

## ☩ Morning Prayer on Wednesday

**Wednesday, 10 July 2024**

### Preparation

O Lord, open our lips

And our mouth shall proclaim your praise.

[The Acclamation of Christ at the Dawning of the Day \(page 108\)](#) may replace the Preparation as the start of Morning Prayer on any occasion.

One or more of the following is said or sung:

One of these prayers of thanksgiving (page 109),

Blessed are you, Sovereign God, creator of all,

to you be glory and praise for ever.

You founded the earth in the beginning

and the heavens are the work of your hands.

In the fullness of time you made us in your image,

and in these last days you have spoken to us

in your Son Jesus Christ, the Word made flesh.

As we rejoice in the gift of your presence among us

let the light of your love always shine in our hearts,

your Spirit ever renew our lives

and your praises ever be on our lips.

Blessed be God, Father, Son and Holy Spirit.

All Blessed be God for ever.

(or)

Blessed are you, creator of all,

to you be praise and glory for ever.

As your dawn renews the face of the earth

bringing light and life to all creation,

may we rejoice in this day you have made;

as we wake refreshed from the depths of sleep,

open our eyes to behold your presence

and strengthen our hands to do your will,  
that the world may rejoice and give you praise.  
Blessed be God, Father, Son and Holy Spirit.  
All Blessed be God for ever.

after Lancelot Andrewes (1626)

or a suitable hymn,

or A Song of God's Glorious Name

1 O Lord our governor, ☩  
how glorious is your name in all the world!

2 Your majesty above the heavens is praised ☩  
out of the mouths of babes at the breast.

3 You have founded a stronghold against your foes, ☩  
that you might still the enemy and the avenger.

4 When I consider your heavens, the work of your fingers, ☩  
the moon and the stars that you have ordained,

5 What are mortals, that you should be mindful of them; ☩  
mere human beings, that you should seek them out?

6 You have made them little lower than the angels ☩  
and crown them with glory and honour.

7 You have given them dominion over the works of your hands ☩  
and put all things under their feet,

8 All sheep and oxen, ☩  
even the wild beasts of the field,

9 The birds of the air, the fish of the sea ☩  
and whatsoever moves in the paths of the sea.

10 O Lord our governor, ☩  
how glorious is your name in all the world!

Psalm 8

All Glory to the Father and to the Son  
and to the Holy Spirit;

as it was in the beginning is now  
and shall be for ever. Amen.

This opening prayer may be said

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever.

AllAmen.

## **The Word of God**

### **Psalmody**

The appointed psalmody is said.

### **Psalm 119.153-end**

Refrain: I have longed for your salvation, O Lord.

153 O consider my affliction and deliver me, ☩  
for I do not forget your law.

154 Plead my cause and redeem me; ☩  
according to your promise, give me life.

155 Salvation is far from the wicked, ☩  
for they do not seek your statutes.

156 Great is your compassion, O Lord; ☩  
give me life, according to your judgements. R

157 Many there are that persecute and oppress me, ☩  
yet do I not swerve from your testimonies.

158 It grieves me when I see the treacherous, □  
for they do not keep your word.

159 Consider, O Lord, how I love your commandments; □  
give me life according to your loving-kindness.

160 The sum of your word is truth, □  
and all your righteous judgements endure for evermore. R

161 Princes have persecuted me without a cause, □  
but my heart stands in awe of your word.

162 I am as glad of your word □  
as one who finds great spoils.

163 As for lies, I hate and abhor them, □  
but your law do I love.

164 Seven times a day do I praise you, □  
because of your righteous judgements. R

165 Great peace have they who love your law; □  
nothing shall make them stumble.

166 Lord, I have looked for your salvation □  
and I have fulfilled your commandments.

167 My soul has kept your testimonies □  
and greatly have I loved them.

168 I have kept your commandments and testimonies, □  
for all my ways are before you.

169 Let my cry come before you, O Lord; □  
give me understanding, according to your word.

170 Let my supplication come before you; □  
deliver me, according to your promise.

171 My lips shall pour forth your praise, □  
when you have taught me your statutes.

172 My tongue shall sing of your word, □  
for all your commandments are righteous. R

173 Let your hand reach out to help me, □  
for I have chosen your commandments.

174 I have longed for your salvation, O Lord, □  
and your law is my delight.

175 Let my soul live and it shall praise you, □  
and let your judgements be my help.

176 I have gone astray like a sheep that is lost; □  
O seek your servant, for I do not forget your commandments.

Refrain: I have longed for your salvation, O Lord.

God of mercy, swift to help us,  
as our lips pour forth your praise,  
fill our hearts with the peace you give  
to those who wait for your salvation  
in Jesus Christ our Lord.

Each psalm or group of psalms may end with

All Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.

If there are two Scripture readings, the first may be read here, or both may be read after the canticle.

## **1 Samuel 7**

And the people of Kiriath-jearim came and took up the ark of the Lord, and brought it to the house of Abinadab on the hill. They consecrated his son, Eleazar, to have charge of the ark of the Lord.

From the day that the ark was lodged at Kiriath-jearim, a long time passed, some twenty years, and all the house of Israel lamented after the Lord.

Then Samuel said to all the house of Israel, 'If you are returning to the Lord with all your heart, then put away the foreign gods and the Astartes from among you. Direct your heart to the Lord, and serve him only, and he will deliver you out of the hand of the Philistines.' So Israel put away the Baals and the Astartes, and they served the Lord only.

Then Samuel said, 'Gather all Israel at Mizpah, and I will pray to the Lord for you.' So they gathered at Mizpah, and drew water and poured it out before the Lord. They fasted that day, and said, 'We have sinned against the Lord.' And Samuel judged the people of Israel at Mizpah.

When the Philistines heard that the people of Israel had gathered at Mizpah, the lords of the Philistines went up against Israel. And when the people of Israel heard of it they were afraid of the Philistines. The people of Israel said to Samuel, 'Do not cease to cry out to the Lord our God for us, and pray that he may save us from the hand of the Philistines.' So Samuel took a sucking lamb and offered it as a whole burnt-offering to the Lord; Samuel cried out to the Lord for Israel, and the Lord answered him. As Samuel was offering up the burnt-offering, the Philistines drew near to attack Israel; but the Lord thundered with a mighty voice that day against the Philistines and threw them into confusion; and they were routed before Israel. And the men of Israel went out of Mizpah and pursued the Philistines, and struck them down as far as beyond Beth-car.

Then Samuel took a stone and set it up between Mizpah and Jeshanah, and named it Ebenezer; for he said, 'Thus far the Lord has helped us.' So the Philistines were subdued and did not again enter the territory of Israel; the hand of the Lord was against the Philistines all the days of Samuel. The towns that the Philistines had taken from Israel were restored to Israel, from Ekron to Gath; and Israel recovered their territory from the hand of the Philistines. There was peace also between Israel and the Amorites.

Samuel judged Israel all the days of his life. He went on a circuit year by year to Bethel, Gilgal, and Mizpah; and he judged Israel in all these places. Then he would come back to Ramah, for his home was there; he administered justice there to Israel, and built there an altar to the Lord.

## Canticle

A Song of the Word of the Lord, or another suitable canticle, for example, [number 35 \(page 586\)](#), may be said

Refrain:

All Return to the Lord, who will have mercy,  
to our God, who will richly pardon.

1 Seek the Lord while he may be found, □  
call upon him while he is near;

2 Let the wicked abandon their ways, □  
and the unrighteous their thoughts;

3 Return to the Lord, who will have mercy; □  
to our God, who will richly pardon.

4 'For my thoughts are not your thoughts, □  
neither are your ways my ways,' says the Lord.

5 'For as the heavens are higher than the earth, □  
so are my ways higher than your ways  
and my thoughts than your thoughts.

6'As the rain and the snow come down from above, □  
and return not again but water the earth,

7'Bringing forth life and giving growth, □  
seed for sowing and bread to eat,

8'So is my word that goes forth from my mouth; □  
it will not return to me fruitless,

9'But it will accomplish that which I purpose, □  
and succeed in the task I gave it.'

Isaiah 55.6-11

AllGlory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.

AllReturn to the Lord, who will have mercy,  
to our God, who will richly pardon.

## Scripture Reading

One or more readings appointed for the day are read.

The reading(s) may be followed by a time of silence.

## Luke 21.20-28

'When you see Jerusalem surrounded by armies, then know that its desolation has come near. Then those in Judea must flee to the mountains, and those inside the city must leave it, and those out in the country must not enter it; for these are days of vengeance, as a fulfilment of all that is written. Woe to those who are pregnant and to those who are nursing infants in those days! For there will be great distress on the earth and wrath against this people; they will fall by the edge of the sword and be taken away as captives among all nations; and Jerusalem will be trampled on by the Gentiles, until the times of the Gentiles are fulfilled.

'There will be signs in the sun, the moon, and the stars, and on the earth distress among nations confused by the roaring of the sea and the waves. People will faint from fear and foreboding of what is coming upon the world, for the powers of the heavens will be shaken. Then they will see "the Son of Man coming in a cloud" with power and great glory. Now when these things begin to take place, stand up and raise your heads, because your redemption is drawing near.'

A suitable song or chant, or a responsory in this or another form, may follow

Lord, you will guide me with your counsel  
and afterwards receive me with glory.  
All Lord, you will guide me with your counsel  
and afterwards receive me with glory.  
For I am always with you;  
you hold me by my right hand.  
All And afterwards receive me with glory.  
Glory to the Father and to the Son  
and to the Holy Spirit.  
All Lord, you will guide me with your counsel  
and afterwards receive me with glory.

from Psalm 73

## Gospel Cantic

The Benedictus (The Song of Zechariah) is normally said,  
or [A Song of Redemption \(page 620\)](#) may be said

Refrain:

All You show mercy to our ancestors,  
and remember your holy covenant.

1 Blessed be the Lord the God of Israel, □  
who has come to his people and set them free.

2 He has raised up for us a mighty Saviour, □  
born of the house of his servant David.

3 Through his holy prophets God promised of old □  
to save us from our enemies,  
from the hands of all that hate us,

4 To show mercy to our ancestors, □  
and to remember his holy covenant.

5 This was the oath God swore to our father Abraham: □  
to set us free from the hands of our enemies,

6 Free to worship him without fear, □  
holy and righteous in his sight



all the days of our life.

7And you, child, shall be called the prophet of the Most High, □  
for you will go before the Lord to prepare his way,

8To give his people knowledge of salvation □  
by the forgiveness of all their sins.

9In the tender compassion of our God □  
the dawn from on high shall break upon us,

10To shine on those who dwell in darkness and the shadow of death, □  
and to guide our feet into the way of peace.

Luke 1.68-79

AllGlory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.

Refrain:

AllYou show mercy to our ancestors,  
and remember your holy covenant.

## Prayers

Intercessions are offered

- ¶ for the day and its tasks
- ¶ for the world and its needs
- ¶ for the Church and her life

Prayers may include the following concerns from the [cycle on pages 362–363](#)

- ¶ The social services
- ¶ All who work in the criminal justice system
- ¶ Victims and perpetrators of crime
- ¶ The work of aid agencies throughout the world
- ¶ Those living in poverty or under oppression

One of the forms of prayer found [on pages 362–371](#) may be used.

These responses may be used

Lord, in your mercy

hear our prayer

(or)

Lord, hear us.

Lord, graciously hear us.

Silence may be kept.

The Collect of the day is said

Merciful God,

you have prepared for those who love you

such good things as pass our understanding:

pour into our hearts such love toward you

that we, loving you in all things and above all things,

may obtain your promises,

which exceed all that we can desire;

through Jesus Christ your Son our Lord,

who is alive and reigns with you,

in the unity of the Holy Spirit,

one God, now and for ever.

AllAmen.

The Lord's Prayer is said

As our Saviour taught us, so we pray

AllOur Father in heaven,

hallowed be your name,

your kingdom come,

your will be done,

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Lead us not into temptation

but deliver us from evil.

For the kingdom, the power,

and the glory are yours

now and for ever.

Amen.

(or)

Let us pray with confidence as our Saviour has taught us

All Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done;

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation;

but deliver us from evil.

For thine is the kingdom,

the power and the glory,

for ever and ever.

Amen.

## The Conclusion

The Lord bless us, and preserve us from all evil,

and keep us in eternal life.

All Amen.

Let us bless the Lord.

All Thanks be to God.

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