

¶ *Prayer During the Day on Monday*

Monday, 12 February 2024

Preparation

O God, make speed to save us.

All **O Lord, make haste to help us.**

Let the words of my mouth and the meditation of my heart

All **be acceptable in your sight, O Lord,
my strength and my redeemer.**

Psalm 19.14

Praise

A hymn, song, canticle, extempore praise or

I bind unto myself today
the strong name of the Trinity,
by invocation of the same,
the Three in One, and One in Three.
Of whom all nature hath creation;
eternal Father, Spirit, Word:
Praise to the Lord of my salvation,
salvation is of Christ the Lord.

from St Patrick's Breastplate

The Word of God

Psalmody

Either, on any Monday Psalm 126

Or, Week 3 Psalm 104.26-end

Alternatively, when Morning and Evening Prayer are also celebrated, [one of these cycles](#) may be followed.

Psalm 126

Refrain: The Lord has indeed done great things for us.

1 When the Lord restored the fortunes of Zion, □
then were we like those who dream.

2 Then was our mouth filled with laughter □
and our tongue with songs of joy.

3 Then said they among the nations, □
'The Lord has done great things for them.'

4 The Lord has indeed done great things for us, □
and therefore we rejoiced.

5 Restore again our fortunes, O Lord, □
as the river beds of the desert.

6 Those who sow in tears □
shall reap with songs of joy.

7 Those who go out weeping, bearing the seed, □
will come back with shouts of joy,
bearing their sheaves with them.

Refrain: The Lord has indeed done great things for us.

Lord, as you send rain and flowers
even to the wilderness,
renew us by your Holy Spirit,
help us to sow good seed in time of adversity
and to live to rejoice in your good harvest of all creation;
through Jesus Christ our Lord.

(or)

Psalm 104.26-end

Refrain: I will sing to the Lord as long as I live.

26 O Lord, how manifold are your works! □

In wisdom you have made them all;
the earth is full of your creatures.

27 There is the sea, spread far and wide, □

and there move creatures beyond number, both small and great.

28 There go the ships, and there is that Leviathan □

which you have made to play in the deep.

29 All of these look to you □

to give them their food in due season.

30 When you give it them, they gather it; □

you open your hand and they are filled with good.

31 When you hide your face they are troubled; □

when you take away their breath,
they die and return again to the dust.

32 When you send forth your spirit, they are created, □

and you renew the face of the earth.

33 May the glory of the Lord endure for ever; □

may the Lord rejoice in his works;

34 He looks on the earth and it trembles; □

he touches the mountains and they smoke.

35 I will sing to the Lord as long as I live; □

I will make music to my God while I have my being.

36 So shall my song please him □

while I rejoice in the Lord.

37 Let sinners be consumed out of the earth

and the wicked be no more. □

Bless the Lord, O my soul.

Alleluia.

Refrain: I will sing to the Lord as long as I live.

Creator God,

Each psalm or group of psalms may end with

All

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Short readings

Week Three

Jesus said, 'The kingdom of God is as if someone would scatter seed on the ground, and would sleep and rise night and day, and the seed would sprout and grow, he does not know how. The earth produces of itself, first the stalk, then the head, then the full grain in the head. But when the grain is ripe, at once he goes in with his sickle, because the harvest has come.'

Mark 4.26-29

Or, on any Monday

Jesus said, 'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest.'

Matthew 11.28

Response

Silence, study, song, or words from Scripture, such as

Jesus said, I am the true vine.

All

My Father is glorified by this, that you bear much fruit.

John 15.1a,8

Prayers

Prayers may include these concerns:

- ¶ The media and the arts
- ¶ Farming and fishing
- ¶ Commerce and industry
- ¶ Those whose work is unfulfilling, stressful or fraught with danger
- ¶ All who are unemployed

A form of intercession found [here](#) may be used.

Either, the following prayer is said

Eternal light, shine into our hearts,
eternal goodness, deliver us from evil,
eternal power, be our support,
eternal wisdom, scatter the darkness of our ignorance,
eternal pity, have mercy upon us;
that with all our heart and mind and soul and strength
we may seek your face and be brought by your infinite mercy
to your holy presence,
through Jesus Christ our Lord.

All

Amen.

Alcuin of York (804)

Or, the Collect of the day is said

Almighty Father,
whose Son was revealed in majesty
before he suffered death upon the cross:
give us grace to perceive his glory,
that we may be strengthened to suffer with him
and be changed into his likeness, from glory to glory;
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

AllAmen.

The Lord's Prayer is said.

(Either)

As our Saviour taught us, so we pray

All

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

(or)

Let us pray with confidence as our Saviour has taught us

All

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

The Conclusion

May God bless the work of our hands.

All

Amen.

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