swelled and increased greatly on the earth; and the ark floated on the face of the waters. The waters swelled so mightily on the earth that all the high mountains under the whole heaven were covered; the waters swelled above the mountains, covering them fifteen cubits deep. And all flesh died that moved on the earth, birds, domestic animals, wild animals, all swarming creatures that swarm on the earth, and all human beings; everything on dry land in whose nostrils was the breath of life died. He blotted out every living thing that was on the face of the ground, human beings and animals and creeping things and birds of the air; they were blotted out from the earth. Only Noah was left, and those that were with him in the ark. And the waters swelled on the earth for one hundred and fifty days.

Canticle

A Song of the New Jerusalem, or another suitable canticle, for example, [number 31 \(page 582\)](#) or [number 36 \(page 587\)](#), may be said

Refrain:

All
Above you the Holy One arises,
and above you God’s glory appears.

1
Arise, shine out, for your light has come, □
the glory of the Lord is rising upon you.

2
Though night still covers the earth, □
and darkness the peoples;

3
Above you the Holy One arises, □
and above you God’s glory appears.

4
The nations will come to your light, □
and kings to your dawning brightness.

5
Your gates will lie open continually, □
shut neither by day nor by night.

6
The sound of violence shall be heard no longer in your land, □
or ruin and devastation within your borders.

7You will call your walls, Salvation, □
and your gates, Praise.

8No more will the sun give you daylight, □
nor moonlight shine upon you;

9But the Lord will be your everlasting light, □
your God will be your splendour.

10For you shall be called the city of God, □
the dwelling of the Holy One of Israel.

Isaiah 60.1-3, 11a, 18, 19, 14b

AllGlory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

AllAbove you the Holy One arises,
and above you God’s glory appears.

Scripture Reading

One or more readings appointed for the day are read.

The reading(s) may be followed by a time of silence.

Matthew 24.15-28

‘So when you see the desolating sacrilege standing in the holy place, as was spoken of by the prophet Daniel (let the reader understand), then those in Judea must flee to the mountains; someone on the housetop must not go down to take what is in the house; someone in the field must not turn back to get a coat. Woe to those who are pregnant and to those who are nursing infants in those days! Pray that your flight may not be in winter or on a sabbath. For at that time there will be great suffering, such as has not been from the beginning of the world until now, no, and never will be. And if those days had not been cut short, no one would be saved; but for the sake of the elect those days will be cut short. Then if anyone says to you, “Look! Here is the Messiah!” or “There he is!”—do not believe it. For false messiahs and false prophets will appear and produce great signs and omens, to lead astray, if possible, even the elect. Take note, I have told you beforehand. So, if they say to you, “Look! He is in the wilderness”, do not go out. If they say, “Look! He is in the inner rooms”, do not believe it. For as the lightning comes from the east and flashes as far as the west, so will be the coming of the Son of Man. Wherever the corpse is, there the vultures will gather.

A suitable song or chant, or a responsory in this or another form, may follow

O worship the Lord in the beauty of holiness;
All let the whole earth tremble before him.
Tell it out among the nations that the Lord is King.
All O worship the Lord in the beauty of holiness.
Tell out his salvation from day to day.
All Let the whole earth tremble before him.
Declare his glory among the nations
and his wonders among all peoples.
All O worship the Lord in the beauty of holiness;
let the whole earth tremble before him.

from Psalm 96

Gospel Canticle

The Benedictus (The Song of Zechariah) is normally said, or [A Song of the Blessed \(page 606\)](#) may be said

Refrain:

All This is the Christ, the Chosen of God,
the one who will bring healing to the nations.

1 Blessed be the Lord the God of Israel, ☩
who has come to his people and set them free.

2 He has raised up for us a mighty Saviour, ☩
born of the house of his servant David.

3 Through his holy prophets God promised of old ☩
to save us from our enemies,
from the hands of all that hate us,

4 To show mercy to our ancestors, ☩
and to remember his holy covenant.

5 This was the oath God swore to our father Abraham: ☩
to set us free from the hands of our enemies,

6 Free to worship him without fear, ☩
holy and righteous in his sight
all the days of our life.

7And you, child, shall be called the prophet of the Most High, □
for you will go before the Lord to prepare his way,

8To give his people knowledge of salvation □
by the forgiveness of all their sins.

9In the tender compassion of our God □
the dawn from on high shall break upon us,

10To shine on those who dwell in darkness and the shadow of death, □
and to guide our feet into the way of peace.

Luke 1.68-79

AllGlory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

Refrain:

AllThis is the Christ, the Chosen of God,
the one who will bring healing to the nations.

Prayers

Intercessions are offered

- ¶ for the day and its tasks
- ¶ for the world and its needs
- ¶ for the Church and her life

Prayers may include the following concerns from the [cycle on pages 364–365](#)

- ¶ The unity of the Church
- ¶ The peace of the world
- ¶ The healing of the sick
- ¶ The revelation of Christ to those from whom his glory is hidden
- ¶ All who travel

A form of prayer found [on page 379](#) may be used.

These responses may be used

Lord, in your mercy

hear our prayer

(or)

Lord, hear us.

Lord, graciously hear us.

Silence may be kept.

The Collect of the day is said

Almighty God,

in Christ you make all things new:

transform the poverty of our nature by the riches of your grace,

and in the renewal of our lives

make known your heavenly glory;

through Jesus Christ your Son our Lord,

who is alive and reigns with you,

in the unity of the Holy Spirit,

one God, now and for ever.

AllAmen.

The Lord's Prayer is said

Believing the promises of God,

as our Saviour taught us, so we pray

AllOur Father in heaven,

hallowed be your name,

your kingdom come,

your will be done,

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Lead us not into temptation

but deliver us from evil.

For the kingdom, the power,

and the glory are yours

now and for ever.

Amen.

(or)

Believing the promises of God,
let us pray with confidence as our Saviour has taught us

AllOur Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

The Conclusion

May Christ, who sends us to the nations,
give us the power of his Spirit.
AllAmen.

Let us bless the Lord.
AllThanks be to God.

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